



New!

Registration is now open for **BOTH Summer and Fall.**

This class schedule now includes listings for both semesters.

Plan ahead and register early!

SOUTHWESTERN COLLEGE

SUMMER AND FALL 2024

CONTINUING EDUCATION

☀️ **Summer:** June 3–August 1

🍂 **Fall:** August 26–December 15



KEEP GR**OWING**

Continuing Education 900 Otay Lakes Road, Chula Vista, CA 91910-7299

Noncredit: Cesar E. Chávez Student Services Center, Building 68-101

Community Education Courses/Traffic School/Youth Programs: Building 59A-101

SOUTHWESTERN COLLEGE'S **SUMMER CAMP** ACTIVITIES

SOUTHWESTERN COLLEGE **Y.E.S. ACADEMY**

900 Otay Lakes Road, Bldg. 59A-101, Chula Vista, CA 91910

Nancy Castro-Nieto, Coordinator, (619) 421-6700, ext 5953

REGISTER AT: www.swccd.edu/yes

SUMMER 2024 DATES

Session I: June 10–June 20, 2024

Session II: June 24–July 3, 2024

TIMES

Morning: 9–11:30 a.m.

Afternoon: Noon–2:30 p.m.



SOUTHWESTERN COLLEGE **WELLNESS & AQUATICS COMPLEX**

Swim Lessons: swcswim@swccd.edu

SOL SwimTeam: jsalinas@swccd.edu & johagen@swccd.edu
www.gomotionapp.com/team/cahfst/page/home

SOL Water Polo Club: jperez3@swccd.edu & ssokil@swccd.edu

SOL Diving: dkovar001@aol.com

Jaguar Aquatics Wellness & Sports
900 Otay Lakes Road, Bldg. 70
Chula Vista, CA 91910
Front Desk (619) 482-6327
Aquatics (619) 421-6700, ext. 5741

www.swccjaws.com

SOUTHWESTERN COLLEGE **CROWN COVE AQUATIC CENTER**

5000 Highway 75, Coronado, CA 92118

Located at Silver Strand State Beach (619-575-6176)

REGISTER AT: www.swccd.edu/CrownCove

SUMMER 2024 DATES

Session 1: June 17–21

Session 2: June 24–28

Session 3: July 1–3

Session 4: July 8–12

Session 5: July 15–19

Session 6: July 22–26

The Crown Cove Aquatic Center also offers a variety of options for **adults!**

Classes (Hawaiian Outrigger Canoe; Kayaking; Stand Up Paddle Board; Surfing; Stand Up Paddle Board Yoga; and Sailing), **Facility Rentals** and **Employment Opportunities!**

**JOIN THE FUN AND
ENROLL TODAY!**



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SOUTHWESTERN COLLEGE CONTINUING EDUCATION SCHEDULE

The Southwestern College Schedule (USPS #024423) is published two times a year in November and May/July by the Office of Communications, Community and Government Relations and the Office of Continuing Education at Southwestern College, 900 Otay Lakes Road, Chula Vista, CA 91910-7299.

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GOVERNING BOARD OF THE SOUTHWESTERN COMMUNITY COLLEGE DISTRICT

Don Dumas, President
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 Robert Moreno
 Corina Soto
 Jose M. Perez, Student Trustee, June 2023–May 2024
 Mark Sanchez, Ed.D., Superintendent/President

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To request this schedule in alternate media, please call (619) 482-6512 or TTY (619) 482-6470.

New classes are always being added. For an up-to-date listing of classes, visit the Continuing Education section of the Southwestern College website: www.swccd.edu/continuinged

Your feedback, suggestions, and comments are welcomed. For Noncredit Email us at continuinged@swccd.edu For Community Education and Y.E.S. Academy Email us at customizedtraining@swccd.edu

INTERESTED IN TEACHING A SHORT COURSE OR WORKSHOP?



Scan the QR code to fill out a new community education course proposal.

HOW TO APPLY AND REGISTER

All continuing education courses are open to the public and do not offer college credit.

Complete your **NONCREDIT** application **ONLINE** or **ON PAPER**

Paper application can be found on page 41 and 42.

NONCREDIT COURSES

All noncredit classes listed in the program are **FREE**. Nominal material fees may apply.

COMMUNITY EDUCATION COURSES

Classes with a fee are identified throughout the schedule with the this icon: 



Complete your application

Complete or update your noncredit application at www.tinyurl.com/swcopenccc.

You can also pick up a paper copy of our noncredit application at any of our campus locations.



Check your personal email

After you have completed or updated your noncredit application online, you will receive an email within 24-48 hours with steps to activate your MySWC account.



Activate your account

Follow the steps in your email to activate your MySWC account. You will have access to your student SWC email as well as other campus links, including Student Self-Service. Once your account is activated, **all SWC correspondence will be sent to your SWC email**.



Register for courses

Register for courses online using Student Self-Service. To access Student Self-Service, login to your MySWC account, and select Register for Classes, *select Term and select Noncredit for the Subject. Do NOT enter specific information about the course.*



Visit our registration website

Visit our online registration website at www.tinyurl.com/communityedswc



Create your account

On the top right of the registration website, click on "Create Account". Once you create your account, you will be able to register for courses.



Find your courses

Search for courses using the "Course Search" features on the main landing page, or browse all fee-based courses by clicking on the menu tab on the left hand side of the webpage labeled "Community Education Classes". Course numbers for Community Education classes start with "CS."



Add courses to your cart

Once you find the course(s) that you are interested in, add them to your cart.



Checkout

When ready, select "Checkout". Answer any required questions, and enter your payment details. Once your checkout is complete, you will receive an email confirmation of your registration.

NEED HELP REGISTERING? CONTACT US!



Noncredit Courses:

900 Otay Lakes Road, Chula Vista, CA 91910
Cesar Chavez Building: 68-101

Phone: **(619) 482-6376**

Email: continuinged@swccd.edu

Web: www.swccd.edu/continuinged



Community Education Courses/ Traffic School/Youth Programs:

900 Otay Lakes Road, Chula Vista, CA 91910
Building 59A-101

Phone: **(619) 482-6533**

Email: customizedtraining@swccd.edu

Web: www.swccd.edu/continuinged

COURSE TYPES AND INFORMATION

NONCREDIT COURSES (NC)

Noncredit courses are open to the public and do not offer college credit. Courses are tuition-free. Nominal materials fees apply. [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.]

COMMUNITY EDUCATION (CS)

Some continuing education courses have a fee, and are classified as community education (denoted with **\$** in course description) and are designated and authorized under Title 5. These programs are supported by a fee paid by participants.

ED2GO PARTNERSHIP

We offer a wide range of highly interactive courses that you can take entirely online through Southwestern College's partnership with Ed2Go. These classes and programs are listed throughout the class schedule in each category's Ed2Go section. Requirements: All courses require Internet access, email and Google Chrome or Mozilla Firefox (some courses may have additional requirements. Visit the course page for more information). You will be able to download a certificate of completion at the end of each course. Fees are non-refundable two weeks after the class starts. Costs vary by program. **These courses do not offer college credit. Ed2Go Classes start: Jun. 12, Jul. 17, Aug. 14, Sept. 11, Oct. 16, Nov. 13, and Dec.18.**

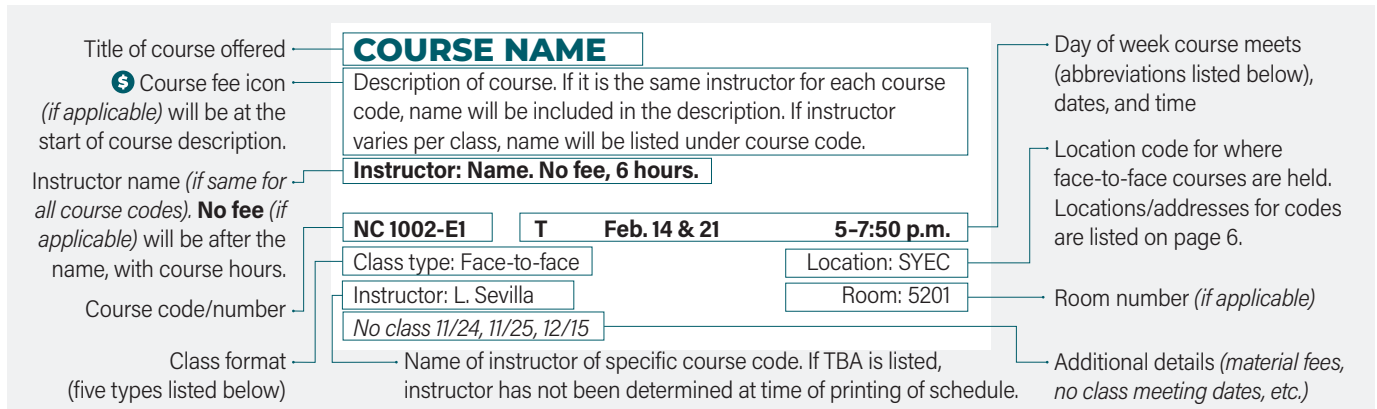
For information about classes or to register, go to careertraining.swccd.edu or call (619)482-6533.

For a demonstration of an actual course, go to: www.ed2go.com/demo/

Courses with * have instructor led options

HOW TO READ THE CLASS SCHEDULE

Below is an example of how to read important course schedule information in this program.



The diagram illustrates the components of a course schedule entry. On the left, callouts identify: 'Title of course offered' pointing to the course name; '\$ Course fee icon (if applicable) will be at the start of course description.' pointing to the \$ icon; 'Instructor name (if same for all course codes). No fee (if applicable) will be after the name, with course hours.' pointing to the instructor and hours; 'Course code/number' pointing to the code; and 'Class format (five types listed below)' pointing to the format. On the right, callouts identify: 'Day of week course meets (abbreviations listed below), dates, and time' pointing to the day and dates; 'Location code for where face-to-face courses are held. Locations/addresses for codes are listed on page 6.' pointing to the location code; 'Room number (if applicable)' pointing to the room number; and 'Additional details (material fees, no class meeting dates, etc.)' pointing to the 'No class' note.

COURSE NAME
 Description of course. If it is the same instructor for each course code, name will be included in the description. If instructor varies per class, name will be listed under course code.
Instructor: Name. No fee, 6 hours.

NC 1002-E1 **T** **Feb. 14 & 21** **5-7:50 p.m.**

Class type: Face-to-face Location: SYEC
 Instructor: L. Sevilla Room: 5201
 No class 11/24, 11/25, 12/15

COURSE MEETING DAYS

Course Meeting Day Abbreviations: M: Monday | T: Tuesday | W: Wednesday | Th: Thursday | F: Friday | Sat: Saturday | Sun: Sunday

Example: Class meets on Monday and Tuesday: **MT**. Class meets Saturday and Sunday: **SatSun**

CLASS FORMATS

Southwestern College Continuing Education classes are offered in five formats. Classes in all formats meet the same academic rigor and requirements. Pay careful attention to the class format to ensure you choose the class type most convenient for you and that will provide the best academic experience.

HYBRID CLASSES: Meet online and face-to-face for some of the time on the day(s) that the section is scheduled for. Students must complete related work in various other ways outside of these class meetings.

ONLINE CLASSES: Traditional (Asynchronous) type of online class with NO set meeting times; learning is not live, and class work is performed/ submitted in Canvas by weekly deadlines. Before the start of the class, the instructor will send you an email with instructions to access your online classroom.

FACE-TO-FACE CLASSES: Classes will be held on campus or at community locations. Please carefully review the location of the class for which you are registering.

SYNCHRONOUS "LIVE" ONLINE CLASSES: Meets virtually for all hours posted in the schedule.

SYNCHRONOUS "LIVE" ONLINE HYBRID CLASSES: Meets virtually 50% of the time on the scheduled day(s) of the section. The other 50% of the class will be asynchronous online in Canvas.

Some instructors may require the use of a computer camera for class participation and/or exams. Check with your instructor on the first day of class.

SWC CAMPUS INFORMATION

CHULA VISTA Code: SWC Chula Vista

900 Otay Lakes Rd., Chula Vista, CA 91910
(619) 421-6700

HIGHER EDUCATION CENTER AT

NATIONAL CITY Code: HECNC

880 National City Blvd., National City, CA 91950
(619) 216-6665

HIGHER EDUCATION CENTER AT OTAY MESA

Code: HECOM

8100 Gigantic St., San Diego, CA 92154
(619) 216-6750

HIGHER EDUCATION CENTER AT SAN YSIDRO

Code: HECSY

460 W. San Ysidro Blvd., San Ysidro, CA 92173
(619) 216-6790

CROWN COVE AQUATIC CENTER Code: CCAC

5000 Highway 75, Coronado, CA 92118
(619) 575-6176

VIEW CAMPUS MAPS ONLINE AT:

swccd.edu/about-swc/campus-maps-and-directions

CAMPUS PARKING

Vehicles parked on our Southwestern College campuses must have a valid virtual parking permit. We recommend that you obtain a permit and register your vehicle before arriving on campus. Registered students may purchase a semester virtual permit. Visitor permits are available for \$3/day or \$10/month. Once the online process is completed, your virtual parking permit will be active immediately. You can request a virtual parking permit by scanning the QR code or visiting swc.thepermitstore.com.

Learn more about campus parking regulations online at swccd.edu/student-support/college-police/parking-services-and-enforcement.



NONCREDIT COMMUNITY CLASS LOCATIONS

Classes are also offered at multiple locations throughout the community, making it easier for you to find a class close to work or home. Class locations are listed in the course section information by CODE throughout the schedule.

BONITA

Bonita Sunnyside Library

Branch

Code: BSLB

4375 Bonita Road
Bonita, CA 91902
(619) 475-4642

CHULA VISTA

Chula Vista Adult School

Code: CVAS

1034 Fourth Avenue
Chula Vista, CA 91911
Phone: (619) 796-7000

Chula Vista Public Library

Code: CVLIB1

365 F Street
Chula Vista, CA 91910
(619) 691-5069

Chula Vista Public Library

Code: CVLIB2

389 Orange Avenue
Chula Vista, CA 91911
(619) 585-5786

Chula Vista Public Works

Code: CVPW

1800 Maxwell Road
Chula Vista, CA 91911
(619) 397-6000

Feaster Charter School

Code: FCS

670 Flower Street
Chula Vista, CA 91910
(619) 422-8397

South Bay Health and

Insurance Services

Code: SBHIS

740 Bay Boulevard
Chula Vista, CA 91910
(619) 616-2275

St. Mark's Lutheran Church

Code: SMLC

580 Hilltop Drive
Chula Vista, CA 91910
(619) 427-5515

St. Paul's Plaza Senior Center

Code: SPSS

1420 E. Palomar Street
Chula Vista, CA 91913
(619) 591-0600

Sweetwater High School

District - Parent Center

Code: SWPC

466 Moss Street
Chula Vista, CA 91911
(619) 934-8478

IMPERIAL BEACH

Imperial Beach Senior Center

Code: IBSC

1075 8th Street
Imperial Beach, CA 91932
(619) 424-7077

San Diego County Library -

Imperial Beach Branch

Code: IBBL

810 Imperial Beach Boulevard
Imperial Beach, CA 91932
(619) 424-6981

NATIONAL CITY

California Conservation Corps.

