



SOUTHWESTERN COLLEGE SCHEDULE Continuing Education Summer 2017

Featuring New Classes: NEW! Understanding Islam NEW! Exploring 50 Self-Publishing/E-Publishing Options

Spread the word about Southwestern College by sharing our schedule with others.

To request this schedule in alternate media, please call 619-485-6512 or TTY 619-482-6470

Southwestern College Continuing Education 900 Otay Lakes Road, Building 660, Room 661, Chula Vista, CA 91910 | 619-482-6376

A Message from the Dean



Are you ready to begin summer? Southwestern College's summer 2017 Continuing Education class schedule offers interesting and high-quality courses that can enhance your career, promote personal growth, and expand your horizons.

There is something for everybody. If you're looking to market yourself for a new job or upgrade your customer service skills, then you may find that taking our "Customer

Service Superior Service Series" courses will assist you in doing so.

Interested in starting your own at-home business? Then our "Family Childcare Business" courses are perfect for you, or maybe you'd be interested in taking our "Make Extra Income as a Wholesale Auto Dealer" course.

As an adult education provider, we continue to provide high-quality workforce training, basic skills education, and special interest course like "Making the Most of Social Security."

We encourage you to review our class schedule. If you are unable to attend courses on the Chula Vista campus, or any of our remote locations, please take a look at our online course offerings. Southwestern College's Continuing Education Program, truly looks forward to connecting with you as your life-long learning center and primary choice for higher education.

Sincerely,

mclella

Mia McClellan Dean, Instructional Support Services and Continuing Education

EXPAND YOUR CAREER OPTIONS!

Continuing Education offers Career and Professional Development courses in various subject areas including the courses shown below. These high-quality career based/skill building courses teach proficiency in many different areas. Our instructors have a vast amount of experience in these areas and will provide you with the knowledge you need to advance in your career or learn new job skills.

FEE-BASED COURSES

- Make Extra Income as a Wholesale Auto Dealer from Home
- Voice-Overs...Now is Your Time!
- · California State Notary Public Seminar
- Loan Signing—Notary Public Seminar
- · Work at Home as a Medical Transcriptionist
- Booting Up for Big Bucks! Over 120 Work-From-Home Business Ideas!
- NEW! Exploring 50 Self-Publishing/E-Publishing Options

NONCREDIT COURSES

- Academic Skills ESL
- Customer Service Training
- Tax Preparation/Income Tax
- Computer Skills Training
- Family Childcare Business

For more information on these courses, please see Table of Contents on the following page.

COLLEGE

Cover design and layout: Brenda Mora, Publications Associate

Continuing Education Summer 20

For registration information, call Continuing Education at 619-482-6376

General Information

Continuing Education

Continuing Education provides students with extended studies designed to support professional advancement and personal success. Day, evening, and weekend classes are conveniently held at the Chula Vista campus, as well as at off-campus locations throughout South County. Many are tuition-free, while others require a nominal fee. There are no transcripts or grades. New classes are always being added. For an up-to-date listing of classes, visit the Noncredit section of the Southwestern College website: www.swccd.edu.

Governing Board of the Southwestern Community College District

Tim Nader, President | Griselda A. Delgado, Vice President Roberto Alcantar | Norma L. Hernandez | Nora E. Vargas Rudolph Villegas, Student Trustee June 2017–May 2018 Kindred Murillo, Ed. D., Superintendent/President

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Locations OFF CAMPUS SITES

Please DO NOT contact the sites to register for classes. Off-campus information is provided in the event that you require directions to the facility. For information about classes, please refer to page 5 in this brochure entitled, "Registration Information" or call 619-482-6376.

ActivCare at Rolling Hills Ranch 850 Duncan Ranch Road Chula Vista, CA 91914 619-482-8000

Casa de Servicios (Villa Merced) 1188 Beyer Way, Bldg. 1168 San Diego, CA 92154-4629 619-423-1901

Chula Vista Public Library 365 F Street Chula Vista, CA 91910 619-691-5069

City of Chula Vista Public Works 1800 Maxwell Rd. Chula Vista, CA 91911 619-397-6000 Crown Cove Aquatic Center 5000 Highway 75 Coronado, CA 92118 619-429-1669

Fredericka Manor 111 3rd. Avenue Chula Vista, CA 91910 619-427-2777

George Glenner Alzheimer Family Center 280 Saylor Dr. Chula Vista, CA 91910-1849 619-420-1703 HHSA—The Knowledge Center 5469 Kearny Villa Road, Ste. 1000 San Diego, CA 92123 858-636-3516

Las Palmas Pool 1800 E. 22nd St. National City, CA 91950 619-336-6758

Norman Park Senior Center 270 F Street Chula Vista, CA 91910 619-691-5086

Otay Mesa—Nestor Branch Library 3003 Coronado Avenue San Diego, CA 92154 619-424-0474

Seniors on Broadway

845 Broadway, Ste. 105 Chula Vista, CA 91911-6821 619-591-0063

St. Charles Church Parish Hall 990 Saturn Blvd. San Diego, CA 92154-2001 619-423-0242

Southwestern College Continuing Education

Continuing Education provides the opportunity for community residents to improve, upgrade, and learn new skills and knowledge. This effort responds to the need for a well-trained workforce, as well as the individual need for intellectual or cultural enrichment. Continuing Education presently includes the following three categories of instruction and services: noncredit curriculum, fee-based services, and contract education.

Noncredit Curriculum (NC)

Noncredit courses are courses that meet community needs in ten instructional areas: parenting, basic skills, English as a Second Language (ESL), citizenship for immigrants, courses for the disabled, vocational courses, courses for older adults, home economics, health and safety, and workforce preparation [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.] Noncredit courses are open to the public, are tuition-free, and are not offered for college credit. The College receives apportionment for noncredit courses at approximately half the rate for credit courses.

Fee-Based Services (CS)

Fee-based classes and programs are designated and authorized under Title 5. These programs may be offered in nearly any subject or field. These programs are supported by a fee paid by participants.

Contract Education

Contract services are available to specific businesses and organizations by a mutually established agreement. Class participation is limited to the contract designees. Contract Education is not usually designated for credit. Contract Education and services are paid for by the contracting entity.