Code: CCCO

401 W. 35th Street, Suite A
National City, CA 91950
(619) 409-4382

National City Adult School

Code: NCAS

517 Mile of Cars Way
National City, CA 91950
Phone: (619) 336-9400

SAN DIEGO/OTAY MESA

Montgomery Adult School

Code: MAS

3240 Palm Avenue
San Diego, CA 92154
Phone: (619) 600-3800

Otay Mesa -

Nestor Branch Library

Code: OMNL

3003 Coronado Avenue
San Diego, CA 92154
(619) 424-0474

**SAN DIEGO/
SPRING VALLEY**
San Diego County Library -
Spring Valley Branch
Code: SVLB
836 Kempton Street
Spring Valley, CA 91977
(619)463-3006

SAN YSIDRO
San Ysidro Adult School
Code: SYAS
4220 Otay Mesa Road
San Ysidro, CA 92173
Phone: (619) 428-7200

**San Ysidro Community
Employment Center**
Code: SYEC
630 Front Street
San Ysidro, CA 92173
(619) 271-3896

**San Ysidro Elementary
School District – Parent
Resource Center**
Code: SYSD1
4350 Otay Mesa Road
San Ysidro, CA 92173
(619) 428-4476

GENERAL INFORMATION

CERTIFICATE OF COMPLETION

Some multi-session courses and seminars offer a Certificate of Completion. When applicable, students must attend all classes and meet certification requirements as established by the college.

CLASS CANCELLATION

Every attempt is made to avoid canceling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the college has advance notice that a class will be canceled, Continuing Education will attempt to reach you by the email address or phone number provided on your application.

REFUNDS

(APPLIES TO COMMUNITY EDUCATION COURSES ONLY)

A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days before the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three-day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

REGISTRATION AND MATERIALS FEE

Registration fees are required for all community education classes. A materials fee may be required for some community education classes and noncredit classes. Please be prepared to pay these fees by credit/debit card at the time of registration.

INSTRUCTOR CLASS AND POLICY CHANGES

Sometimes, a qualified substitute instructor may replace the individual listed in the schedule. Class dates are also subject to change. When feasible, students will be notified of any changes before the class either by email or by phone. Check Self-Service for up to date noncredit class information and www.tinyurl.com/communityed.com for Community Education and Y.E.S. Academy classes.

DISCLAIMER

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus or department website for current information as well as any special rules or requirements imposed.

CAMPUS STUDENT ID CARDS (APPLIES TO NONCREDIT COURSES ONLY)

If you require a student ID card, please contact the Office of Student Activities at (619) 421-6700, ext. 5433 or by email at swcstudentactivities@swccd.edu.

The Office of Student Activities is where students can obtain their student ID card on the Chula Vista campus. Here are a few things to keep in mind when requesting an ID card:

- Only students currently enrolled and attending noncredit classes are eligible for student ID cards
- Student IDs can be requested virtually by filling out our online SWC ID Request Form, located on the Student Activities webpage. When your ID is ready, you'll receive an email with pick-up instructions.
- Student IDs can also be requested in person at the Office of Student Activities on the Chula Vista campus (Rm. 62A-114), or at any of the three Higher Education Centers (San Ysidro, Otay Mesa, & National City).

ADD AND DROP POLICY

(APPLIES TO NONCREDIT COURSES ONLY)

Students are encouraged to apply and register five days prior to the start of the class in order to prevent class cancellation due to low enrollment. Any student who is not present on the first day of class may be dropped from the course by the instructor. After the first class meeting, any student with three (3) consecutive absences from a noncredit class without prior notice (or in the event of a short-term class, having missed 25% of courses to date) may be officially dropped from the course. Nonattendance does not constitute an automatic withdrawal. Should a student register and be unable to attend or decide not to continue, the student must contact the instructor or the Continuing Education office immediately to be withdrawn from the course.

DIVERSITY INITIATIVE

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect, and trust.

CAREER DEVELOPMENT

GROW YOUR CAREER: Find a new job or upgrade your current one with career certificate programs. Courses are offered day, night and online, and are designed to lead directly to high-demand occupations.





HEALTH AND PUBLIC SAFETY

For registration and information on CPR classes, please contact CCAC's Community CPR & First Aid Program Office at cpr4you@swccd.edu or by calling (619) 429-1669 or (619) 575-6176.

BASIC FIRST AID AND ADULT CPR

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR in the workplace.

No fee, 8 hours.

SUMMER

NC 40-E1	Sat	Jun. 15	8:30 a.m.-4:40 p.m.
NC 40-E2	Sat	Jul. 13	8:30 a.m.-4:40 p.m.

Class type: Face-to-face
Location: CCAC
Instructor: TBA

NC 40-E3	Th	Jun. 20	8 a.m.-4:10 p.m.
NC 40-E4	Th	Jul. 18	8 a.m.-4:10 p.m.

Class type: Face-to-face
Location: CVPW
Instructor: L. Alvarado

FALL

NC 40-E1	Sat	Sep. 14	8:30 a.m.-4:40 p.m.
NC 40-E2	Sat	Oct. 12	8:30 a.m.-4:40 p.m.
NC 40-E3	Sat	Nov. 9	8:30 a.m.-4:40 p.m.
NC 40-E4	Sat	Dec. 7	8:30 a.m.-4:40 p.m.

Class type: Face-to-face
Location: CCAC
Instructor: TBA

NC 40-E5	Th	Sep. 19	8 a.m.-4:10 p.m.
NC 40-E6	Th	Oct. 17	8 a.m.-4:10 p.m.
NC 40-E7	Th	Nov. 21	8 a.m.-4:10 p.m.

Class type: Face-to-face
Location: CPW
Instructor: L. Alvarado

Required textbook: **Heartsaver First Aid CPR AED (2020)** (Book available onsite at CCAC for \$5) **American Heart Association (AHA) course completion certificate is \$35.** As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.



HEALTH AND SAFETY

Learn more online and register at ed2go.com/swc

ETG-316	Medical Terminology: A Word Association Approach	\$130
ETG-331	Explore a Career as an Administrative Medical Assistant	\$130
ETG-355	Become a Physical Therapy Aide	\$130
ETG-356	Spanish for Medical Professionals	\$130

BASIC LIFE SUPPORT (BLS) INSTRUCTOR

Designed to advance the Basic Life Support (BLS) provider to the position of instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training.

Instructor: B. Burdick. No fee, 16 hours.

Students must be approved by AHA Training Center via email at bburdick@swccd.edu at least 2 weeks prior to the course date.

SUMMER

NC 1039-E1	SatSun	Jun. 29 & 30	8:30 a.m.-4:40 p.m.
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Class type: Face-to-face
Location: CCAC

FALL

NC 1039-E1	SatSun	Nov. 23 & 24	8:30 a.m.-4:40 p.m.
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Class type: Face-to-face
Location: CCAC

CPR FOR THE HEALTHCARE PROVIDER

Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association.

No fee, 9 hours.

SUMMER

NC 1007-E1	Sat	Jun. 22	8:30 a.m.-5:40 p.m.
NC 1007-E2	Sat	Jul. 27	8:30 a.m.-5:40 p.m.

Class type: Face-to-face
Location: CCAC
Instructor: TBA

FALL

NC 1007-E1	Sat	Sep. 21	8:30 a.m.-5:40 p.m.
NC 1007-E2	Sat	Oct. 19	8:30 a.m.-5:40 p.m.
NC 1007-E3	Sat	Nov. 16	8:30 a.m.-5:40 p.m.
NC 1007-E4	Sat	Dec. 14	8:30 a.m.-5:40 p.m.

Class type: Face-to-face
Location: CCAC
Instructor: TBA

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive course completion certificate. Required book: BLS Provider Manual 2020, (Book available at CCAC for \$20) **American Heart Association (AHA) course completion certificate is \$30.** As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications. Follows the guidelines of the AHA.



APPLIED BEHAVIORAL ANALYSIS (ABA) TRAINING

Applied Behavior Analysis (ABA) training is crucial for those interested in starting their career in the fields of psychology, education, autism intervention, and behavioral therapy. This class will provide you with valuable skills in understanding, assessing, and modifying behavior, which are highly sought after in various professional settings. Whether in a classroom, clinical setting or at home, if you are looking to become a Behavior Analyst, autism therapist, special education teacher, or have a loved one that can benefit from ABA, this training is for you!

Instructor: Karina Percival, 24 hours.

SUMMER

CS 441-60 MWSat Jul. 15-Aug.3 **Fee: \$150**
 MW 5-7:30 p.m.
 Sat 10 a.m.-1 p.m.

Class type: Face-to-face Location: SWC Chula Vista
 Room: 59A-102

FALL

CS 441-61 MWSat Oct. 14-Nov. 2 **Fee: \$150**
 MW 5-7:30 p.m.
 Sat 10 a.m.-1 p.m.

Class type: Face-to-face Location: SWC Chula Vista
 Room: 59A-102

OSHA 10-HOUR GENERAL INDUSTRY STANDARDS

Provides students required training for entry-level OSHA 10-hour General Industry Standard certification. Emphasizes general industry safety awareness, health hazards and industrial risks. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA General Industry Standards card.

No fee, 10.5 hours.

SUMMER

NC 139-60 Sat Jun. 8-29 **10:15 a.m.-12:40 p.m.**

Class type: Face-to-face Location: SWC Chula Vista

Instructor: C. Ochoa Room: 39-111

\$8 materials fee paid at the time of registration.

FALL

NC 139-51 Sat Aug. 31-Oct. 19 **8:55-10 a.m.**

Class type: Face-to-face Location: SWC Chula Vista

Instructor: TBA Room: 34-106

\$8 materials fee paid at the time of registration.

OSHA 30-HOUR GENERAL INDUSTRY STANDARDS

Provides students seeking supervisor-level OSHA 30-hour General Industry Standard certification with necessary training and knowledge. Emphasizes general industry safety and health principles, and includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA General Industry Standards card.

No fee, 30.5 hours.

SUMMER

NC 140-E1 MT Jun. 10-Jul. 30 **4:30-6:05 p.m.**

Class type: Face-to-face Location: CCCO

Instructor: C. Ochoa

\$8 materials fee paid at the time of registration.

NC 140-E2 WTh Jun. 5-Aug. 1 **4:30-6:05 p.m.**

Class type: Face-to-face Location: CCCO

Instructor: C. Ochoa

No Class: 6/19, 7/04

\$8 materials fee paid at the time of registration.

NC 140-60 Sat Jun. 8-Jul. 27 **1-4:30 p.m.**

Class type: Face-to-face Location: SWC Chula Vista

Instructor: C. Ochoa Room: 39-111

\$8 materials fee paid at the time of registration.

FALL

NC 140-50 Sat Sep. 14-Oct. 5 **8 a.m.-3:25 p.m.**

Class type: Face-to-face Location: SWC Chula Vista

Instructor: C. Ochoa Room: 63A-102

\$8 materials fee paid at the time of registration.



VETERINARY COURSES

Learn more online and register at ed2go.com/swc

ETG-338	Become a Veterinary Assistant	\$130
ETG-339	Become a Veterinary Assistant II: Canine Reproduction	\$130
ETG-340	Become a Veterinary Assistant III: Practical Skills	*\$115



Optical Technician Training Program Certificate of Completion
(Complete NC 311 and NC 312)

OPTICAL TECHNICIAN I

Provides participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides hands-on training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

No fee, 45 hours.

SUMMER

NC 311-70 TWTh Jun. 4-Jul. 2 6-9:30 p.m.
Class type: Face-to-face Location: HECNC
Instructor: A. Ramirez Room: 7204
No Class: 6/19

FALL

NC 311-76 MW Sep. 16-Oct. 23 5:30-8:55 p.m.
Class type: Face-to-face Location: HECNC
Instructor: A. Ramirez Room: 7204

NC 311-75 SatSun Sep. 22-Oct. 26 8:30 a.m.-12:45 p.m.
Class type: Face-to-face Location: HECNC
Instructor: M. McColloug Room: 7204

OPTICAL TECHNICIAN II

The second part of a two part program that will provide participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides hands-on training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

No fee, 45 hours.

SUMMER

NC 312-70 TWTh Jul. 9-Aug. 1 6-9:30 p.m.
Class type: Face-to-face Location: HECNC
Instructor: A. Ramirez Room: 7204

FALL

NC 312-75 SatSun Oct. 27-Dec. 15 8:30-11:45 a.m.
Class type: Face-to-face Location: HECNC
Instructor: M. McColloug Room: 7204
No Class: 11/30, 12/01

NC 312-76 MW Oct. 28-Dec. 11 5:30-8:40 p.m.
Class type: Face-to-face Location: HECNC
Instructor: A. Ramirez Room: 7204
No Class: 11/11

PEDIATRIC SAFETY AND CPR

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory, cardiac, and first aid emergencies in children and infants. Follows the American Heart Association Basic Life Support (BLS) and updated 2015 First Aid guidelines.

Instructor: D. Olivas. No fee, 8 hours.

SUMMER

NC 1022-E1 Sat Jun. 8 8:30 a.m.-4:40 p.m.
Class type: Face-to-face Location: CCAC

FALL

NC 1022-E1 Sat Sep. 7 8:30 a.m.-4:40 p.m.
NC 1022-E2 Sat Oct. 5 8:30 a.m.-4:40 p.m.
NC 1022-E3 Sat Nov. 2 8:30 a.m.-4:40 p.m.
Class type: Face-to-face Location: CCAC

Required textbook: **Heartsaver Pediatric First Aid CPR AED (2020) (Book available onsite at CCAC for \$5)** Successful completion of a written and psychomotor test is required to receive course completion certificate. **American Heart Association (AHA) course completion certificate is \$35.** As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

PHLEBOTOMY TECHNICIAN PROGRAM

Are you interested in a career as a healthcare professional with a flexible schedule and job security? Become a Phlebotomy Technician today! Phlebotomists earn an average base salary of \$50,255 among other benefits. Southwestern College has partnered with PhlebotomyU to provide our students with a California Department of Public Health (CDPH) approved phlebotomy training program. Students will be taught by industry leading instructors and will prepare you to pass the national exam required to become a certified Phlebotomy Technician I (CPT I). This course consists of 100 classroom hours including basic and advanced didactic instruction, practical skills training and test preparation for the national exam. This program consists of 8 weeks of instruction followed by a two-three week externship that will prepare you to start your career as a Phlebotomy Technician. **Instructor: Phil Rey, PhlebotomyU**

PAYMENT PLANS AVAILABLE!

Call (619) 482-6533 for more information

SUMMER

CS 330-62 MWF Jun. 3-Aug 5 2:30-6 p.m. Fee: \$1,976
Type of class: Face-to-face Location: SWC Chula Vista Room: 60-124

FALL

CS 330-62 MWF Sept. 16-Nov. 18 5:30-9 p.m. Fee: \$1,976
Type of class: Face-to-face Location: SWC Chula Vista Room: 60-124

\$119 National Exam Fee and \$100 Background Check and Drug Screen Fee paid at time of registration



REGISTERED NURSE FIRST ASSISTANT- RNFA PROGRAM

PRESENTED BY:

The National Institute of First Assisting, Inc. (NIFA) in partnership with the Southwestern College in San Diego California.

NATIONAL STANDARDS:

Registered Nurse First Assistant (RNFA) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

ELIGIBILITY:

RNs: Registered Nurses who qualify for the program must be CNO or CNOR-eligible and must:

- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.

RNs must submit proof of CNOR certification prior to graduating from the program.

APRNs: Board-certified or board eligible Advanced Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN's must submit proof of national certification prior to graduating from the program.