Course Description Legend

Course meeting days: M = Monday T = Tuesday W = Wednesday Th = Thursday F = Friday Sat = Saturday Sun = Sunday

Example: Class meets Monday through Thursday = MTWTh Class meets on Monday and Tuesday = MT

Continuing Education is a department of the School of Continuing Education, Economic and Workforce Development. Your feedback, suggestions, and comments are welcomed.

Mia McClellan

Dean, Instructional Support Services and Continuing Education

Mission Statement

Southwestern Community College District, the only public institution of higher education in southern San Diego County, provides services to a diverse community of students by providing a wide range of dynamic and high quality academic programs and comprehensive student services, including those offered through distance education. The College District also stimulates the development and growth of the region through its educational, economic and workforce opportunities, community partnerships and services.

Southwestern Community College District promotes student learning and success and prepares students to become engaged global citizens by committing to continuous improvement that includes planning, implementation and evaluation. The College District provides educational opportunities in the following areas: associate degree and certificate programs; transfer; professional, technical, and career advancement; basic skills; personal enrichment and continuing education.

Diversity Initiative

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect, and trust.

Non-Discrimination Statement

The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Title IX Administrator, at 619-482-6329. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President for Employee Services, 619-482-6329.

Registration Information

STEPS TO REGISTER FOR A <u>FEE CLASS</u>

To register for a fee class, please use the Fee Class Registration Form (page 26). Course numbers for fee classes start with "CS."



By Mail (Only if paying by CHECK) Mail a completed Fee Class Registration Form and Check to:

Southwestern College, Continuing Education 900 Otay Lakes Road, Building 660, Room 661 Chula Vista, CA 91910-7299

Please do not mail cash.



In Person Bring your completed registration form and payment to:

Southwestern College, Continuing Education

900 Otay Lakes Road, Building 660, Room 661 Chula Vista, CA 91910-7299 Telephone: 619-482-6376 Fax: 619-482-6402 Office Hours: M–Th, 8 a.m.–5 p.m.

Returned Check Service Charge

Checks returned for non-sufficient funds or "Stop Payments" must be paid by MasterCard, Visa, AMEX, Discover, cash, or Money order and a \$25 service charge will be added to the amount of the check. Your enrollment at Southwestern College, as well as your credit, may be affected.

STEPS TO REGISTER FOR A <u>NONCREDIT COURSE</u>

Noncredit courses are tuition-free and are subsidized by state funds. These courses require the completion of the Noncredit Application (pages 27–28). Most noncredit classes will allow on-site registration on a space-available basis. Course numbers for noncredit classes start with "NC."



By Mail

Mail a completed Noncredit Application form to: Southwestern College, Continuing Education 900 Otay Lakes Road, Building 660, Room 661 Chula Vista, CA 91910-7299



By Fax

Complete the Noncredit Application and fax to 619-482-6402.

In Person

Bring your completed Noncredit Application to: Southwestern College, Continuing Education 900 Otay Lakes Road, Building 660, Room 661 Chula Vista, CA 91910-7299 Telephone: 619-482-6376 Fax: 619-482-6402 Office Hours: M–Th, 8 a.m.–5 p.m.

OUTHWESTERI GOLLEGE

Registration Information

Sign up early

Early sign up ensures that you will have a reserved place in a popular class. All registration is on a first-come, first-served basis. Your registration can make the difference as to whether a class is offered or cancelled. When space is available, on-site registration may be allowed with the permission of the instructor.

Class Confirmation

Please mark your personal calendar when registering for any class. You may call Continuing Education to confirm your registration (619-482-6376).

Certificate of Completion

Some multi-session courses and seminars offer a Certificate of Completion. When applicable, students must attend all classes and meet certificate requirements as established by the instructor.

Class Cancellation

Every attempt is made to avoid cancelling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the College has advance notice that a class will be cancelled, Continuing Education will attempt to reach you by mail or by phone. Please be sure to provide complete phone contact information on your application.

Refunds

A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days prior to the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

Materials Fee

A materials fee is required in a few noncredit and fee classes. Please be prepared to pay this fee on the first day of class. Cash, check, or credit card payments are accepted. The instructor cannot issue change.

Instructor, Class, or Location Change

In some cases, a qualified substitute instructor may replace the individual listed in the schedule. Class dates and locations are also subject to change. When feasible, students will be notified of any date or location change prior to the class either by mail or by phone.

Class Locations

Classes are held on campus and at various locations throughout South County. Please carefully review the location of the class for which you are registering.

Parking Information

All vehicles parked on campus must display a parking permit at all times. One-day parking permit dispensers are located throughout the campus (see campus map, inside front cover). The cost of the permit is \$3 and is ONLY valid on the day of purchase only. Please arrive at least 20–30 minutes early on the first day of class since there is often a line at the parking permit dispenser. **One-day parking permits are ONLY valid in student parking lots. Do not park in staff or faculty designated parking lots/spaces.**

Disclaimer

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus, campus/district website or department for current information, as well as for any special rules or requirements imposed.

Career and Personal Development

Customer Service Superior Service Series

Attend any three of the free classes below and receive a Certificate of Completion from Southwestern College.

Service is the keystone to all successful businesses.

Review and practice core principles to enhance your skills and increase awareness.

Customer Service–Customer Appreciation

Explores key skills and attitudes necessary to effectively meet the needs of customers. Introduction to concepts and appropriate techniques for dealing with internal and external customers, enhancing customer satisfaction, increasing customer retention, and ensuring positive communication.

Instructor: S. Rosas, 6 hours. Room 1683

NC 1002-60	Т	June 6 & 13	6–9 p.m.	No Fee

Customer Service: The Right Attitude

Examines how the right attitude has a positive impact on the workplace and our interactions with customers. Reviews how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention, and company growth. Explores techniques for maintaining a professional attitude. **Instructor: S. Rosas**, 6 hours. **Room 1683**

NC 1073-60	Т	June 20 & 27	6–9 p.m.	No Fee
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Customer Service: Dealing with Difficult People

Introduces information and concepts about how conflict inhibits good business. Explores the causes and impact conflict can have on customer service. Reviews strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one. **Instructor: S. Rosas**, 6 hours. **Room 1683**

NC 1006-60	Т	July 11 & 18	6–9 p.m.	No Fee
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Tax Preparation/Income Tax Course I

Introduces Part I of a 60-hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion. Required text: Basic Income Tax Course, Volume 1 Ed., Liberty Tax Service 2016 Instructor Manual CD, Volume III: Forms/Schedules/Worksheets and California Supplement. To be purchased by the first day of class.