Area of study: Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

MORE INFO:

Contact NIFA at 1-800-922-7747 or email: info@NIFA.com
Mon.-Thurs., 7:30 a.m.–5 p.m., Fri. 7:30 a.m.–4 p.m.

To register visit www.RNFA.org

Jennifer Curran RN, CNOR, CRNFA

Dean Parsons RN, CNOR, RNFA



BUSINESS



Certificate of Completion in Tax Preparation

(Complete NC 113 and NC 114)

TAX PREPARATION/INCOME TAX COURSE I

Introduces Part I of a 60 hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion.

Required textbooks: available at the Bookstore, to be purchased by the first day of class.

No fee, 30 hours.

SUMMER

NC 113-60 TTh Jun. 4-27 5:30-9 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 59A-102
Instructor: D. Yager

NC 113-80 MW Jun. 3-Jul. 1 4:30-8 p.m.
Class type: Face-to-face Location: HECSY
Room: 5201
Instructor: D. Yager
No Class: 6/19

FALL

NC 113-86 MW Sep. 9-Oct. 9 6-8:50 p.m.
Class type: Face-to-face Location: HECSY
Room: 5201
Instructor: F. Kasule

NC 113-75 SatSun Sep. 14-Oct. 13 9-11:50 a.m.
Class type: Face-to-face Location: HECNC
Room: 7215
Instructor: F. Kasule

NC 113-60 TTh Sep. 24-Oct. 24 6-8:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 59A-102
Instructor: D. Yager

NC 113-01 MW Sep. 30-Oct. 30 9-11:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 59A-102
Instructor: D. Yager



TAX PREPARATION/INCOME TAX COURSE II

Introduces Part II of a comprehensive 60 hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. **Required textbooks: available at the Bookstore, to be purchased by the first day of class. No fee, 30 hours.**

SUMMER

NC 114-80 MW Jul. 8-31 4:30-8 p.m.
 Class type: Face-to-face Location: HECSY
Instructor: D. Yager Room: 5201

NC 114-60 TTh Jul. 9-Aug. 1 5:30-9 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102

FALL

NC 114-86 MW Oct. 14-Nov. 18 6-8:50 p.m.
 Class type: Face-to-face Location: HECSY
Instructor: F. Kasule Room: 5201
No Class: 11/11

NC 114-75 SatSun Oct. 19-Nov. 17 9-11:55 a.m.
 Class type: Face-to-face Location: HECNC
Instructor: F. Kasule Room: 7215

NC 114-01 MW Nov. 4-Dec. 9 9-11:50 a.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102
No Class: 11/11

NC 114-60 TTh Nov. 5-Dec. 10 6-8:50 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102
No Class: 11/28

BUSINESS, CUSTOMER SERVICE



Certificate of Completion

(Complete three of the following courses:

NC 1002, NC 1006, NC 1070, NC 1069, NC 1003, NC 1074 AND NC 1073)

CUSTOMER SERVICE: CUSTOMER APPRECIATION

Explores key skills and attitudes necessary to effectively meet the needs of customers. Introduces concepts and appropriate techniques for dealing with internal and external customers, enhancing customer satisfaction, increasing customer retention, and ensuring positive communication. **No fee, 6 hours.**

FALL

NC 1002-E1 T Sep. 3-17 9-11:50 a.m.
 Class type: Face-to-face Location: CVAS
Instructor: R. Ojeda
No Class: 9/10

NC 1002-E2 W Sep. 4-18 5:30-8:20 p.m.
 Class type: Face-to-face Location: SYAS
Instructor: TBA
No Class: 9/11

CUSTOMER SERVICE: DEALING WITH DIFFICULT PEOPLE

Introduces information and concepts about how conflict inhibits good business. Explores the causes and impact conflict can have on customer service. Reviews strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one. **No fee, 6 hours.**

FALL

NC 1006-E1 T Oct. 15-29 9-11:50 a.m.
 Class type: Face-to-face Location: CVAS
Instructor: R. Ojeda
No Class: 10/22

NC 1006-E2 W Oct. 16-30 5:30-8:20 p.m.
 Class type: Face-to-face Location: SYAS
Instructor: E. Gandarilla
No Class: 10/23



CUSTOMER SERVICE: DECISION MAKING AND PROBLEM SOLVING

Explores techniques for making business decisions and solving problems. Introduces decision-making styles and when each style might be applied. Reviews how to assess a situation, prioritize the urgency of tasks, and select the steps for successful completion.

No fee, 6 hours.

SUMMER

NC 1070-60 T Jun. 11-18 6-8:50 p.m.

Class type: Face-to-face

Location: SWC Chula Vista

Instructor: S. Rosas

Room: 55A-107

FALL

NC 1070-E1 T Sep. 10-17 5-7:50 p.m.

Class type: Face-to-face

Location: SYEC

Instructor: L. Sevilla

BUSINESS, CUSTOMER SERVICE CUSTOMER SERVICE: MANAGING CHANGE

Explores our natural tendencies and the tendencies of our customers to resist change in the workplace. Introduces techniques for handling change and how to introduce change to our customers. Provides practice of change management techniques.

Instructor: S. Rosas, No fee, 6 hours.

SUMMER

NC 1069-60 T Jun. 25-Jul. 2 6-8:50 p.m.

Class type: Face-to-face

Location: SWC Chula Vista

Room: 55A-107

CUSTOMER SERVICE: MASTERING COMMUNICATION

Introduces effective and positive communication that is key to customer service success. Focuses on the communication process including common barriers to effective communication. Covers verbal and nonverbal communication, as well as listening skills. Explores and provides opportunity to practice the techniques of effective communication.

No fee, 6 hours.

SUMMER

NC 1003-E1 Th Jun. 6-20 5-6:50 p.m.

Class type: Face-to-face

Location: SBHIS

Instructor: L. Sevilla

NC 1003-60 T Jul. 9-16 6-8:50 p.m.

Class type: Face-to-face

Location: SWC Chula Vista

Instructor: S. Rosas

Room: 55A-107

FALL

NC 1003-E1 T Nov. 5-19

Class type: Face-to-face

9-11:50 a.m.

Location: CVAS

Instructor: R. Ojeda

No Class: 11/12

NC 1003-E2 W Nov. 6-20

Class type: Face-to-face

5:30-8:20 a.m.

Location: SYAS

Instructor: E. Gandarilla

No Class: 11/13

CUSTOMER SERVICE: TEAM BUILDING

Explores how working as teams in business can increase productivity, enhance project management, reduce business conflicts, and create superior customer service. Identifies team opportunities that can be applied to your company. Examines the "roles" in a team and how to be both a leader and team player. Provides practice of new skills in typical business scenarios.

No fee, 6 hours.

SUMMER

NC 1074-E1 Th Jul. 27-Jul. 18

Class type: Face-to-face

5-6:50 p.m.

Location: SBHIS

Instructor: L. Sevilla

No Class: 7/4

FALL

NC 1074-E1 T Oct. 8-15

Class type: Face-to-face

5-7:50 p.m.

Location: SYEC

Instructor: L. Sevilla

CUSTOMER SERVICE: THE RIGHT ATTITUDE

Examines how the right attitude has a positive impact on the workplace and our interactions with customers. Reviews how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention, and company growth. Explores techniques for maintaining a professional attitude.

Instructor: L. Sevilla, No fee, 6 hours.

SUMMER

NC 1073-E1 Th Jul. 25-Aug. 1

Class type: Face-to-face

5-7:50 p.m.

Location: SBHIS



MANAGEMENT AND BUSINESS

Learn more online and register at ed2go.com/swc

ETG-626 (q19)	Introduction to Quickbooks 2019 This course is 6 weeks and instructor-led	\$129
ETG-626 (T9450)	Introduction to Quickbooks 2019 This course is 3 months and self-paced	\$129
ETG-628	Purchasing Fundamentals	\$140
ETG 629	Project Management Fundamentals	\$140
ETG-630	Business Finance for Non-Finance Personnel	\$140
ETG-631	Administrative Assistant Fundamentals	\$140
ETG-632	Fundamentals of Supervision & Management	\$140
ETG-633	Effective Business Writing	\$140
ETG-634	Business and Marketing Writing	\$140
ETG-639	Real Estate Investing	\$140
ETG-643	Individual Excellence	\$140
ETG-646	Fundamentals of Supervision & Management II	\$140
ETG-651	Understanding the Human Resources Function	\$140
ETG-653	Total Quality Fundamentals	\$140
ETG-654	Project Management Applications	\$140

BUSINESS, COMMUNICATION, DESIGN AND MEDIA

🇺🇸 CALIFORNIA STATE NOTARY PUBLIC SEMINAR

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam.

Instructor: Thomas Peavyhouse, 7 hours.

☀️ SUMMER

CS14-64 Sat July 27 8 a.m.-4 p.m. Fee: \$75

Class type: Face-to-face Location: SWC Chula Vista Room: 60-124

\$49 materials fee paid at time of registration.

**Optional State exam scheduled 4-6 p.m. for an additional \$40 fee. Fee is paid on the day of the class via check or money order.*

🍂 FALL

CS 14-65 Oct. 26 8 a.m.-4 p.m. Fee: \$75

Class type: Face-to-face Location: SWC Chula Vista Room: 60-124

\$49 materials fee paid at time of registration.

**Optional State exam scheduled 4-6 p.m. for an additional \$40 fee. Fee is paid on the day of the class via check or money order.*



💰 LOAN SIGNING-NOTARY PUBLIC SEMINAR

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in the career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor. **This course is for you if you are a notary public, are in the process of becoming a notary public or are just interested in taking the course for personal interest or for self-improvement. If you are planning to become a Notary Public you must take the California State Notary Public Seminar.**

Instructor: Thomas Peavyhouse, 7 hours.

☀️ SUMMER

CS 143-63 Sun July 28 9 a.m.-4 p.m. Fee: \$75

Class type: Face-to-face Location: SWC Chula Vista Room: 54A-107

\$79 materials fee paid at time of registration.

🍂 FALL

CS 143-64 Sun Oct. 27 9 a.m.-4 p.m. Fee: \$75

Class type: Face-to-face Location: SWC Chula Vista Room: 54A-107

\$79 materials fee paid at time of registration.

**SMALL BUSINESS**Learn more online and register at ed2go.com/swc

ETG-400	Start and Operate Your Own Home-Based Business	\$130
ETG-401	Marketing Your Business on the Internet	\$130
ETG-402	Starting a Nonprofit	\$130
ETG-403	Marketing Your Nonprofit	\$130
ETG-404	Creating a Successful Business Plan	\$130
ETG-405	Starting a Consulting Practice	\$130
ETG-406	Start Your Own Small Business	\$130
ETG-407	Introduction to Internet Writing Markets	\$130

MAKE EXTRA INCOME AS A WHOLESALE AUTO DEALER FROM HOME

Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling techniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions.

Instructor: Wayne Williams, 7 hours.**SUMMER****CS 257-62 WTH Jul. 17-18 6-9:30 p.m. Fee: \$85**

Class type: Synchronous "Live" Online

\$25 materials fee paid at the time of registration.

FALL**CS 257-63 TW Oct. 22-23 6-9:30 p.m. Fee: \$85**

Class type: Synchronous "Live" Online

\$25 materials fee paid at the time of registration.

VOICE OVERS-NOW IS YOUR TIME!

In what could be one of the most enlightening 2 hours you've ever spent, this class will show you how to begin using your speaking voice for commercials, films and videos! In this class you will learn about unique, part-time-careers that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for.

Instructor: Justine Reiss, 2 hours**SUMMER****CS 148-62 M June 24 6:30-8:30 p.m. Fee: \$45**

\$79 materials fee paid at time of registration

FALL**CS 148-63 M Sept. 16 6:30-8:30 p.m. Fee: \$45**

Class type: Online

\$79 materials fee paid at time of registration

INTERNET AND WEB DESIGNLearn more online and register at ed2go.com/swc

ETG-101	Creating Web Pages	\$135
ETG-104	Introduction to CSS3 and HTML5	\$135
ETG-106	Introduction to PHP and MySQL	\$135
ETG-107	Introduction to Java Programming	\$135
ETG-108	Intermediate CSS3 and HTML5	\$135
ETG-109	Intermediate JAVA Programming	\$135
ETG-111	Achieving Top Search Engine Positions	\$135
ETG-112	Advanced Web Pages	\$135
ETG-114	Blogging and Podcasting for Beginners	\$135
ETG-116	Designing Effective Websites	\$135
ETG-124	Creating Mobile Apps with HTML5	\$135
ETG-125	Creating WordPress Websites	\$135
ETG-224	Photoshop CC for the Digital Photographer	\$130

**INTERESTED IN TEACHING A SHORT TERM COURSE OR WORKSHOP?**

Scan the QR code to fill out a new community education course proposal.



EDUCATION, HUMANITIES, SOCIAL AND BEHAVIORAL SCIENCES



Certificate of Completion in Family Childcare Business Provider

(Complete NC 1054, NC 1055, NC 1056, NC 1057 and NC 1058)

FAMILY CHILDCARE BUSINESS I

Examines the process of setting up an in-home childcare business. Introduces analysis and implementation of a business plan including enrollment of children, contracts, bookkeeping, and legal considerations. Explores creative ways to use available space and materials for a developmentally appropriate environment.

Instructor: I. Carrasco, No fee, 12 hours.



FALL

NC 1054-86 MTW

Sep. 30-Oct. 2

5-8:50 p.m.

Class type: Face-to-face

Location: HECSY

Room: 5205

FAMILY CHILDCARE BUSINESS II

Identifies caregivers' responsibilities regarding health, safety, and nutritional needs of children. Focuses on providing a safe environment for children and procedures for dealing with illness, medications, and reporting suspected child abuse or neglect.

Instructor: I. Carrasco, No fee, 12 hours.



FALL

NC 1055-86 MTW

Oct. 7-9

5-8:50 p.m.

Class type: Face-to-face

Location: HECSY

Room: 5206

FAMILY CHILDCARE BUSINESS III

Examines major theories in child development with an emphasis on practical application for the family child care provider. Explores guidance techniques using negotiation, problem solving techniques, and positive reinforcement.

Instructor: I. Carrasco, No fee, 12 hours.



FALL

NC 1056-86 MTW

Oct. 14-16

5-8:50 p.m.

Class type: Face-to-face

Location: HECSY

Room: 5205

FAMILY CHILDCARE BUSINESS IV

Provides information and practice in helping children express feelings of loss, separation, and anxiety. Examines community resources for families and children in crisis as specific resources for providers for program improvement (toy and material lending, provider support groups, field trips, and free/low cost materials).

Instructor: I. Carrasco, No fee, 12 hours.



FALL

NC 1057-86 MTW

Oct. 21-23

5-8:50 p.m.

Class type: Face-to-face

Location: HECSY

Room: 5205

FAMILY CHILDCARE BUSINESS V

Examines the concept of developmentally appropriate practices as applied to the home learning environment. Analyzes the basic "whole child" approach to developing a curriculum for young children. Explores the role of a caregiver in providing an inclusive and multicultural environment rich in diversity and acceptance of the individual.

Instructor: I. Carrasco, No fee, 12 hours.



FALL

NC 1058-86 MTW

Oct. 28-30

5-8:50 p.m.

Class type: Face-to-face

Location: HECSY

Room: 5205

Training Opportunities for those with Disabilities

STEPPING STONES TO SUCCESS IN THE WORKPLACE

Provides students with disabilities an overview of how to develop necessary soft skills for workplace purposes. Introduces communication, attitude, problem solving skills, and critical thinking techniques to prepare individuals for general workplace expectations. Exposes students to workplace ethics necessary for business interactions.