Instructor: R. Reyes, 30 hours. Room 662

NG 115-00 1111 Julie 0-29 5.50-5.15 p.iii. No Fee	NC 113-60	TTh	June 6–29	5:30–9:15 p.m.	No Fee
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Tax Preparation/Income Tax Course II

Introduces Part II of a comprehensive 60-hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. Required text: **Basic Income Tax Course, Volume II Ed., Volume III Forms, California Supplement.** To be purchased by the first day of class.

Instructor: R. Reyes, 30 hours. Room 662

NC 114-60	TTh	July 6–Aug. 1	5:30–9:15 p.m.	No Fee
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Family Childcare Business I

Examines the process of setting up an in-home daycare business. Analysis and implementation of business plan including enrollment of children, contracts, bookkeeping, and legal considerations. Creative ways to use available space and materials for a developmentally appropriate environment.

Instructor: E. Marquez, 12 hours. Room 561

	NC 1054-60	TTh	June 6–13	5–9 p.m.	No Fee
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Family Childcare Business II

Identifies caregiver's responsibilities regarding health, safety, and nutritional needs of children. Focuses on providing a safe environment for children and procedures for dealing with illness, medications, and reporting suspected child abuse or neglect. Instructor: E. Marquez, 12 hours. Room 561

NC 1055-60	TTh	June 15–22	5–9 p.m.	No Fee

Enroll Early! Classes fill up quickly www.swccd.edu or 619-482-6376

Family Childcare Business III

Examines major theories in child development with an emphasis on practical application for the family childcare provider. Explores guidance techniques using negotiation, problem solving techniques, and positive reinforcement.

Instructor: E. Marquez, 12 hours. Room 561

NC 1056-60 TTh June 27–July 6 5–9 p.m. No Fee No Class: 7/4

Family Childcare Business IV

Provides information and practice in helping children express feelings of loss, separation, and anxiety. Examines community resources for families and children in crisis as specific resources for providers for program improvement (toy and material lending, provider support groups, field trips, free/low cost materials).

Instructor: E. Marquez, 12 hours. Room 561

NC 1057-60	TTh	July 11–18	5–9 p.m.	No Fee
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Family Childcare Business V

Examines concept of developmentally appropriate practices as applied to home learning environment. Analysis of basic "whole child" approach to developing a curriculum for young children. Explores role of caregiver in providing an inclusive, multicultural, environment rich in diversity and acceptance of the individual.

Instructor: E. Marquez, 12 hours. Room 561

NC 1058-60	TTh	July 20–27	5–9 p.m.	No Fee
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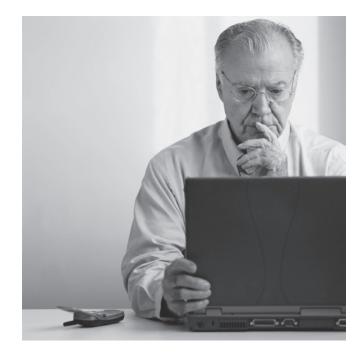
Computers

Introduction to Computers

Covers basic computer skills such as proper start-up and shutdown procedures; use of mouse and keyboard commands; basic file management; creating, saving, and printing a document using word-processing software; e-mails; and basic Internet searches. Instructor: N. Bartels, 6 hours.

NC 1051-01	TTh	June 13–20	9–11 a.m.	No Fee
		If you have a lap	otop, please feel	free to bring it.
	Location:	SWC Main Cam	pus, Room 202	

NC 1051-E1 TTh June 13–20 11:30 a.m.–1:30 p.m. No Fee If you have a laptop, please feel free to bring it. Location: Chula Vista Public Library 365 F Street, Chula Vista, 91910



Introduction to Microsoft Word

Provides students with the basic skills that are necessary to create, edit, enhance, and save standard documents using Microsoft Word. **Instructor: N. Bartels**, 12 hours.

NC 198-01	TTh	June 22–July 13 No Class: 7/4	9–11 a.m.	No Fee
			p, please feel free to	bring it.
	Location:	SWC Main Campu	is, Room 202	
NC 198-E1	TTh	June 22–July 13 No Class: 7/4	11:30 a.m.–1:30 p.	m. No Fee
	Location:	If you have a laptop, please feel free to brin n: Chula Vista Public Library 365 F Street, Chula Vista, 91910		

Introduction to Microsoft Outlook

Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts.

Instructor: N. Bartels, 3 hours.

NC 199-01	Th	June 15	2–5 p.m.	No Fee
	Location:	If you have a laptop, please feel free to bring it. : SWC Main Campus, Room 202		
NC 199-E1	Th		2–5 p.m. p, please feel free to l	No Fee oring it.
	Location:	: Chula Vista Public Library 365 F Street, Chula Vista, 91910		

Enroll Early! Classes fill up quickly www.swccd.edu or 619-482-6376

Noncredit Classes

Developing High-Performance Charts in Microsoft Excel

Reviews the basics of spreadsheet use: structure data entry, formulas, and functions. Focus on how to convert data into meaningful and high-impact charts. Students are required to bring a USB Flash drive to save and store class assignments.

Instructor: N. Bartels, 12 hours.

NC 24-01	TTh Location:	July 18–Aug. 3 9–11 a.m. SWC Main Campus, Room 202	No Fee
NC 24-E1	TTh	July 18–Aug. 3 11:30 a.m.–1:30 p.m.	No Fee

If you have a laptop, please feel free to bring it. Location: Chula Vista Public Library 365 F Street, Chula Vista, 91910

Disability Support Services

Stepping Stones to Success in the Workplace

Provides students with disabilities an overview of how to develop necessary soft skills for workplace purposes. Introduces communication, attitude, problem solving skills, and critical thinking techniques to prepare individuals for general workplace expectations. Exposes students to workplace ethics necessary for business interactions. Instructor: K. Letendre, 31.5 hours. Room 662

NC 103-01	MW	June 19–Aug. 2 9–11:15 a.m.	No Fee
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Self-Improvement

Basic ESL I

Exposes English language learners to the first of three instructional levels of ESL for academic and everyday purposes. Introduces activities at a novice-low level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competence.