Instructor: S. Fiala. No fee, 48 hours.



FALL

NC 103-401 W

Aug. 28-Dec. 11 11 a.m.-12:50 p.m.

Class type: Synchronous "Live" Online



BUILDING SOCIAL SKILLS FOR COLLEGE

Provides students with disabilities support in developing foundational social skills. Focuses on effective communication strategies and social cognition. Based on the PEERS school-based program, and modified for use with young adult learners, this course was designed for young adults with social and communication deficits.

Instructor: TBA. No fee, 48 hours.

FALL

NC 107-01 W Aug. 28-Dec. 11 1:30-4:05 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
 Room: 59A-102

CHILD VISITATION MONITOR TRAINING COURSE

Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a professional Child Visitation Monitor. A position that is always in demand. The average starting rate for monitors is \$45-\$60 per hour. The monitor's responsibility is to ensure the safety and well-being of the children involved. This comprehensive course satisfies the State 24-hour training requirement. You will learn the California State policies and procedures as well as your role as a monitor. Upon completing the course, you will be able to begin working as an independent monitor which allows you to set your own schedule/hours, select which families you want to work with and decide what area you would like to work out of. You must be at least 21 years old and have a clean record to register for this course.

Instructor: Jazmin Mundo, 24 hours.

POTENTIAL SCHOLARSHIPS AVAILABLE!

Call 619-482-6533 for details

SUMMER

CS 326-63 ThFSat Jul. 11-13 8:30 a.m.-4:30 p.m. Fee: \$295
 Class type: Face-to-face Location: SWC Chula Vista
 Room: 54-117

\$60 materials fee paid at time of registration.

FALL

CS 326-64 Th Oct. 17-31 8:30 a.m.-4:30 p.m. Fee: \$295
 Class type: Synchronous "Live" Online
\$60 materials fee paid at time of registration.



EDUCATION COURSES

Learn more online and register at ed2go.com/swc

ETG-344	Solving Classroom Discipline Problems	\$130
ETG-358	Spanish in the Classroom	\$130
ETG-359	Creating a Classroom Web Site	\$130
ETG-360	Teaching Preschool: A Year of Inspiring Lessons	\$130
ETG-361	The Creative Classroom	\$130
ETG-362	Teaching Smarter With SMART Boards	\$130
ETG-364	Teaching Students with ADHD	\$130
ETG-365	Guided Reading & Writing: Strategies for Maximum Student Achievement	\$130
ETG-366	Differentiated Instruction in the Classroom	\$130
ETG-367	Guided Reading: Strategies for the Differentiated Classroom	\$130
ETG-368	Teaching Students with Learning Disabilities	\$130
ETG-369	Teaching Students with Autism: Strategies for Success	\$130
ETG-370	Response to Intervention: Reading Strategies That Work	\$130
ETG-371	Singapore Math Strategies: Model Drawing for Grades 1-6	\$130
ETG-372	Singapore Math: Number Sense and Computational Strategies	\$130
ETG-373	Writing for Children	\$130
ETG-383	Enhancing Language Development in Childhood	\$130

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APPLIED TECHNOLOGY AND HOSPITALITY MANAGEMENT



Certificate of Completion in Drone Technology and Applications (Complete NC 328 and NC 327)

INTRODUCTION TO DRONE TECHNOLOGY AND APPLICATIONS

Introduces small, remotely operated aircraft systems (drones), including applications, safety, maintenance, mission planning, flying, and data acquisition (multispectral images, photos, and videos). (Same as AERO 108, GEOG 108, FTMA 108, and ART 188).

No fee, Instructor: M. Truitt, 108 hours.

FALL

NC 328-601 F

Class type: Hybrid

Aug. 30-Dec. 13 8:35 a.m.-12:45 p.m.

Location: SWC Chula Vista

Room: 60-249

No Class: 11/29

NC 328-602 W

Class type: Hybrid

Instructor: TBA

Aug. 28-Dec. 11 8:15 a.m.-12:25 p.m.

Location: SWC Chula Vista

Room: 60-249

REMOTE PILOT GROUND SCHOOL

Equips students with knowledge about the regulations and procedures governing the safe and legal operation of small remotely operated aircraft systems (sUAS), commonly referred to as "drones." Coincides with the knowledge areas in the Federal Aviation Administration's (FAA's) Part 107 knowledge test for a Remote Pilot Certificate. Intended to prepare students for the FAA written examination required for students to become commercial sUAS pilots.

Instructor: K. Yanow. No fee, 18 hours.

FALL

NC 327-501

Class type: Online

No class: 9/2

Aug. 26-Oct. 18

\$ CERTIFIED ASSOCIATE IN PROJECT MANAGEMENT (CAPM) PREP COURSE

Certified Associate in Project Management (CAPM) is ranked #1 out of the 9 most in-demand professional certifications you can earn right now! Earning this certification can boost your career by increasing your earning potential and increasing job opportunities in project management. This preparation course is self-paced, with weekly check-ins with your instructor to provide support needed. This prep course will give you all the tools you need to meet the study requirement to take the (CAPM) exam, pass and get your certification and show the world you possess the foundational knowledge and skills that project team demands. Stand out, advance your career, and gain credibility in the field of project management by taking this course.

Instructor: Leo Medina, 60 hours

FALL

CS 440-60 WF Sept. 9-Oct. 4 4-7 p.m. Fee: \$320

Class type: Synchronous "Live" Online Hybrid





💰 ENERGY EFFICIENCY JOB TRAINING PROGRAM

Energy Auditor employers are looking for new employees and this training prepares you to work in this exciting industry.

These synchronous "live" online courses are intended for high school graduates, existing Southwestern College students, current energy auditors, adult learners and individuals looking to work or currently working in small commercial-focused energy efficiency organizations. Upon completing this program you will have the ability to recognize the customer's Lighting & HVAC needs, systems, opportunities and how these opportunities may relate to other key-success aspects of the business. Sponsored by Willdan Energy Solutions, students who complete coursework will receive support in resume building, job opportunities and will be prepared to pass industry certification exams needed to work in this industry.

Instructors: Willdan Energy Solutions, 60 hours

POTENTIAL SCHOLARSHIPS AVAILABLE!

Call 619-482-6533 for details

💰 HVAC SYSTEMS COURSE (30 HOURS)

Get on the fast track to a new career in the fast-growing field of energy efficiency. This course will prepare you to work by explaining the terminology and principles used in repairing and retrofitting systems and equipment used in HVAC – Heating, Ventilation, and Air Conditioning. Once trained in this area you can go on to work in clean energy as an auditor, project coordinator, field technician, administrative assistant, inspector, or sales representative. This course will also train you for the certification exam for the EPA 608, which is valuable for your resume. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. This fast-paced course will teach you to improve energy efficiency in buildings by learning the available government and utility-sponsored programs serving the residential, multi-family, and commercial sectors of the market.

🍂 FALL

CS 336-61 TTh Aug. 20-Sept. 19 5-8 p.m. Fee: \$149

Class type: Synchronous "Live" Online

💰 LIGHTING SYSTEMS COURSE (30 HOURS)

Kickstart your career with this Clean Energy training course! The objective of this course is to improve energy efficiency knowledge related to available government and utility sponsored programs serving the residential, multi-family, and commercial sectors of the market. Accordingly, this training program strengthens your skills so you may assist customers with what have become standard technology upgrades, such as lighting, as well as more advanced technologies. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. These classes will also enable you to play a role in identifying and supporting cost-effective technology applications. Those passing the course will have the opportunity to become NALMCO-CALT (Certified Apprentice Lighting Technician) certified, which is a national industry certification.

🍂 FALL

CS 337-61 TTh Oct. 1-31 5-8 p.m.

Fee: \$149

Class type: Synchronous "Live" Online



Certificate of Completion in Manufacturing Technology
(Complete NC 380, NC 381, NC 382 NC 383 and NC 139)

EMPLOYMENT SKILLS FOR MANUFACTURING

Focuses on the importance of interpersonal skills, thinking skills and personal qualities in the Manufacturing Technology field. Focuses on topics such as work safety, integrity, customer service, creative/innovative thinking and problem solving. Enables students to compete in the global market.

Instructor: TBA. No fee, 20 hours.

FALL

NC 381-01 F Oct. 25-Dec. 13 2-4:30 p.m.
Class type: Face-to-face Location: SWC Chula Vista
No Class: 11/29 Room: 34-101

ESSENTIAL SKILLS FOR MANUFACTURING

Introduces students to several skills needed in the manufacturing industry such as: print reading, CAD basics, workplace math review, and quality assurance basics. This is accomplished in a series of hourly related workshops.

Instructor: TBA. No fee, 50 hours.

FALL

NC 380-50 Sat Aug. 31-Oct. 19 11:35 a.m.-5:25 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 34-101

INTRODUCTION TO SOLID WORKS

Introduces the design process and knowledge of current technology software and manufacturing machines that help to produce finished designs. Focuses on the basics of building parts, dimensioning, tolerances, manufacturing drawings and assemblies.

Instructor: TBA. No fee, 40 hours.

FALL

NC 382-50 Sat Aug. 31-Dec. 14 8:40-11:15 a.m.
Class type: Face-to-face Location: SWC Chula Vista
No Class: 11/30 Room: 34-101

LEAN MANUFACTURING

Introduces methods for the elimination of waste within a manufacturing system. Addresses waste created through overburden and waste created through unevenness in the work loads.

Instructor: TBA. No fee, 30 hours.

FALL

NC 383-50 Sat Oct. 26-Dec. 14 12-4:10 p.m.
Class type: Face-to-face Location: SWC Chula Vista
No Class: 11/30 Room: 34-101

For **NC 139 OSHA 10-Hour General Industry Standards** class schedules please see page 10.

CERTIFICATE IN NONPROFIT MANAGEMENT

Lead the way to justice and change! Learn essential tools and frameworks of nonprofit management, including board development, financial management, fundraising, marketing, program evaluation, and nonprofit law. All taught through a cutting-edge program that equips you with the skills to carry out your mission and support your cause and community in the most effective ways. In this Nonprofit Management program, you'll acquire a comprehensive understanding of their best practices in nonprofit management and frameworks that will help you build more equitable, effective organizations.

Instructor: Victoria Philips

SUMMER

CS 336-61 Sat Jul. 20-Aug. 24 9-11 a.m. Fee: \$550
Class type: SYNCHRONOUS "LIVE" ONLINE

FALL

CS 336-63 TH Oct. 3-Nov. 7 5-7 p.m. Fee: \$550
Class type: Face-to-face Location: SWC Chula Vista
Room: 55A-109



ONLINE CAREER TRAINING PROGRAMS

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-paced online Career Training Program through SWC's partnership with Ed2Go. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion. Online Education programs designed to provide the workforce skills necessary to enter a new field or advance your current career. Learn more at <http://careertraining.ed2go.com/swc>

FEATURING CLASSES SUCH AS:

BIOFUEL PRODUCTION OPERATIONS

400 hours | \$2,595

The Biofuel Production Operations Online Training Program will give you the education as a biofuel production operator, inspecting and repairing equipment, operating computer systems, and handling lab equipment.

CERTIFICATE IN MEDIATION AND ARBITRATION

200 hours | \$3,495

This course provides you with the comprehensive training necessary for becoming a certified mediation or arbitration professional.

CERTIFIED MASTER WEDDING AND EVENT PLANNER

1000 hours | \$5,495

Get the training and support network you need to jumpstart your career in event planning. In this online certification course, you will work with real clients to gain knowledge, build your portfolio, and become a Certified Master Wedding and Event Planner.

CERTIFIED WEDDING PLANNER

340 hours | \$1,595

This comprehensive course covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this course will provide all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

CERTIFIED INDOOR ENVIRONMENTALIST PREPARATION

32 hours | \$895

The Certified Indoor Environmentalist Program will help you take the next step in your career to become an indoor air quality or green building consultant. To better understand how to create a healthy home or building by preventing, diagnosing, and resolving indoor environmental problems.

CERTIFIED PHYSICAL THERAPY AIDE (VOUCHER INCLUDED)

190 hours | \$1,995

This online course will help you master the skills you need to work as a physical therapy aide. Not only will you be prepared for the AMCA's Physical Therapy Technician/Aide certification exam, but an externship starter kit will also walk you through everything you need to know to land a PT aide externship.

MASTERING PROJECT MANAGEMENT W/ MICROSOFT PROJECT 2019

210 hours | \$1,695

Translate your knowledge into skills by exploring key project management topics in depth and prepare for the Project Management Professional (PMP®) certification.

OIL REFINERY OPERATIONS

400 hours | \$2,595

Learn the skills you need to start work as an in-demand oil refinery operator.

PHARMACY TECHNICIAN (VOUCHER INCLUDED)

400 hours | \$2,495

Pharmacy technicians have become indispensable to the health care industry, and it's a great time to join this growing field. Through these Pharmacy technician classes you'll gain the skills and knowledge to qualify for entry-level positions in pharmacies and be prepared for national certification.

POWER PLANT OPERATIONS

400 hours | \$2,595

Learn the skills you need to gain entry-level employment as a power plant operator.

SENIOR CERTIFIED SUSTAINABILITY PROFESSIONAL

110 hours | \$2,495

Are you prepared for an exciting career as a leader in the green-collar economy? By completing this premier online course, you'll establish yourself as a sustainable business professional.

THE COMPLETE PROJECT MANAGER W/ MICROSOFT PROJECT 2019

210 hours | \$2,295

This comprehensive project management program is designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.

THE COMPLETE PROJECT MANAGER W/CAPM AND PMP PREP

250 hours | \$1,995

This is a comprehensive project management program designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.