Instructor N. Bartels, 32 hours. Room 1680

NC 108-01	MW	June 12–Aug. 2 8:30–10:30 a.m.	No Fee
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Basic ESL II

Exposes English learners to the second of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novicemid level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competences.

Instructor N. Bartels, 32 hours. Room 1680

NC 109-01 MW June 12–Aug. 2 10:35 a.m.–12:35 p.m. No Fee

Basic ESL III

Exposes English language learners to the third of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-high level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing.

Instructor: N. Bartels, 32 hours. Room 1680

NC 110-01 MW	June 12–Aug. 2 12:40–2:40 p.m.	No Fee
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Organize Your Life and Have More Time for Fun

Provides instruction on how to organize your life so you have time to do the things you really want to do. Increases quality time through techniques and strategies to organize paperwork, clutter, and finances. Emphasizes overcoming procrastination.

Instructor: J. Acosta, 12 hours.

NC 1015-E1	W	June 7–21	9 a.m.–1 p.m.	No Fee
	Location:	Casa de Servici	os (Villa Merced)	
		1188 Beyer Way	, Bldg. 1168, San Di	eqo, 92154



Community Resources for Older Adults

Brings awareness to the older adult of the many resources and opportunities available in the community. Emphasizes resources for housing, employment, health and wellness, recreation, education, culture, transportation, legal services, social, and volunteer opportunities. Instructor: J. Acosta, 8 hours.

NC 1050-E2	Sat	June 10–17	9 a.m.–1 p.m.	No Fee
	Location:	Seniors on Broa	dway	
		845 Broadway, S	Suite 105, Chula Vist	a, 91911

Retirement Living

Explores a broad range of important topics for retirees and older adults, including: health maintenance, consumer awareness, physical illness, estate planning, community resources, leisure time activities, and adapting to a new lifestyle.

Instructor: J. Acosta, 12 hours.

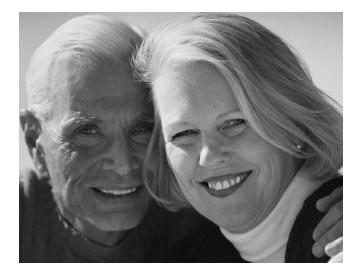
NC 38-E1	W	July 12–26	9 a.m.–1 p.m.	No Fee
	Location:	Casa de Servici	ios (Villa Merced)	
		1188 Beyer Wa	y, Bldg. 1168, San Diego	, 92154
NC 38-E2	Sat	July 15–29	9.2 m 1. n m	No Fee
NC JO-EZ		Seniors on Broa		NUFEE
	20000000		Suite 105, Chula Vista, 9	1911
		, ,		

Home Safety for Older Adults

Learn to organize your life so you have time to do the things you really want to do. Discover how to have more quality time by learning how to organize paperwork, clutter, and finances. Covers techniques for overcoming procrastination. Instructor: J. Acosta, 6 hours.

NC 1-E1	W Location:	Casa d	os (Villa	Merced)	No Fee
	Cat	1188 B	 , Bldg.	1168, San Diego,	92154

NC 1-E2 Sat July 1–July 8 9 a.m.–Noon No Fee Location: Seniors on Broadway 845 Broadway, Suite 105, Chula Vista, 91911



Family and Parenting

Childbirth Education for Expectant Parents (Lamaze)

Prepares expectant parents for a positive childbirth experience. Instructs students on diverse methods of prepared childbirth, as well as demonstration and practice of essential and helpful exercises. Encourages childbirth partners/coaches, who are an integral part of the process, to attend and participate.

Instructors: R. Joselevitz, 20 hours. Room 1680

NC 6-50 TTh July 11–Aug. 3 7–9:30 p.m. No Fe	NC 6-50	TTh	July 11–Aug. 3	7–9:30 p.m.	No Fee
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Learn about the signs of labor, hospital procedures, what to expect during labor, delivery, and post-delivery. Take out the worry and fear by knowing how to support the welcoming of your child. This class is for you if you plan to have your baby with or without medication, in a birthing suite or an operating room, with several days of hospital stay or if you plan to go home right away. You will need to bring a mat and two pillows to the class.

Recommended for students who are close to their due date.

Art, Music, and Crafts

Art Therapy

Focuses on the use of art as a creative expression and a therapeutic process. Utilizes a variety of art media to promote self-expression, to develop coping skills, and to mediate emotional and physical challenges and limitations. Designed for older adults, this course is also appropriate for anyone who wants to enhance the quality of their life. **Instructor: D. Davis,** 12 hours.

NC 1053-E1 NC 1053-E2		Fredericka Man	10:15 a.m.–12:15 p.m.	No Fee No Fee
NC 1053-E3 NC 1053-E4	F	June 9–July 14 George Glenner	10:15 a.m.–12:15 p.m. 10:15 a.m.–12:15 p.m. Alzheimer Family Cente Chula Vista, 91910	No Fee
NC 1053-E5 NC 1053-E6	S	June 9–July 14 June 10–July 15 ActivCare at Rol 850 Duncan Rar	5 1:15–3:15 p.m.	No Fee No Fee 1914

Concert Choir

Provides a choral ensemble for older adult music students with aural and score analysis of choral literature from traditional classics to the present. Emphasizes historical context, performance practice, style, and interpretation at the beginning level. Public performance required. Instructor: T. Russell, 108 hours. Room 801

NC 80-60	Т	June 13–Aug. 3 5–10:05 p.m.	No Fee
	WTh	June 13–Aug. 3 4:30–9:45 p.m.	

Mariachi Ensemble

Provides the opportunity to perform simple mariachi music in a beginninglevel ensemble. Emphasizes learning to play mariachi instruments (violin, trumpet, guitar, vihuela, guitarron, flute, voice) in the proper style, reading music, and playing well as part of a group.

Instructor: J. Nevin, 108 hours. Room 802

NC 87-60	Μ	June 5–Aug. 2	5–9:30 p.m.	No Fee
	TW	June 5–Aug. 2	5–9:45 p.m.	