VETERINARY ASSISTANT

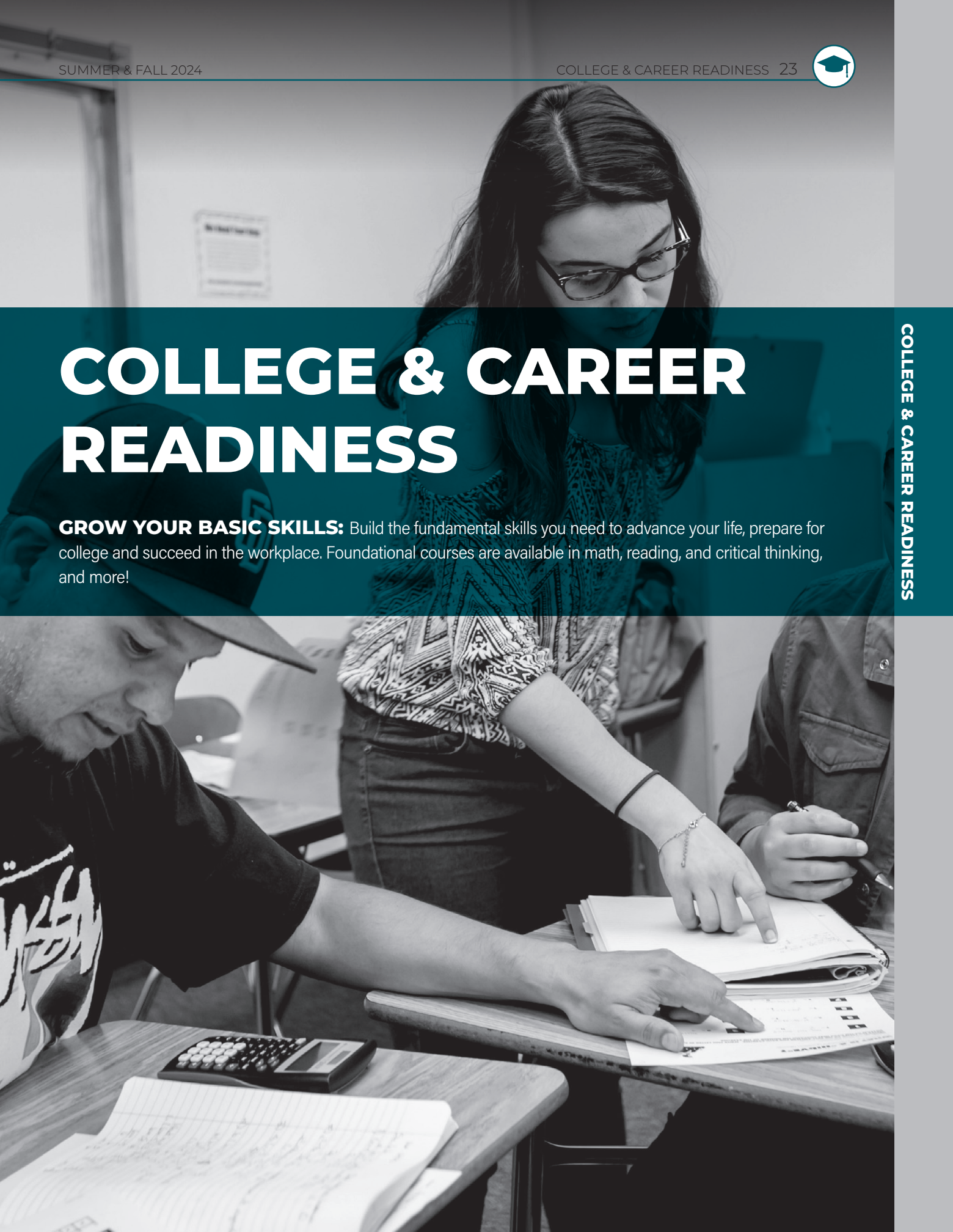
225 hours | \$1,995

Prepare for a new career as a Veterinary Assistant as you learn how to care for animals and assist the veterinarian during examinations.



COLLEGE & CAREER READINESS

GROW YOUR BASIC SKILLS: Build the fundamental skills you need to advance your life, prepare for college and succeed in the workplace. Foundational courses are available in math, reading, and critical thinking, and more!





COLLEGE AND CAREER PLANNING

CAREER RESEARCH—USING THE INTERNET

Utilizes the Internet as an important tool in career planning, career research, and job search. Includes specific Internet sites, tips on the use of search engines, creating folders to keep track of useful sites, techniques to conduct career research, and considerations when applying for jobs online are explored.

Instructor: J. Reyes. No fee, 3 hours.

FALL

NC 88-501

Oct. 28-30

Class type: Online

RETRAINING READINESS

Designed to assist the adult learner who has been away from school to prepare for the demands and expectations of vocational training. Topics include learning styles, time management, managing multiple roles and responsibilities, study and test preparation skills, goal setting, and community resources and services.

Instructor: J. Reyes. No fee, 6 hours.

FALL

NC 90-501

Nov. 5-7

Class type: Online

SUCCESS IN NURSING

Designed to assist enrolled nursing students to be successful in the VN and ADN programs. Included are test-taking strategies as well as basic mathematics, reading comprehension, time management, communication, and critical thinking as they apply to the nursing curriculum.

Instructor: TBA. No fee, 24 hours.

FALL

NC 1033-530

Aug. 12-Sep. 20

Class type: Online

No Class: 9/2

USING YOUR FOREIGN DEGREE IN THE UNITED STATES

Provides graduates of foreign colleges and/or universities with essential information for exploring their options for using their degrees in the United States. Includes the U.S. educational system, processes for transcripts and/or diplomas, state licensing and credentialing considerations, English language proficiency, professional networking, graduate study options, job search and career planning services.

Instructor: D. Edwards. No fee, 3 hours.

FALL

NC 92-E1

T

Sep. 17

5:30-8:20 p.m.

Class type: Face-to-face

Location: CVAS

NC 92-E5

W

Sep. 18

12:45-3:35 p.m.

Class type: Face-to-face

Location: SYAS

NC 92-E6

W

Nov. 13

5:30-8:20 p.m.

Class type: Face-to-face

Location: SYAS

NC 92-E2

T

Nov. 12

9-11:50 a.m.

Class type: Face-to-face

Location: CVAS

NC 92-E3

W

Nov. 20

5:30-8:20 p.m.

Class type: Face-to-face

Location: MAS

NC 92-E4

T

Nov. 19

5:30-8:20 p.m.

Class type: Face-to-face

Location: NCAS

NC 92-61

W

Oct. 2

5:30-8:20 p.m.

Class type: Face-to-face

Location: SWC Chula Vista
Room: 54A-107

READING SKILL DEVELOPMENT

A 'NOVEL' APPROACH TO COLLEGE & CAREER SUCCESS: PART 1—READ & THINK

Develops fundamental analytical reading and critical thinking skills. Teaches literary devices to uncover implicit meaning in stories. Evaluates the novel from multi-disciplinary perspectives (e.g., cultural, historical, sociological, psychological, theological, political, and/or judicial lens).

Instructor: C. De La Torre. No fee, 18 hours.

FALL

NC 158-E1

Sat

Sep. 7-Nov. 2

11 a.m.-12:50 p.m.

Class type: Face-to-Face

Location: CVLIB1

NC 158-E2

T

Oct. 8-Dec. 10

3:30-5:20 p.m.

Class type: Face-to-Face

Location: SWPC

No Class: 11/26



PREPARATORY COURSES

Learn more online and register at ed2go.com/swc

ETG-306	GRE Preparation–Part 1 (Verbal and Analytical)	\$130
ETG-307	GRE Preparation–Part 2 (Quantitative)	\$130
ETG-308	LSAT Preparation–Part 1	\$130
ETG-309	LSAT Preparation–Part 2	\$130
ETG-310	Grammar Refresher	\$130
ETG-318	GMAT Preparation	\$130
ETG-327	Writing Essentials	\$130
ETG-374	SAT/ACT Preparation – Part 1	\$130
ETG-375	SAT/ACT Preparation – Part 2	\$130



MATH SKILL DEVELOPMENT

ALGEBRA REFRESHER LEVEL 1

Provides an individualized program of instruction to review various topics in Elementary Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for algebra based exams.

No fee, 9 hours.

SUMMER

NC 146-501 Jun. 10-24

Class type: Online
Instructor: K. Cliffe
 No Class: 6/19

NC 146-502 Jun. 26-Jul. 11

Class type: Online
Instructor: K. Cliffe
 No Class: 7/4

FALL

NC 146-501 Sep. 3-20

Class type: Online
Instructor: TBA

NC 146-502 Sep. 23-Oct. 11

Class type: Online
Instructor: TBA

NC 146-503 Oct. 14-Nov. 1

Class type: Online
Instructor: TBA

ALGEBRA REFRESHER LEVEL 2

Provides an individualized program of instruction to review various topics in Intermediate Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for algebra based courses or exams.

No fee, 9 hours.

SUMMER

NC 147-501 Jun. 26-Jul. 11

Class type: Online
Instructor: M. Garcia
 No Class: 7/4

NC 147-502 Jul. 18-Aug. 1

Class type: Online
Instructor: M. Garcia

FALL

NC 147-501 Sep. 3-20

Class type: Online
Instructor: TBA

NC 147-503 Oct. 14-Nov. 1

Class type: Online
Instructor: TBA

NC 147-602 MW Sep. 23-Oct. 11 12-12:50 p.m.

Class type: Hybrid
Instructor: TBA
 Location: SWC Chula Vista
 Room: 60-116



MATH FOR ALLIED HEALTH

Focuses on math review for dosage calculations, conversion between different systems of measurement, dosage calculation and measurement, drug orders and labels, and intravenous calculations.

No fee, 16 hours.

FALL

NC 180-303 W Sep. 11–Oct. 30 3:40–5:30 p.m.
Class type: Face-to-face Location: HECOM
Instructor: TBA Room: 4409

NC 180-304 Th Sep. 12–Oct. 31 3:40–5:30 p.m.
Class type: Face-to-face Location: HECOM
Instructor: TBA Room: 4408

TRIGONOMETRY REFRESHER

Provides a review to students who wish to refresh their trigonometry skills. Includes topics such as trigonometric functions; radian measure of angles; graphs of sine, cosine, and tangent; trigonometric equations and inverse trigonometric equations; and law of sines and cosines. Consists of personalized computer-assisted instruction to refresh those concepts identified as needed for each student.

Instructor: Y. Francis. No fee, 9 hours.

SUMMER

NC 1104-501 Jul. 9–25
Class type: Online

FALL

NC 1104-501 Sep. 3–20
Class type: Online

NC 1104-502 Sep. 23–Oct. 11
Class type: Online

COMPUTERS SKILLS TO BEGIN OR ADVANCE YOUR CAREER

DEVELOPING HIGH-PERFORMANCE CHARTS IN MICROSOFT EXCEL

Reviews the basics of spreadsheet use: structure, data entry, formulas, and functions. Focuses on how to convert your data into meaningful and high-impact charts.

No fee, 12 hours.

SUMMER

NC 24-01 TTh Jul. 9–25 12–1:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: N. Bartels Room: 62A-107

FALL

NC 24-50 Sat Oct. 26–Dec. 7 9–10:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: L. Sevilla Room: 55A-109
No Class: 11/30

NC 24-E1 TTh Nov. 12–Dec. 10 12–1:50 p.m.
Class type: Face-to-face Location: CVLIB1
Instructor: N. Bartels
No Class: 11/19, 11/21, 11/28

INTRODUCTION TO COMPUTERS

Covers basic computer skills such as proper start-up and shutdown procedures; use of mouse and keyboard commands; basic file management; creating, saving, and printing a document using word-processing software; e-mails; and basic Internet searches.

No fee, 6 hours.

SUMMER

NC 1051-E1 MW Jun. 3–10 5–6:50 p.m.
Class type: Face-to-face Location: IBBL
Instructor: L. Hernandez

NC 1051-80 TTh Jun. 18–25 9–10:50 a.m.
Class type: Face-to-face Location: HECSY
Instructor: R. Ojeda Room: 5201

FALL

NC 1051-E2 T Sep. 3–17 9–10:50 a.m.
Class type: Face-to-face Location: SWPC
Instructor: TBA

NC 1051-80 MW Sep. 16–23 10–11:50 a.m.
Class type: Face-to-face Location: HECSY
Instructor: L. Sevilla Room: 5201

NC 1051-75 Sat Sep. 21–Oct. 5 12–1:50 p.m.
Class type: Face-to-face Location: HECNC
Instructor: TBA Room: 7208B



NC 1051-81 MW Sep. 25–Oct. 2 10–11:50 a.m.
 Class type: Face-to-face Location: HECSY
Instructor: L. Sevilla Room: 5201

NC 1051-E1 Sat Oct. 26–Nov. 9 2–3:50 p.m.
 Class type: Face-to-face Location: IBBL
Instructor: TBA

INTRODUCTION TO KEYBOARDING

Teaches beginners how to keyboard correctly, accurately, faster, alphabetic keys, punctuation, numbers, and symbols.
No fee, 6 hours.

FALL

NC 200-80 F Oct. 4–18 10–11:50 a.m.
 Class type: Face-to-face Location: HECSY
Instructor: A. Rodriguez Room: 5201

NC 200-81 F Oct. 25–Nov. 8 10–11:50 a.m.
 Class type: Face-to-face Location: HECSY
Instructor: L. Sevilla Room: 5201

INTRODUCTION TO MICROSOFT OUTLOOK

Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts.
Instructor: R. Ojeda. No fee, 3 hours.

FALL

NC 199-81 W Sep. 11 9–11:30 a.m.
 Class type: Face-to-face Location: HECSY

NC 199-80 W Sep. 18 9–11:30 a.m.
 Class type: Face-to-face Location: HECSY

INTRODUCTION TO MICROSOFT WORD

Provides students with the basic skills that are necessary to create, edit, enhance, and save standard documents using Microsoft Word.
No fee, 12 hours.

SUMMER

NC 198-01 MW Jun. 3–24 9–10:50 a.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: N. Bartels Room: 62A-107
No Class: 6/19

FALL

NC 198-50 Sat Sep. 14–Oct. 19 9–10:50 a.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: L. Sevilla Room: 55A-109

NC 198-80 W Oct. 9–Nov. 13 9–10:50 a.m.
 Class type: Face-to-face Location: HECSY
Instructor: N. Bartels Room: 5201

NC 198-E1 TTh Nov. 5–21 8:15–10:05 a.m.
 Class type: Face-to-face Location: FCS
Instructor: TBA



COMPUTER COURSES

Learn more online and register at ed2go.com/swc

ETG-200	Introduction to PC Troubleshooting	\$130
ETG-213	Basic CompTIA A+ Certification Prep	\$130
ETG-214	Intermediate CompTIA A+ Certification Prep	\$130
ETG-215	Advanced CompTIA A+ Certification Prep	\$130
ETG-222	Introduction to PC Security	\$130
ETG-223	Introduction to Microsoft Project 2019	\$130
ETG-242	Introduction to Networking	\$130
ETG-243	Intermediate Networking	\$130
ETG-246	Introduction to SQL	\$130
ETG-247	Intermediate SQL	\$130
ETG-249	Introduction to C++ Programming	\$130
ETG-249	Wireless Networking	\$130





ENGLISH AS A SECOND LANGUAGE

ENGLISH AS A SECOND LANGUAGE (ESL)

GROW YOUR LANGUAGE SKILLS: Improve your English skills in a safe and secure environment. Learn from faculty who care about your growth. Beginning to advanced classes are offered day, night and online.





ENGLISH AS A SECOND LANGUAGE (ESL)

**Certificate of Completion
in Entry Level ESL**
(Complete NC 108, NC 109 and NC 110)

BASIC ESL I

Exposes English language learners to the first of three instructional levels of ESL for academic and everyday purposes. Introduces activities at a novice-low level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competence.

No fee, Summer 32 hours/Fall 36 hours.