Wellness and Fitness

Tai Chi

Introduces the Chinese Tai Ji Quan (Tai Chi) traditional exercise for body and mind. Emphasizes muscle tone, flexibility, relaxation and stress reduction, especially for older adults. Consists of slow rhythmic movements and mediation techniques effective for relaxation, decreasing high blood pressure, and promoting overall wellness for all ages. Instructor: S. Evans, 21–24 hours.

NC 32-E6	W	June 14–Aug. 4 9:15–10:45 a.m.	No Fee
	F	June 14-Aug. 4 9:30-11 a.m.	
	Location:	Norman Park Senior Center	
		270 F Street, Chula Vista, 91910	

MORE TAI CHI COURSES COMING SOON!

New courses to begin this July 2017! For more information, please contact our office on June 15th. (619) 482-6376



Body Dynamics and Aging Process

Provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. Incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability.

Instructor: J. Acosta, 34–36 hours.

NC 34-E1	MTThF	June 5–July 6	8:30–10:30 a.m.	No Fee
		No Class: 7/4		
NC 34-E2	MTThF	July 7–Aug. 4	8:30–10:30 a.m.	No Fee
	Location:	Casa de Servici	os (Villa Merced)	
		1188 Beyer Way	, Bldg. 1168, San Diego	, 92154
NC 34-E3	MTThF	June 5–July 6	11 a.m.–1 p.m.	No Fee
		No Class: 7/4		
NC 34-E4	MTThF	July 7–Aug. 4	11 a.m.–1 p.m.	No Fee
	Location:	Seniors on Broa	idway	
		845 Broadway,	Suite 105, Chula Vista, 9	1911

Wellness for Older Adults

Provides instruction designed to help older adults remain healthy, safe, and independent. Emphasizes the physiological aspects of aging, disease prevention techniques, and how exercise and nutrition play important roles in enhancing physical and emotional health, reducing stress, and reducing the risk for falls and injuries.

Instructor: A. Solis, 22 hours.

NC 99-E1	MWF	June 5–Aug. 4 8–9 a.m.	No Fee
		No class: 6/7, 6/19-6/23, 7/3	
NC 99-E2	MWF	June 5–Aug. 4 9:30–10:30 a.m.	No Fee
		No class: 6/7, 6/19-6/23, 7/3	
	Location:	St. Charles Church Parish Hall	
		990 Saturn Blvd., San Diego, 92154	

It's Time to Explore Your **NEXT STEPS** and

Discover the Keys to Success

Are you taking a noncredit course, or maybe enrolled in one of the certificate programs, and you're wondering what other educational opportunities you can take advantage of at Southwestern College?

Eligible, enrolled Noncredit students can attend an orientation and meet with a counselor to explore education opportunities and services available through Southwestern College.

The type of information covered includes topics such as:

- Exploring career options and choosing life/career goals
- Identifying you current skill levels—know your starting place
- Making the transition to college
- Becoming aware of campus services and resources available
- How to pay for college-maybe you are eligible for financial assistance
- Developing an educational plan-your road map to success

For more information and to schedule your NEXT STEPS appointment, please contact the Continuing Education office at 619-482-6376

This service is made available through Noncredit Student Success



SOUTH COUNTY CAREER CENTER

Your Career Pathway Starts Here

South County Career Center IIII Bay Boulevard, Suite E Chula Vista, CA 91910 (619) 628-0300 Mon – Fri · 8 am – 5 pm Wed · 8 am – 7pm Bonita Sunnyside Library (satellite office) 4375 Bonita Rd. Bonita, CA 91902 (619) 472-6602 Mon – Tues · 9:30 am – 5:30 pm VVed · 9:30 am – 6:30 pm Thurs – Fri · 9:30 am – 6 pm

One-Stop Services

ResCare is the leading provider of One-Stop services in the United States, offering all services outlined under the Workforce Investment Act (WIA). Our focus is on preparing workers for high-growth, high-demand industries in order to enhance the productivity and competitiveness of the nation. Our impact is far-reaching, as we operate in over 100 One-Stop Career Centers throughout the country.

southsdcareercenter.com





Southwestern College Customized Training Program

Let us partner with your company in improving your "greatest investment"your employees & sustainable productivity.

SWC provides high quality instruction via customized training in key aspects of workforce development through:

- Customer Service
- English for the Workplace
- Diversity Management

In addition to these competitively priced services:

- Personally meet with leadership to discuss training needs
- Bring training to your location and at your convenience

Contact Continuing Education at (619) 482-6376

WESTERN COLLEGE



SUMMER 2017

College for Kids (CFK) is a stimulating and challenging summer program designed for students entering grades 5–9 in Fall 2017.

Eligible Students must meet one for the following criteria: Have been identified gifted or talented; Have a scale score of 23 points or higher in Mathematics OR have met or exceeded expectations in Reading on the Local Measures Test; Have a B or a 3 average or higher in academic course work, or higher on report card and acceptable citizenship grades. Proof of eligibility may be required.

Register today at: www.swccfk2017.eventbrite.com

Registration Deadlines: Thursday, June 8, 2017 for Session I and Thursday, June 29, 2017 for Session II

For more information, visit: dept.swccd.edu/cfk

Crown Cove Aquatic Center (CCAC)

5000 Highway 75, Coronado, CA 92118

All classes held at the Crown Cover Aquatic Center–Parking/Drop-off at Silver Strand State Beach

To register for classes listed below, please call CCAC at (619) 429-1669.

Pediatric Basic Life Support and First Aid

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory, cardiac, and first aid emergencies in children and infants. Follows the American Heart Association Basic Life Support (BLS) and First Aid guidelines. Instructor: J. Araiza, 8 hours.

NC 1022-E1	Sat	July 8	8:30 a.m.–5 p.m.	No Fee
NC 1022-E2	Sat	Aug. 5	8:30 a.m.–5 p.m.	No Fee

Required textbook must be brought to class: <u>Heartsaver Pediatric First</u> <u>Aid CPR AED (2015)</u> (available in the SWC bookstore). Successful completion of a written and psychomotor test is required to receive course completion certificate. American Heart Association (AHA) course completion certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you.

Basic First Aid and Adult CPR

Prepares individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR. 8 hours.