SUMMER

NC 108-501 Jun. 3-20

Class type: Online

Instructor: C. O'Gorman Fazzolari

No Class: 6/19

NC 108-E4 MW Jun. 3-Jul. 29

Class type: Face-to-face

Instructor: B. Zemlick

No Class: 6/19

NC 108-E1 MTTh Jun. 3-20

Class type: Face-to-face

Instructor: G. Tufekci

NC 108-E2 TTh Jun. 4-Jul. 30

Class type: Face-to-face

Instructor: TBA

No Class: 7/4

NC 108-E3 WF Jun. 5-Jul. 31

Class type: Face-to-face

Instructor: TBA

No Class: 6/19

FALL

NC 108-501 Aug. 26-Sep. 27

Class type: Online

Instructor: C. O'Gorman Fazzolari

No Class: 9/2

NC 108-502 Aug. 26-Sep. 27

Class type: Online

Instructor: C. O'Gorman Fazzolari

No Class: 9/2

NC 108-E1 MW Aug. 26-Oct. 7

Class type: Face-to-face

Instructor: N. Bartels

No Class: 9/2

10-11:50 a.m.
Location: SVLB

4:10-7:15 p.m.
Location: CVLIB1

6-7:50 p.m.
Location: SMLC

9-10:50 a.m.
Location: BSLB

9-11:50 a.m.
Location: SYSD1

NC 108-03 MTWTh Aug. 26-Sep. 30 12:30-2 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: M. Alca Room: 55A-104
No Class: 9/2

NC 108-E3 TTh Aug. 27-Oct. 29 8:15-10:25 a.m.
Class type: Face-to-face Location: FCS
Instructor: G. Tufekci
No Class: 9/24, 9/26, 10/01, 10/03

NC 108-E5 TTh Aug. 27-Oct. 15 5:25-7:35 p.m.
Class type: Face-to-face Location: CVLIB1
Instructor: TBA

NC 108-E2 TTh Aug. 27-Oct. 24 6-7:50 p.m.
Class type: Face-to-face Location: SMLC
Instructor: G. Tufekci

NC 108-86 TTh Aug. 27-Sep. 26 5:30-8:45 p.m.
Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5106

NC 108-80 F Aug. 30-Dec. 13 9-11:10 a.m.
Class type: Face-to-face Location: HECSY
Instructor: S. Brighenti Room: 5106
No Class: 11/29

NC 108-E6 MW Sep. 4-Oct. 23 4-6:10 p.m.
Class type: Face-to-face Location: CVLIB2
Instructor: N. Ludden

NC 108-E4 TTh Oct. 29-Dec. 12 9-11:50 a.m.
Class type: Face-to-face Location: SYSD1
Instructor: M. Alca
No Class: 11/26, 11/28



**BASIC ESL II**

Exposes English learners to the second of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-mid level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competences.

No fee, Summer 32 hours/Fall 36 hours.

SUMMER

NC 109-501 Jun. 24-Jul. 11

Class type: Online

Instructor: A. Nikolova

No Class: 7/4

NC 109-86 MW Jun. 3-Jul. 3 **5-8:20 p.m.**

Class type: Face-to-face

Instructor: E. Rodriguez

No Class: 6/19

Location: HECSY

Room: 5204

NC 109-80 TTh Jun. 4-27 **9 a.m.-12:50 p.m.**

Class type: Face-to-face

Instructor: N. Bartels

Location: HECSY

Room: 5209

NC 109-E3 TTh Jun. 4-Jul. 30 **5-6:50 p.m.**

Class type: Face-to-face

Instructor: F. Piovesan

No Class: 7/4

Location: IBBL

NC 109-E1 MTTh Jun. 25-Jul. 16 **4:10-7:15 p.m.**

Class type: Face-to-face

Instructor: G. Tufekci

No Class: 7/4

Location: CVLIB1

FALL

NC 109-E2 F Aug. 30-Dec. 13 **9-11:10 a.m.**

Class type: Face-to-face

Instructor: TBA

No Class: 11/29

Location: BSLB

NC 109-E3 TTh Aug. 27-Oct. 15 **4-6:10 p.m.**

Class type: Face-to-face

Instructor: N. Ludden

Location: SVLB

NC 109-E5 TTh Aug. 27-Oct. 24 **6-7:50 p.m.**

Class type: Face-to-face

Instructor: TBA

Location: SMLC

NC 109-80 F Aug. 30-Dec. 13 **11:20 a.m.-1:30 p.m.**

Class type: Face-to-face

Instructor: N. Ludden

No Class: 11/29

Location: HECSY

Room: 5106

NC 109-03 MTWTh Oct. 1-Nov. 4 **12:30-2 p.m.**

Class type: Face-to-face

Instructor: TBA

Location: SWC Chula Vista

Room: 55A-104

NC 109-501 Oct. 1-Nov. 5

Class type: Online

Instructor: C. O'Gorman Fazzolari

NC 109-581 Oct. 1-Nov. 5

Class type: Online

Instructor: M. Alca

NC 109-86 TTh Oct. 1-31 **5:30-8:45 p.m.**

Class type: Face-to-face

Instructor: TBA

Location: HECSY

Room: 5106

NC 109-E1 TTh Oct. 15-Nov. 21 **12-2:50 p.m.**

Class type: Face-to-face

Instructor: G. Tufekci

Location: SYSD1

BASIC ESL III

Exposes English language learners to the third of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-high level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing.

No fee, Summer 32 hours/Fall 36 hours.

SUMMER

NC 110-501 Jul. 15-Aug. 1

Class type: Online

Instructor: C. O'Gorman Fazzolari

NC 110-80 TTh Jul. 2-30 **9 a.m.-12:50 p.m.**

Class type: Face-to-face

Instructor: TBA

No Class: 7/4

Location: HECSY

Room: 5209

NC 110-86 TTh Jul. 2-Aug. 1 **5-8:20 p.m.**

Class type: Face-to-face

Instructor: E. Rodriguez

No Class: 7/4

Location: HECSY

Room: 5204

FALL

NC 110-E4 TTh Aug. 27-Oct. 15 **5-7:10 p.m.**

Class type: Face-to-face

Instructor: TBA

Location: IBBL

NC 110-80 F Aug. 30-Dec. 13 **1:40-3:50 p.m.**

Class type: Face-to-face

Instructor: S. Kading

No Class: 11/29

Location: HECSY

Room: 5106

NC 110-E3 MW Oct. 21-Dec. 11 **9-11:25 a.m.**

Class type: Face-to-face

Instructor: E. Rodriguez

No Class: 11/11, 11/25, 11/27

Location: SYSD1

NC 110-502 Nov. 7-Dec. 12

Class type: Online

Instructor: F. Piovesan

No Class: 11/28, 11/29

NC 110-581 Nov. 7-Dec. 12

Class type: Online

Instructor: M. Alca

No Class: 11/28, 11/29



NC 110-86 TTh Nov. 5–Dec. 10 5:30–8:45 p.m.
 Class type: Face-to-face Location: HECSY
Instructor: G. Tufekci Room: 5106
No Class: 11/28

NC 110-503 Nov. 7–Dec. 12
 Class type: Online
Instructor: M. Alca
No Class: 11/11, 11/28, 11/29

NC 110-03 MTWTh Nov. 5–Dec. 11 12:30–2 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: TBA Room: 55A-104
No Class: 11/11, 11/28

COMPUTERS AND TECHNOLOGY FOR ESL

Provides the linguistic and basic technology skills English as a Second Language (ESL) learners need in order to be able to succeed in ESL classes and in everyday life skills. Prepares students linguistically to take college classes that use basic technology.

No fee, Summer 18 hours/Fall 36 hours.

SUMMER

NC 221-E1 TTh Jun. 4–Jul. 2 4–5:50 p.m.
 Class type: Face-to-face Location: SVLB
Instructor: H. Nguyen

NC 221-86 T Jun. 4–Jul. 30 5:30–7:20 p.m.
 Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5201

FALL

NC 221-60 Sat Sep. 7–Dec. 14 10:30 a.m.–12:45 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: H. Nguyen Room: 53A-108
No Class: 11/30

NC 221-E1 MW Sep. 9–Oct. 28 5–7:10 p.m.
 Class type: Face-to-face Location: IBBL
Instructor: H. Nguyen

CONVERSATION SKILLS AND AMERICAN CULTURE THROUGH SONGS, MOVIES, AND OTHER MEDIA

Develops listening, speaking, pronunciation, and vocabulary. Explores different aspects of culture in the United States through discussion and analysis of films, songs, and other forms of media. Recommended for students with novice-high proficiency or higher, according to California Pathways.

No fee, Summer 24 hours/Fall 36 hours.

SUMMER

NC 222-E1 F Jun. 7–Jul. 26 10:10 a.m.–1 p.m.
 Class type: Face-to-face Location: CVLIB1
Instructor: B. Zemlick

FALL

NC 222-01 MW Aug. 26–Dec. 11 10:25–11:30 a.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: TBA Room: 53A-107
No Class: 9/2, 11/11

NC 222-460 MW Sep. 4–Dec. 9 8–9:05 p.m.
 Class type: Synchronous "Live" Online
Instructor: O. Rayos
No Class: 11/11

NC 222-E1 MW Sep. 9–Oct. 28 10 a.m.–12:10 p.m.
 Class type: Face-to-face Location: SVLB
Instructor: F. Piovesan

TRANSITIONING TO COLLEGE ESL

Prepares ESL students for credit college courses. Provides ESL students with language needed to navigate college applications, registration, assessment, course selection, and college study. Recommended for students at a novice-high level of English or higher, according to California Pathways.

Instructor: O. Rayos. No fee, 24 hours.

FALL

NC 220-401 F Sep. 20–Dec. 6 9–11:10 a.m.
 Class type: Synchronous "Live" Online
No Classes: 11/29

Interested in starting your own FAMILY CHILD CARE BUSINESS?

Check out our **free noncredit 60-hour Child Care Business Provider Program**

See page 17 for course descriptions and schedules





EXPLORATION AND
PERSONAL GROWTH

EXPLORATION AND PERSONAL GROWTH

KEEP GROWING: Join other lifelong learners in classes designed to help you build skills, achieve wellness, and find fulfillment. Classes are offered at a variety of locations throughout the community.



LIFE ENRICHMENT FOR OLDER ADULTS

AGING WITH GRACE, POWER AND A PLAN: A WOMAN'S PERSPECTIVE

Designed to enhance a woman's transition beyond midlife. Participants will map their own journey, using active exercises to build skills in making choices.

Instructor: C. Alba. No fee, 12 hours.

FALL

NC 97-80 F Oct. 11-Nov. 15 10-11:50 a.m.
 Class type: Face-to-face Location: HECSY Room: 5104

ART THERAPY

Focuses on the use of art as a creative expression and a therapeutic process. Utilizes a variety of art media to promote self-expression, to develop coping skills, and to mediate emotional and physical challenges and limitations. Designed for older adults, this course is also appropriate for anyone who wants to enhance the quality of their life.

Instructor: A. Bejarano. No fee, 12 hours.

SUMMER

NC 1053-70 M Jun. 3-24 9-11:50 a.m.
 Class type: Face-to-face Location: HECNC Room: 7203

NC 1053-E1 Th Jun. 6-Jul. 18 1:30-3:20 p.m.
 Class type: Face-to-face Location: IBSC
No Class: 7/4

NC 1053-80 Th Jun. 6-Jul. 18 10-11:50 a.m.
 Class type: Face-to-face Location: HECSY Room: 5210
No Class: 7/4

NC 1053-81 T Jun. 18-Jul. 23 10-11:50 a.m.
 Class type: Face-to-face Location: HECSY Room: 5210

FALL

NC 1053-E7 F Sep. 6-Oct. 11 2-3:50 p.m.
 Class type: Face-to-face Location: OMNL

NC 1053-E1 TTh Sep. 10-Sep. 26 1:30-3:20 p.m.
 Class type: Face-to-face Location: IBSC

NC 1053-80 M Sep. 16-Oct. 21 9:45-11:35 a.m.
 Class type: Face-to-face Location: HECSY Room: 5208

NC 1053-75 Sun Sep. 22-Oct. 27 10:30 a.m.-12:20 p.m.
 Class type: Face-to-face Location: HECNC Room: 7203

NC 1053-E11 F Oct. 18-Nov. 22 2-3:50 p.m.
 Class type: Face-to-face Location: OMNL

NC 1053-E2 TTh Oct. 22-Nov. 7 1:30-3:20 p.m.
 Class type: Face-to-face Location: IBSC

NC 1053-81 M Oct. 28-Dec. 9 9:45-11:35 a.m.
 Class type: Face-to-face Location: HECSY Room: 5208
No Class: 11/11

NC 1053-82 M Nov. 4-Dec. 9 12:30-2:20 p.m.
 Class type: Face-to-face Location: HECSY Room: 5207
No Class: 11/11

BUDGET AND HOME ENERGY MANAGEMENT

Designed for individuals who would like to take control of their finances, and minimize debt and maximize savings and investments. Covers financial goal setting, money management, spending plan, expense recordkeeping, identity theft, credit and credit repair, ways to earn extra income, energy management, energy conservation, meter reading, and available community resources.

Instructor: R. Corpron. No fee, 5.5 hours.

FALL

NC 10-50 Sat Sep. 28-Oct. 5 8-10:25 a.m.
 Class type: Face-to-face Location: SWC Chula Vista Room: 37-106

CONCERT BAND I

Provides the opportunity for older adult woodwind, brass and percussion instrumentalists to perform in a beginning-level concert band. Explores various styles of band literature including classical, contemporary, popular, and new music compositions.

Instructor: D. Nevin. No fee, 72 hours.

SUMMER

NC 3080-60 T Jun. 11-Aug. 1 12-4:30 p.m.
Th Jun. 11-Aug. 1 6-10:30 p.m.
 Class type: Face-to-face Location: SWC Chula Vista Room: 85-101
No Class: 7/4

CONCERT CHOIR I

Provides a choral ensemble for older adult music students with aural and score analysis of choral literature from traditional classics to the present. Emphasizes historical context, performance practice, style, and interpretation at the beginning level. Public performance required.

Instructor: T. Burkland. No fee, 72 hours.

SUMMER

NC 80-60 TWTh Jun. 10-Aug. 1 6-8:50 p.m.
 Class type: Face-to-face Location: SWC Chula Vista Room: 85-101
No Class: 6/19, 7/4



CREATING ART FROM EVERYDAY OBJECTS

Techniques to create gifts and decorations from common objects found around the home. Covers paper collage, basic stenciling, and some rubber stamping.

Instructor: A. Bejarano. No fee, 12 hours.

SUMMER

NC 1001-E1 T Jun. 4-Jul. 30 2-3:40 p.m.
Class type: Face-to-face Location: IBBL

NC 1001-70 W Jun. 5-Jul. 24 9-11:15 a.m.
Class type: Face-to-face Location: HECNC
No Class: 6/19 Room: 7203

FALL

NC 1001-80 F Sep. 13-Nov. 8 9:45-11:35 a.m.
Class type: Face-to-face Location: HECSY
Room: 5210

NC 1001-75 Sat Sep. 28-Nov. 23 10:30 a.m.-12:15 p.m.
Class type: Face-to-face Location: HECNC
Room: 7202

GOSPEL CHOIR I

Underlines and defines the Spirituals and Black Gospel with aural and historical analysis. Emphasizes and practices vocal and performing techniques, interpretive skills, and performance practice. Requires public performance.

Instructor: TBA. No fee, 72 hours.

FALL

NC 3081-01 TTh Aug. 27-Dec. 12 1:30-3:35 p.m.
Class type: Face-to-face Location: SWC Chula Vista
No Class: 11/28 Room: 85-101

HOME SAFETY FOR OLDER ADULTS

Recognizing that most accidents occur in the home, this course provides information, strategies, and techniques to make all areas of your home safer and more secure. Emphasizes the following key topics: safety factors and recommendations, most common home injuries and problems, balance awareness, fall prevention tips, evacuation planning and disaster kits, and basic security measures.

Instructor: C. Alba. No fee, 6 hours.

SUMMER

NC 1-E1 M Jun. 3-Jul. 8 1:30-2:20 p.m.
Class type: Face-to-face Location: IBSC

INTRODUCTION TO MARIACHI PERFORMANCE I

Provides older adults the opportunity to perform simple mariachi music in a beginning-level ensemble. Emphasizes learning to play mariachi instruments (violin, trumpet, guitar, vihuela, guitarron, flute, voice) in the proper style, reading music, and playing well as part of a group.

Instructor: J. Nevin. No fee, 72 hours.

SUMMER

NC 87-01 M Jun. 10-Jul. 31 3-9:05 p.m.
W Jun. 10-Jul. 31 3-5:50 p.m.

Class type: Face-to-face Location: SWC Chula Vista
No Class: 6/19 Room: 85-101

ORGANIZE YOUR LIFE AND HAVE MORE TIME FOR FUN

Provides instruction on how to organize your life so you have time to do the things you really want to do. Increases quality time through techniques and strategies to organize paperwork, clutter, and finances. Emphasizes overcoming procrastination.

Instructor: C. Alba. No fee, 12 hours.

FALL

NC 1015-75 Sat Sep. 7-28 12-2:50 p.m.
Class type: Face-to-face Location: HECNC
Room: 7203

PERSONAL DEVELOPMENT FOR OLDER ADULTS

Develops and enhances the emotional and psychological well-being in the older adult. Focuses on the following topics: aging in America; developing personal strength; confidence and assertiveness; staying socially engaged; coping with change and loss; adapting to new living situations; anger management; dealing with health concerns and limited independence; and substance abuse and other addictions.

Instructor: TBA. No fee, 36 hours.

FALL

NC 37-80 T Sep. 24-Nov. 19 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECSY
Room: 5104

**FOR STEPS TO REGISTER REFER TO
PAGE 4**

**Register early to reserve your seat.
www.swccd.edu/continuinged**



📄 BLUEPRINT FOR RETIREMENT

Educate retirees as to the multitude of decisions that must be made during retirement as well as the complexities of managing financial affairs to create their best retirement lifestyle today.

Instructor: K. Bowie. 6 hours.

**You may bring a guest, at no charge, to either class listed below*

☀️ SUMMER

CS 175-63 Sat Jun. 8-15 9 a.m.-12 p.m.

Fee: \$49

Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

CS 175-64 TH Jun. 13-20 6:30-9:30 p.m.

Fee: \$49

Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

🍂 FALL

CS 175-65 Sat Oct. 19-26 9 a.m.-12 p.m.

Fee: \$49

Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

CS 175-66 T Oct. 22-29 6-9 p.m.

Fee: \$49

Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

TRAFFIC SCHOOL

Southwestern College is certified as an official Traffic Violator School (TVC) available to individuals who have received a traffic citation. If you have been referred to a TVC by the court, you may void the citation from your driving record and protect your current insurance rate by attending Southwestern College's Traffic School. You must check in by 7:45am and remain for the entire 8-hour program to meet the DMV requirements.

Instructors: M. Zarmeno

ENGLISH

CS 17-64 Sat 06/22/24 8 a.m. to 4 p.m. Fee: \$50

CS 17-65 Sat 08/03/24 8 a.m. to 4 p.m. Fee: \$50

CS 17-66 Sat 09/28/24 8 a.m. to 4 p.m. Fee: \$50

CS 17-67 Sat 11/02/24 8 a.m. to 4 p.m. Fee: \$50

CS 17-68 Sat 12/07/24 8 a.m. to 4 p.m. Fee: \$50

Class type: Face-to-face Location: Chula Vista Campus
Room: 59A-102

SPANISH

CS 17-63S Sat 06/29/24 8 a.m. to 4 p.m. Fee: \$50

CS 17-64S Sat 08/10/24 8 a.m. to 4 p.m. Fee: \$50

CS 17-65S Sat 10/05/24 8 a.m. to 4 p.m. Fee: \$50

CS 17-66S Sat 11/09/24 8 a.m. to 4 p.m. Fee: \$50

Class type: Face-to-face Location: Chula Vista Campus
Room: 59A-102



EXPLORATION AND PERSONAL GROWTH

Learn more online and register at ed2go.com/swc

FAMILY

ETG-321 Genealogy Basics \$130

ETG-353 Helping Elderly Parents \$130

ETG-357 Understanding Adolescents \$130

ETG-363 Ready, Set, Read! \$130

FINANCE

ETG-329 Where Does All My Money Go? \$130

ETG-334 Personal Finance \$130

ETG-345 Stocks, Bonds, and Investing: Oh My! \$130

ETG-376 Introduction to Stock Options \$130

LANGUAGE

ETG-311 Beginning Conversational French \$130

ETG-324 Conversational Japanese \$130

ETG-383 Enhancing Language Development in Childhood \$130

ETG-305 Instant Italian \$130

ETG-314 Speed Spanish \$130

ETG-326 Speed Spanish II \$130

ETG-356 Spanish for Medical Professionals \$130

ETG-358 Spanish in the Classroom \$130

ONLINE SALES

ETG-322 Learn to Buy and Sell on eBay \$130

PERSONAL GROWTH

ETG-328 Twelve Steps to a Successful Job Search \$130

ETG-330 Get Assertive! \$130

ETG-332 Leadership \$130

ETG-333 Interpersonal Communication \$130

ETG-337 Keys to Effective Communication \$130

ETG-342 Achieving Success with Difficult People \$130

ETG-351 Handling Medical Emergencies \$130

PHOTOGRAPHY & DESIGN

ETG-319 Discover Digital Photography \$130

ETG-323 Secrets of Better Photography \$130

ETG-325 Photographing People with your Digital Camera \$130

ETG-341 Introduction to Digital Scrapbooking \$130

ETG-380 Introduction to Interior Design \$130

WRITING

ETG-300 Write Fiction Like A Pro \$130

ETG-301 The Craft of Magazine Writing \$130

ETG 302 Beginning Writer's Workshop \$130

ETG-303 Writing Effective Grant Proposals \$130

ETG-304 A to Z Grant Writing \$130

ETG-312 Writeriffic: Creativity Training for Writers \$130

ETG-346 Introduction to Screenwriting \$130

ETG-348 Fundamentals of Technical Writing \$130

ETG-349 Keys to Effective Editing \$130

ETG-352 Write Your Life Story \$130



FITNESS AND WELLNESS

BODY DYNAMICS AND AGING PROCESS

Provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. Incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability. **No fee, 36 hours.**

☀️ SUMMER

NC 34-E1 TTh Jun. 4-Jul. 25 8-10:05 a.m.
Class type: Face-to-face Location: IBSC
Instructor: C. Alba
No Class: 7/4

NC 34-80 MW Jun. 10-Jul. 10 10 a.m.-1:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5104
No Class: 6/19

🍂 FALL

NC 34-80 MW Aug. 26-Dec. 11 11 a.m.-12:10 p.m.
Class type: Face-to-face Location: HECSY
Instructor: C. Alba Room: 5204
No Class: 9/2, 11/11

NC 34-E1 TTh Aug. 27-Nov. 7 8-9:10 a.m.
Class type: Face-to-face Location: IBSC
Instructor: C. Alba

TAI CHI

Introduces the Chinese Tai Ji Quan (Tai Chi) traditional exercise for body and mind. Emphasizes muscle tone, flexibility, relaxation and stress reduction, especially for older adults. Consists of slow rhythmic movements and mediation techniques effective for relaxation, decreasing high blood pressure, and promoting overall wellness for all ages. **Instructor: J. Muren. No fee, 24 hours.**

☀️ SUMMER

NC 32-E5 MSat Jun. 3-Jul. 27 9-10:15 a.m.
Class type: Face-to-face Location: SPPS

NC 32-E2 MSat Jun. 3-Jul. 27 10:30-11:45 a.m.
Class type: Face-to-face Location: SPPS

NC 32-80 TTh Jun. 4-Aug. 1 10:30-11:40 a.m.
Class type: Face-to-face Location: HECSY
No Class: 7/4 Room: 5104

NC 32-E1 WF Jun. 5-Jul. 26 11 a.m.-12:20 p.m.
Class type: Face-to-face Location: BSLB
No Class: 6/19

NC 32-70 TTh Jun. 11-Aug. 1 8:30-9:50 a.m.
Class type: Face-to-face Location: HECSY
No Class: 7/4 Room: 7130

🍂 FALL

NC 32-E2 M Aug. 26-Dec. 9 10-11:25 a.m.
Class type: Face-to-face Location: SPPS
No Class: 9/2, 11/11

NC 32-80 Th Aug. 29-Dec. 12 10-11:20 a.m.
Class type: Face-to-face Location: HECSY
No Class: 11/28 Room: 5104

NC 32-E5 W Aug. 28-Dec. 4 11 a.m.-12:20 p.m.
Class type: Face-to-face Location: BSLB

NC 32-77 Sun Aug. 31-Dec. 7 9-10:25 a.m.
Class type: Face-to-face Location: HECSY
Instructor: A. Brown Room: 7130

NC 32-E1 Sat Aug. 31-Dec. 14 9:20-10:40 a.m.
Class type: Face-to-face Location: SPPS
No Class: 11/30

NC 32-75 Sat Aug. 31-Dec. 7 11 a.m.-12:25 p.m.
Class type: Face-to-face Location: HECSY
Instructor: A. Brown Room: 7130
No Class: 11/30

NC 32-E3 Th Aug. 29-Dec. 12 12:45-2:15 p.m.
Class type: Face-to-face Location: SYAS
No Class: 9/26, 10/3, 11/28

NC 32-E4 W Aug. 28-Dec. 11 12:45-2:15 p.m.
Class type: Face-to-face Location: CVAS
No Class: 9/25, 10/2, 11/27



HEALTH AND BODY

Learn more online and register at ed2go.com/swc

ETG-317	Introduction to Natural Health and Healing	\$130
ETG-354	Lose Weight and Keep It Off	\$130
ETG-381	Start Your Own Edible Garden	\$130



Grow your business

with high-quality, affordable, contract training

Southwestern College can partner with your company to provide customized training with high-quality instruction in key aspects of workforce development.

Quickly upskill your workforce, improve performance, and boost your bottom line with custom training tailored to the needs of your employees and organization. Scheduling is flexible and instruction can be offered at a location that meets your needs.

**For more information
call us at
619-482-6533 or email us at
Customizedtraining@swccd.edu**



KEEP GROWING
CONTINUING EDUCATION



NEXT STEPS to Keep You Growing.

Are you taking a noncredit course, or maybe enrolled in one of the certificate programs, and you're wondering what other education opportunities are offered at Southwestern College? Eligible, enrolled noncredit students can attend an orientation and meet with a counselor to explore NEXT STEPS, the education opportunities and services available through Southwestern College.

In NEXT STEPS, you can:

- Explore career options and choosing life/career goals
- Identify your current skill levels
- Make the transition to college
- Become aware of campus services and resources available
- Learn how to pay for college and financial assistance options
- Develop an educational plan

Schedule your NEXT STEPS appointment today!

Contact the Counseling office at (619) 421-6700, ext. 5240 or swccounseling@swccd.edu



KEEP GRWING
CONTINUING EDUCATION

This service is made available through Noncredit Student Services.



Ready to start your construction career?

Enroll in the **Apprenticeship Readiness Program** and learn the skills and knowledge necessary to prepare for a registered apprenticeship program and begin your construction career while earning industry-recognized certifications.



Visit **workforce.org/ARPSWC** or scan the QR code to learn more or apply.

Participants must be 17+, live in San Diego or Imperial County and eligible to work in the US.





Earn your noncredit certificate in **Manufacturing Technology**

Our new short-term **Manufacturing Technology Certificate** gives students the foundational skills they need to succeed in a variety of entry-level, manufacturing jobs. Learn how manufacturing plays a role in bringing new products like iPhones, new cars, or solar panels to the market.

- FREE program
- Takes just five classes to complete (150 hours)
- Includes OSHA 10-Hour General Industry Card

Scan the QR
to learn more
about the
Manufacturing
Technology
Program



See page 21 for course information.



KEEP GROWING

CONTINUING EDUCATION



NONCREDIT APPLICATION

SOUTHWESTERN COLLEGE CONTINUING EDUCATION
 900 Otay Lakes Road, Bldg. 68-101, Chula Vista, CA 91910-7299
 619-482-6376 FAX 619-482-6402 continuinged@swccd.edu

CHECK THE TERM THAT APPLIES:

- FALL
- SPRING
- SUMMER

Noncredit courses are funded by local and state taxes. The information requested on this application **remains confidential and is required** to establish your eligibility to register in this publicly funded class. Thank you for your assistance Returning Student |SWC ID # _____

-PLEASE PRINT NEATLY IN BLACK INK AND DO NOT USE ANY NICKNAMES OR ABBREVIATIONS-

HOW DID YOU HEAR ABOUT US? (Please check all that apply)

- Continuing Education Schedule
- Continuing Education Facebook page
- Family or Friend
- Southwestern College Employee
- Southwestern College Website
- Other: (please explain) _____

LAST NAME _____ FIRST NAME _____ MIDDLE NAME _____

OTHER NAMES YOU HAVE USED SINCE BIRTH:
 (Include nicknames, aliases, and maiden name, if applicable) _____

HOME ADDRESS (P.O Box not acceptable) _____ CITY _____ STATE _____ ZIP CODE _____

MARITAL STATUS: (Please Check one) SINGLE DIVORCED OR WIDOWED MARRIED SEPARATED DECLINE TO STATE

HOME PH. () _____ E-MAIL : _____

CELL PH. () _____

BIRTHDATE (Required) _____ / _____ / _____ MALE FEMALE DECLINE TO STATE

Mo. / Day / Year

SOCIAL SECURITY NUMBER _____

ETHNIC BACKGROUND: (Please Check one) HIS Hispanic/Latino NHIS Non-Hispanic/Latino X Unknown

RACE: (Please check all that apply) This information required by the Department of Education in compliance with Title VI, Civil Rights Act, 1964

- | | | | | |
|---------------------------------------|---|--|--|--|
| <input type="checkbox"/> 01. Chinese | <input type="checkbox"/> 05. Cambodian | <input type="checkbox"/> 09. Guamanian | <input type="checkbox"/> 13. Mex, MexAmer, Chicano | <input type="checkbox"/> 17. Filipino |
| <input type="checkbox"/> 02. Japanese | <input type="checkbox"/> 06. Vietnamese | <input type="checkbox"/> 10. Hawaiian | <input type="checkbox"/> 14. South American | <input type="checkbox"/> 18. Amer. Ind, Alask Native |
| <input type="checkbox"/> 03. Korean | <input type="checkbox"/> 07. Asian Indian | <input type="checkbox"/> 11. Samoan | <input type="checkbox"/> 15. Central American | <input type="checkbox"/> 19. Black, Non-Hispanic |
| <input type="checkbox"/> 04. Laotian | <input type="checkbox"/> 08. Other Asian | <input type="checkbox"/> 12. Pacific Islander /Other | <input type="checkbox"/> 16. Other Hispanic | <input type="checkbox"/> 20. White |

IS ENGLISH THE LANGUAGE YOU SPEAK AND WRITE MOST FREQUENTLY? (Check YES or NO)

- YES NO , specify language: _____

FAMILY INCOME: (Please check one)

- | | | | | |
|--|---|---|--|--|
| <input type="checkbox"/> 1. \$0-\$7,500 | <input type="checkbox"/> 4. \$15,001-\$16,000 | <input type="checkbox"/> 7. \$20,001-25,000 | <input type="checkbox"/> 10. \$35,001-\$40,000 | <input type="checkbox"/> 13. \$50,001 or above |
| <input type="checkbox"/> 2. \$7,501-\$10,000 | <input type="checkbox"/> 5. \$16,001-\$17,000 | <input type="checkbox"/> 8. \$25,001-30,000 | <input type="checkbox"/> 11. \$40,001-\$45,000 | <input type="checkbox"/> 14. Unknown |
| <input type="checkbox"/> 3. \$10,001-15,000 | <input type="checkbox"/> 6. \$17,001-\$20,000 | <input type="checkbox"/> 9. \$30,001-35,000 | <input type="checkbox"/> 12. \$45,001-\$50,000 | |