NC 40-E1	Sat	July 15	8:30 a.m.–5 p.m.	No Fee
		Instructor: M.	Smith	
NC 40-E2	Sat	June 10	8:30 a.m.–5 p.m.	No Fee
NC 40-E3	Sat	July 29	8:30 a.m.–5 p.m.	No Fee
		Instructor: D.	Hawley	
	Location:	Crown Cove Ac	uatic Center	
		5000 Hwy 75, 0	Coronado, 92118	
NC 40-E4	Th	June 15	8 a.m.–4:30 p.m.	No Fee
NC 40-E5	Th	July 20	8 a.m.–4:30 p.m.	No Fee
		Instructor: D. I	Hawley	
	Location:	City of Chula V	ista Public Works	
		1800 Maxwell F	Road, Chula Vista, 91910	
NC 40-E6	Μ	June 5	8 a.m.–4:30 p.m.	No Fee
NC 40-E7	Μ	July 10	8 a.m.–4:30 p.m.	No Fee
		Instructor: W.	Price	
	Location:	HHSA— The K	nowledge Center	
		5469 Kearny Vi	Ila Rd., Ste.1000, San Di	ego,
		92123		-

Required textbook must be brought to class: <u>Heartsaver First Aid</u> <u>CPR AED (2015)</u> (available in the SWC bookstore). American Heart Association (AHA) course completion certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you.

CPR for the Professional Rescuer

Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association. 8–9 hours.

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NC 1007-E1	Sat	June 17	8:30 a.m.–6 p.m.	No Fee
		Instructor: M. S	mith	
NC 1007-E2	Sat	July 22	8:30 a.m.–6 p.m.	No Fee
		Instructor: D. H	awley	
	Location:	Crown Cove Aq	uatic Center	
		5000 Hwy 75, C	oronado, 92118	
NC 1007-E3	Т	June 6	8 a.m4:30 p.m.	No Fee
NC 1007-E4	Т	July 11	8 a.m4:30 p.m.	No Fee
		Instructor: W. F	Price	
	Location:	HHSA—The Kn	owledge Center	
		5469 Kearny Villa Rd., Ste.1000, San Diego, 92123		

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive course completion certificate. Required book: <u>BLS Provider Manual 2015</u>, available at the SWC bookstore. American Heart Association (AHA) course completion certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you. Follows the guidelines of the AHA.

Basic Life Support (BLS) Instructor

Designed to advance the Basic Life Support (BLS) provider to the position of instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training. Limitation of enrollment to current certified BLS providers. **Instructor: D. Hawley**, 16 hours.

NC 1039-E1 SatSun June 24-25 8:30 a.m.-5 p.m. No Fee

First Aid for Public Safety Personnel–Title 22

Contains first aid skills for public safety personnel as a first responder to provide initial care regardless of the emergency. Course is divided into four units: first responder assessment, specific injuries, muscle and bone injuries, and medical emergencies. Meets the skill and knowledge requirements of Title 22 of the California Code. Instructor: W. Price, 16 hours.

NC 15-E1	M–Th	June 19–22	5:30–9:30 p.m.	No Fee
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Oxygen Administration for the Professional Rescuer

Provides the student with the knowledge and skills necessary to provide care to victims of respiratory emergencies, by using breathing devices such as; suction, oral and airway adjuncts, resuscitation masks, bag-valve-masks, and supplemental oxygen. Follows both the American Red Cross (ARC) and the National Safety Council (Green Cross) guidelines. **Instructor: W. Price,** 3 hours.

NC 1014-E1	М	June 12	5:30–8:30 p.m.	No Fee
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Lifeguard Training

Provides students with skills and information which will help them effectively prevent, recognize, and respond to aquatic emergencies including in-and-out of water skills, CPR for professional rescuer, first aid, open water experience, and cardiovascular and swim conditioning elements. Certifications include American Red Cross Lifeguard Training. (Including First Aid and CPR/PRO) Instructor: W. Price, 36 hours.

NC 70-E1	Sat	June 10	8:30 a.m.–5 p.m.	No Fee		
		(Las Palmas Pool)				
	Sun	June 11	8:30 a.m.–5 p.m.			
		(CCAC)				
	F	June 16	5:30–9:30 p.m.			
		(CCAC)				
	Sat	June 17	8:30 a.m.–5 p.m.			
		(Las Palmas Po	ol)			
	Sun	June 18	8:30 a.m.–5 p.m.			
		(Las Palmas Po	ol)			
	Location:	Las Palmas Poo	bl			
		1800 E. 22 nd St.	, National City, 91950			

Ocean Lifeguarding for Recreation Assistants

Provides supplemental training to the student desiring to work as an ocean lifeguard or recreational assistant. Focuses on the skills and knowledge necessary to prevent and respond to emergencies in an ocean, bay, or beach environment. Emphasizes instruction on maintaining a safe aquatic environment, demonstration of manipulative skills, injury prevention, facility surveillance, patron surveillance, and ocean rescue techniques.

Instructor: W. Price, 8 hours.

NC 106-E1	FSat	June 23–24	4–8 p.m.	No Fee
	i Jai	JUNE 20-24	4-0 p.m.	11016

Boating Safety Paddle Sports Leader Training

This course is designed for those pursuing careers as recreation assistants in aquatic recreation programs. Training covers small craft safety, general operations, basic rescue, skill development and instructional methods in teaching kayaking, canoeing, and outrigger canoeing. Successful completion leads to certification in small craft, basic rescue and paddle sports leader. This course is recommended for American Canoeing Association (ACA) instructor preparation. Instructor: C. Gleason, 24 hours.

NC 1064-E1 SatSun June 10–18 8:30 a.m.-3:30 p.m. No Fee

Basic Boating & Water Safety for Recreation Assistants

This course provides the recreation assistant with a basic understanding of the areas of personal boating safety, boating laws, navigational rules and aids, small vessel operation, boating accident prevention and water rescue. Leads to certification from the California Department of Boating and Waterways.

Instructor: C. Gleason, 4 hours.

NC 1046-E1	TTh	June 6–8	5:30–8:30 p.m.	No Fee
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Fee-Based Classes

Career and Professional Development

Make Extra Income as a Wholesale Auto Dealer from Home

Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling techniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions.