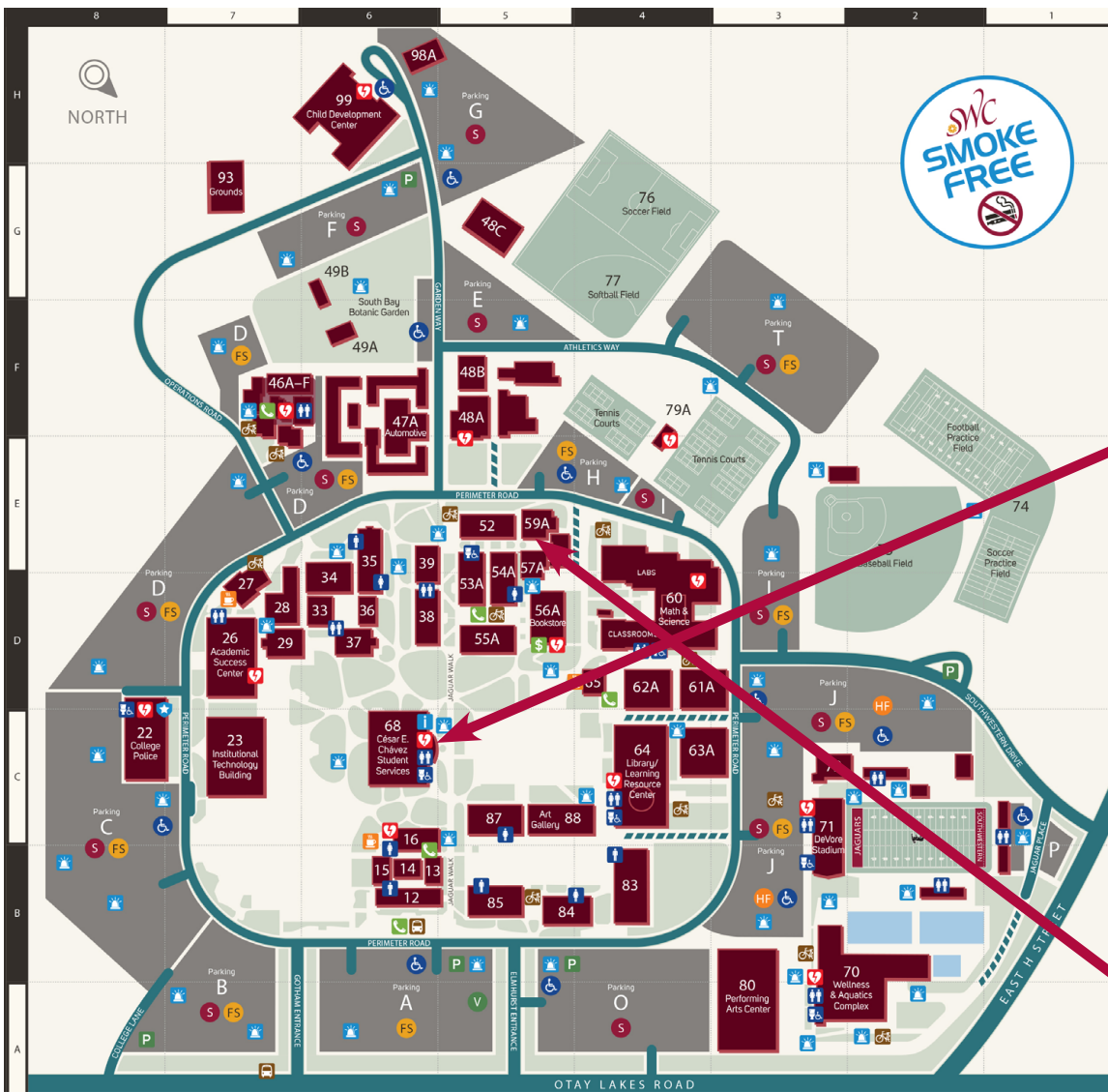
FAMILY SIZE: Number in your household including yourself (Check one)

- | | | | | | | | |
|----------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> 1 | <input type="checkbox"/> 3 | <input type="checkbox"/> 5 | <input type="checkbox"/> 7 | <input type="checkbox"/> 9 | <input type="checkbox"/> 11 | <input type="checkbox"/> 13 | <input type="checkbox"/> 15 |
| <input type="checkbox"/> 2 | <input type="checkbox"/> 4 | <input type="checkbox"/> 6 | <input type="checkbox"/> 8 | <input type="checkbox"/> 10 | <input type="checkbox"/> 12 | <input type="checkbox"/> 14 | |

HIGH SCHOOL EDUCATION STATUS: (Please check all that apply)

- | | | |
|---|--------------------------|--|
| <input type="checkbox"/> 1. Not a high school graduate and not enrolled in high school | Highest level completed: | 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |
| <input type="checkbox"/> 2. Not a high school graduate and currently enrolled in Adult School | Highest level completed: | 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |
| <input type="checkbox"/> 3. Currently in high school and 2+2 program | Current Grade: | 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |
| <input type="checkbox"/> 4. Currently enrolled in high school | Current Grade: | 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |
| <input type="checkbox"/> 5. U.S. High School diploma | Month & Year earned: | _____ <u>Mo / Year</u> |
| <input type="checkbox"/> 6. High School Equivalency Certificate (GED/HiSET) | Month & Year earned: | _____ <u>Mo / Year</u> |
| <input type="checkbox"/> 7. Certificate of California High School Proficiency (CHSPE) | Month & Year earned: | _____ <u>Mo / Year</u> |
| <input type="checkbox"/> 8. Foreign secondary/high school Diploma/Certificate | Month & Year earned: | _____ <u>Mo / Year</u> |

EDUCATION COMPLETED			
Technical/Certificate Yes <input type="checkbox"/> No <input type="checkbox"/>	Some College, No Degree (If YES, please check one) Yes <input type="checkbox"/> No <input type="checkbox"/> <input type="checkbox"/> Freshman <input type="checkbox"/> Junior <input type="checkbox"/> Sophomore <input type="checkbox"/> Senior		A.A. /A.S. Degree Yes <input type="checkbox"/> No <input type="checkbox"/>
4-yr. College Graduate Yes <input type="checkbox"/> No <input type="checkbox"/>	Graduate Studies Yes <input type="checkbox"/> No <input type="checkbox"/>		Other Diploma/Degree Yes <input type="checkbox"/> No <input type="checkbox"/>
I EARNED THE ABOVE OUTSIDE OF THE U.S. <input type="checkbox"/> YES <input type="checkbox"/> NO Please indicate what level of education, diploma or degree was earned outside the United States and where: _____			
ADULT SCHOOL SITE: (Please check all that apply and enter the date you last attended)			
<input type="checkbox"/> San Ysidro Adult School <input type="checkbox"/> Chula Vista Adult School <input type="checkbox"/> Coronado Adult School Mo / Year Mo / Year Mo / Year <input type="checkbox"/> Montgomery Adult School <input type="checkbox"/> National City Adult School Mo / Year Mo / Year			
Please indicate any Adult School you have attended in the State of California not on this list: _____			
HAVE YOU OR DO YOU CURRENTLY RECEIVE THE FOLLOWING TYPES OF ASSISTANCE? (Please check all that apply):			
Public Assistance / Welfare Yes <input type="checkbox"/> No <input type="checkbox"/>	TANF Yes <input type="checkbox"/> No <input type="checkbox"/>	WIOA TITLE I Yes <input type="checkbox"/> No <input type="checkbox"/>	Rehabilitation Yes <input type="checkbox"/> No <input type="checkbox"/>
Food Stamps / Calfresh / SNAP Yes <input type="checkbox"/> No <input type="checkbox"/>	CalWorks Yes <input type="checkbox"/> No <input type="checkbox"/>	Medi-Cal / MediCare Yes <input type="checkbox"/> No <input type="checkbox"/>	EDD Yes <input type="checkbox"/> No <input type="checkbox"/>
Social Security Yes <input type="checkbox"/> No <input type="checkbox"/>	Supplemental Security Income (SSI) Yes <input type="checkbox"/> No <input type="checkbox"/>	General Assistance (GA) Yes <input type="checkbox"/> No <input type="checkbox"/>	
WHAT IS YOUR PRIMARY GOAL AND YOUR SECONDARY GOAL FOR ATTENDING CONTINUING EDUCATION COURSES? (Select 1=Primary and 2=Secondary)	Get a better Job <input type="checkbox"/> 1 <input type="checkbox"/> 2	Improve Basic Skills <input type="checkbox"/> 1 <input type="checkbox"/> 2	Improve English Skills <input type="checkbox"/> 1 <input type="checkbox"/> 2
	Prepare for Employment <input type="checkbox"/> 1 <input type="checkbox"/> 2	Retain Current Job <input type="checkbox"/> 1 <input type="checkbox"/> 2	Prepare to Enter College or Training <input type="checkbox"/> 1 <input type="checkbox"/> 2
	Family Goal <input type="checkbox"/> 1 <input type="checkbox"/> 2	Prepare for U.S. Citizenship <input type="checkbox"/> 1 <input type="checkbox"/> 2	Prepare for Military Service <input type="checkbox"/> 1 <input type="checkbox"/> 2
	Other Attainable Goal <input type="checkbox"/> 1 <input type="checkbox"/> 2	(Please explain): _____	
PLEASE CHECK ALL THAT APPLY TO YOU:	Cultural Barriers <input type="checkbox"/>	Dislocated Worker <input type="checkbox"/>	Displaced Homemaker <input type="checkbox"/>
	Employed, With Termination Notice <input type="checkbox"/>	English Language Learner <input type="checkbox"/>	Ex-Offender <input type="checkbox"/>
	Homeless <input type="checkbox"/>	Learning Disabled <input type="checkbox"/>	Long-term Unemployed <input type="checkbox"/>
	Low Income <input type="checkbox"/>	Migrant Farmworker <input type="checkbox"/>	N/A <input type="checkbox"/>
	Not Employed/ Not Seeking Work <input type="checkbox"/>	Physically Disabled <input type="checkbox"/>	Retired <input type="checkbox"/>
	Single Parent <input type="checkbox"/>	Unemployed <input type="checkbox"/>	Veteran (U.S. Military) <input type="checkbox"/>
SELECT ALL SPECIAL PROGRAMS YOU ARE CURRENTLY AFFILIATED WITH:	Corrections <input type="checkbox"/>	Family Literacy <input type="checkbox"/>	Non-traditional Training <input type="checkbox"/>
	Special Needs <input type="checkbox"/>	Tutoring <input type="checkbox"/>	Workplace Education <input type="checkbox"/>
	Rehabilitation <input type="checkbox"/>	Other: (please explain) _____	
SIGNATURE: _____		DATE: _____	
PLEASE REGISTER ME IN THE FOLLOWING NONCREDIT COURSES:			
Course Section Number	Name of Course		Start Date
NC			
NC			
NC			
NC			
NC			
FOR OFFICE USE ONLY			
Application Entered By: _____			
Date: _____			



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Community Education
Traffic School
Youth Programs:
 Office **59A-101**

CHULA VISTA CAMPUS SCHOOLS & DEPARTMENTS

MAP LOCATION SCHOOL/DEPARTMENT: BLDG-ROOM

- B6 Academic Affairs: 14-104
- D7 Academic Success Center: 26
- C6 Admissions and Records: 68-101
- E5 CA Adult Education Program (CAEP): 58A
- C5 Art Gallery: 88-101
- C4 Articulation: 64-346C
- C5 Arts, Communication and Social Sciences: 87-109
- D4 Associated Student Organization (ASO): 62A-112
- C6 Assessment: 68-107
- C3 Athletics: 71
- E6 Automotive Technology: 47A
- D5 Bookstore: 56A
- E7 Business and Operations: 46B
- D6 Business and Technology: 35-119
- C6 CalWORKS: 68-210
- C6 Career Center: 68-206
- C3 Central Plant: 72
- F7 Central Services: 46D-125
- C6 César E. Chávez Student Services Center: 68
- H6 Child Development Center: 99
- C8 College Police: 22
- B6 Communications, Community and Government Relations: 12-102
- E5 Continuing Education & Workforce Development: 59A-101
- C6 Counseling and Student Support Programs: 68-204

- C6 CTECS: 68-210
- E5 Custodial: 48A
- C3 DeVore Stadium: 71
- C6 Disability Support Services: 68-108
- D7 Dreamer Center: 26-120
- D7 DSS High Tech Center: 26
- C4 Employee Equity, Inclusion & Professional Development: 64-242
- C6 EOPS: 68-203
- C6 Evaluations: 68-104
- H6 Facilities, Operations and Planning: 98
- C6 Financial Aid: 68-104
- F6 Financial Services: 46A
- D4 First Year Experience: 62A-103
- E7 Human Resources: 46B-151
- C6 Information: 68-109
- C7 Institutional Research, Planning and Grants: 23
- C7 Institutional Technology: 23
- C4 Instructional Support Services: 64-10
- B3 Jaguar Aquatics Wellness and Sports: 70
- B6 Jaguar Pathways: 68-204
- F6 Landscape and Nursery Technology: 49A
- D6 Language Acquisition Center: 37
- D7 Language, Literature and Humanities: 28-107

- D4 Learning Communities: 61A
- C4 Learning Resource Center: 64
- C4 Library: 64
- C8 Lost and Found: 22
- E5 Maintenance: 48A
- D7 Math Center: 60-110
- D4 Mathematics and Science: 60-125
- D4 MESA Center: 60-101
- C4 Online Learning Center: 64-344
- C6 Outreach: 68-101
- F6 Payroll Services: 46A
- E5 Personal Wellness: 58A-101
- D7 Power Study: 26-120
- F5 Print Shop: 48B
- F7 Purchasing: 46E
- D7 Reading Lab: 26
- C6 Restorative Justice: 16-105K
- D4 Second Year Experience: 62A-101
- F6 South Bay Botanic Garden: 49A
- D4 Student Activities: 62A-114
- C6 Student Affairs: 68-105
- C6 Student Employment Services: 68-208
- D7 Student Equity Programs and Services: 26-120
- B6 Superintendent/President: 12-101
- C6 SWC Cares/Basic Needs: 16-105E-J
- E5 The SWC Sun: 57A
- B6 Tech Prep/2+2: 17A-104
- E4 Tennis Center: 79A
- D7 Time Out Café: 27
- B6 Title IX: 46B

- D4 Tradewinds Café: 65
- C6 Transfer Center: 68-205
- D4 Veterans' Resource Center: 62A-102
- D4 Veterans' Services: 68
- F5 Warehouse/Receiving: 48B
- B3 Wellness & Aquatics Complex: 70
- C3 Wellness, Exercise Science and Athletics: 71-401
- D7 Writing Center: 26
- C6 Workability III: 68-207A

- Information
- College Police
- Emergency Blue Light
- Defibrillator
- Nurse
- Restrooms
- Gender Neutral Restrooms
- Pay Phone
- ATM
- Café
- Bicycle Parking
- Bus Stop
- Main Campus Road
- Service Road Only
- Student Parking
- Faculty/Staff Parking
- Visitor Parking
- Health First Fitness Club Parking
- Accessible Parking
- One-Day Permit Kiosk

Parking permits are required at all times in all parking lots.

Updated: 04/20/23 | B. Mora



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