Instructor: Wayne Williams, 7 hours. Room 1682

CS 257-60	WTh	July 12–13	6–9:30 p.m.	Fee: \$85
		\$25 materials fe	e paid in class	

Voice-Overs...Now is your Time!

CS 148-60

Μ

In what could be one of the most enlightening 2 hours you've ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. In this class, you will learn about a unique, outside-of-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for! **Instructor: Lisa Foster**, 2 hours. **Room 1685B**, Lisa Foster's voice can be heard on commercials and narrations for such clients as: Crest Toothpaste, Olay, Café, Appassionato, LA Weight Loss, Advanced Laser Clinics and Sleep Train.

6:30-8:30 p.m.

Fee: \$45

Enroll Early!
Classes fill up quickly

July 10

California State Notary Public Seminar

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned

Registration form on page 26

notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam.

Instructor: Thomas Peavyhouse, 7 hours. Room 1680

CS 14-50	Sat	July 22	8 a.m.–4 p.m.	Fee: \$75
		\$45 materia	ls fee paid in class.	
		Optional Sta	ate exam scheduled 5-6	6 p.m. for an
		additional \$4	40 fee.	

Loan Signing–Notary Public Seminar

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of both the Notary Public and the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in this career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor.

Instructor: Thomas Peavyhouse, 7 hours. Room 1682

CS 143-50	Sun	July 23	9 a.m.–5 p.m.	Fee: \$75
		\$70 materia	Ils fee paid in class.	

Work at Home as a Medical Transcriptionist

Demand for medical transcriptionists is soaring! Join a field that pays well and gives you the flexibility of working at home, in a medical office, or in a hospital. Learn proven strategies for where best to learn medical transcription, how to market your business, grow a client base, equipment, software, transcription machines and electronic transfers, working for a service and much more.

Instructor: Deborah Burns, 3 hours. Room 1601, Deborah Burns will share her many years of experience as a business owner in this exciting introduction to the field of medical transcription.

CS 51-60	Μ	July 17	6–9 p.m.	Fee: \$40
		\$20 material fee	e paid in class	

NEW! Exploring 50 Self-Publishing/E-Publishing Options

Self-publishing is all the rage, but is it the best options for YOU? You will discover the pros and cons of all the self-publishing options, including print-on-demand and e-book publishing, as well as the Amazon option of Create Space. You will leave with a rated description of 50 self-publishing companies. We also discuss how finding a traditional publisher compares. Come learn how to publish that manuscript you have been working on. (The instructor is an author, agent, & has been published.) **Instructor: LeeAnne Krusemark**, 3 hours. **Room 1680**

CS 296-60	Т	June 6	6:30–9:30 p.m.	Fee: \$30
		\$20 material	fee paid in class	

Booting Up for Big Bucks! Over 120 Work-From-Home Business Ideas!

The Internet has enabled people to run a business with low startup costs and high profitability. From information brokers, to freelancers, to eBay sellers, people have used their computers to build their fortunes. This class presents more than 120 high-demand businesses that can be completely run from your home computer. These computer-based businesses may utilize skills you already have, skills that are easily attained, or skills requiring formal training. This class will cover how to create different types of businesses using easy methods for bookkeeping and taxes, to make sense of the legal "mumbo-jumbo" (sales taxes, business licensure, and business structure), to make a profit-boosting website, and to find FREE resources that can give you a leg up! Instructor: Nancy Miller, 3 hours. Room 1601

CS 278-60	Т	June 27	6:30–9:30 p.m.	Fee: \$39
		\$30 materials	fee paid in class	

Art, Music, and Crafts

Design Principles and Techniques for Exceptional Floral Arrangements

This fun and informative class will explore principles and techniques of floral design. The principles of design will be explained as they relate to floral arranging. Floral Master's techniques will be explored for use in making your floral designs special. Most of the class time will be spent with hands-on designing of one special floral piece the student will keep. Unusual and exotic materials and flowers will be provided. Each arrangement will be uniquely different and all will be truly exceptional. **Instructor: Betty Patterson Del Sol**, 4 hours. **Room 1801**, Students will keep their own floral arrangement at the end of class.

CS 210-50	Sat	July 22	9 a.m.–1 p.m.	Fee: \$40
		\$25 materials fee paid	to the instructor	

Mosaic Art

Students will learn basic techniques needed to construct mosaic art works including the selection of appropriate materials, cutting and breaking selected materials, aesthetic arrangement of materials through the study of basic elements and principles of design, adhering mosaic materials to flat and three-dimensional surfaces, grouting, and cleaning finished projects.

Instructor: Bernadette Mingus, 15 hours. **Room 754**, Students must purchase their own personal safety glasses and bring them to first class meeting. Students are required to obey all class safety rules.

CS 242-50	Sat	June 3, 17, & July 8	9 a.m.–2 p.m.	Fee: \$70
		\$20 materials fee paid	in class	

Financial Planning

Living Trust–Family Inheritance

In this three-hour seminar you can learn how to protect your assets so they go directly to your family and not to costly attorney fees! Proper planning is essential for anyone who owns a home, has a spouse, children, or dependents. Learn how living trusts work and can help your family avoid probate. Find out how to preserve and monitor assets and how a trust can also serve as a tax shelter for large estates. Insight on the value of Durable Powers of Attorney will be explained.

Instructor: Sami Martinez, 3 hours. **Room 1685A**, Sami Martinez is an attorney and estate planner practicing exclusively in the areas of wills and trusts, trust administration, probate, and charitable giving.

CS 68-50 Sat June 17 9 a.mNoon Fee: \$	S 68-50	i8-50 Sat Jur	ne 17	9 a.m.–Noon	Fee: \$35
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Self-Improvement

Build Your Own Website in Minutes for FREE!

If you can use a word processor, you can create your own website in just minutes for free including text, graphics, a shopping cart, and the ability to customize it any way you want it. Forget about learning HTML code, buying expensive software programs, and spending days in classroom sessions. This class will show you how to have your site up and running in just minutes. You'll understand the BEST parts and pieces to put on your site to make it work the way you want it to and how to link and list it with the major search engines.

Instructor: Mike Rounds, 3 hours. **Room 1680**, Instructor only provides information and demonstration for building a website.

CS 279-60 T June 27 6:30–9:30 p.m. Fee: \$39 \$30 materials fee paid in class

Making the Most of Social Security

One of the most important decisions that you need to make before you retire is when to take Social Security. Whether you are single, married or divorced, there may be ways to maximize your Social Security. It is important to have good understanding of the inner workings of the Social Security to be able to maximize your benefits.

Instructor: Michael Dose, 2 hours. Room 510

CS 288-50	Sat	July 8	10 a.m.–Noon	Fee: \$10
CS 288-51	Sat	July 22	10 a.m.–Noon	Fee: \$10
		\$5 materials	fee paid in class	



NEW! Understanding Islam

Few understand the context and complexity of the sacred tradition of Islam. The values, teachings, and ethics of Islam are no less a standard of human behavior than other morality-based traditions. In this class, we will review a brief history, the impressive world teacher - Muhammad, basic theological concepts, social teachings, the status of women, and also look at the esoteric branch of Islam, Sufism. Here is your chance to understand Islam and its importance to any apprehension of comparative worldviews. Instructor: Matthew Wion, 8 hours. Room 1687A.

CS 295-60 Sat June 3 & 17 11 a.m.-1 p.m. July 8 & 22



TRAFFIC SCHOOL

Southwestern College is certified as an official Traffic Violator School (TVS) available to individuals who have received a traffic citation. If you have been referred to a TVS by the court, you may void the citation from your driving record and protect your current insurance rate by attending a DMVapproved Traffic Violator School. **You must check in by 7:45 a.m. and remain for the entire 8-hour program to meet the DMV requirement. Instructors: Paulino Leon/Philip Ochoa**, 8 hours. **Room 662**

ENGLISH:

Fee: \$40

CS 17-50	Sat	June 3	8 a.m.–4 p.m.	Fee: \$40
CS 17-51	Sat	June 17	8 a.m.–4 p.m.	Fee: \$40
CS 17-53	Sat	July 22	8 a.m.–4 p.m.	Fee: \$40
CS 17-54	Sat	Aug. 5	8 a.m.–4 p.m.	Fee: \$40

July 8

SPANISH:

CS 17-52S Sat

8 a.m.-4 p.m. Fee: \$40

RN First Assistant - RNFA Program



PRESENTED BY: The National Institute of First Assisting, Inc. (NIFA®) in partnership with the Southwestern College in San Diego California.

NATIONAL STANDARDS: RN First Assistant (RNFA®) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI®) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

ELIGIBILITY

RNs: Registered Nurses who qualify for the program must be CNOR or CNOR-eligible and must:

- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.
- RNs must submit proof of CNOR certification prior to graduating from the program.

APRNs: Board-certified or board-eligible Advance Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN's must submit proof of national certification prior to graduating from the program.

AREA OF STUDY Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

Contact NIFA at 1-800-922-7747 Mon.–Thurs. 7:30–5:00, Fri. 7:30–4:00 MST Visit **www.RNFA.org** or email: **info@NIFA.com**

Jennifer Curran RN, CNOR, CRNFA Dean Parsons RN, CNOR, RNFA See NIFA on the front page of www.AORN.org

Jaguar Tennis Academy at Southwestern College

900 Otay Lakes Road, Chula Vista, 91910 | (619) 421-6622

Staff

The Jaguar Tennis Academy offers various programs for Juniors and Adults through group clinics and also private instruction. On-site registration at the Tennis Academy Office only. Flyers for each program are available at the Tennis Academy Office.

Susan Reasons, Jaguar Tennis Academy Coach, SWC Head Women's Intercollegiate Tennis Coach, B.A. Physical Education, California Community College Teaching Credential, SWC Exercise Science Tennis Instructor, PTR Certified. Southwestern College Athletic Department Hall of Fame Coach.

Please call Coach Susan Reasons at **619-421-6622 or email:** <u>susanreasons@yahoo.com</u> for registration information on specific dates and times of classes listed. Registration at Jaguar Tennis Academy Office Only.

Beginning/Advanced Beginning Junior Training Program (Ages 8-17)

Basic skill introduction. To include ground strokes, positioning, footwork, and introduction to serving and ball tossing. Development of hand eye coordination. Physical conditioning included.

Instructors: Susan Reasons, 1 hour per week/4-week sessions.

Т	5–6 p.m.	Fee: \$60
W	4:30–5:30 p.m.	Fee: \$60
Th	4-5 p.m.	Fee: \$60
F	3:30–4:30 p.m.	Fee: \$60

Intermediate Junior Training Program (Ages 8-17)

Focuses on more development of groundstrokes to include consistency and placement. Development of consistency and placement of serves from the baseline. Rallys from mini-tennis court areas and basic games, as well as introduction of volleys. Footwork and conditioning included. Instructors: Susan Reasons, 2 hours per week/4-week sessions.

M	4:30–6:30 p.m.	Fee: \$85
Th	5–7 p.m.	Fee: \$85

Advanced Intermediate/Advanced Junior Training Program (Ages 9–17)

Further growth with rallying of full court with groundstrokes. Using serves to start games, addition of scoring, and net game improvement to include volleys, overheads and approach shots. Game playing of singles and doubles. Basic strategy, court positioning. Foot work and conditioning included.

Instructors: Susan Reasons, 2 hours per week/4-week sessions.

W 5:30–7:30 p.m. Fee: \$85

Advanced Adult Beginning/Intermediate Level (Ages 18 and up)

Clinic will teach the basics of Tennis...to include, Serves, Return of Serve, Forehand and Backhand Ground Strokes, Volleys, also Basic Rules of Play and Scoring. Footwork and Positioning of Play will also be included. Ball Machine will be available during class for instructional use. Instructor: Susan Reasons, 1.5 hours per week/4-week sessions.

6:30–8 p.m. Fee: \$65

Beginning Adult Level Class (Ages 18 and up)

М

Class will receive instruction on Forehand and Backhand Ground Strokes, Serving, Positioning, Court Knowledge, Basic Rules of Scoring. Plus Footwork Intro to Net Play with Volleys will also be included. Pre-Registration required. Class size limited to 10 students. Instructor: Susan Reasons, 1.5 hours per week/4-week sessions.

Check out the Southwestern College Intercollegiate Women's Tennis Team at <u>www.swccd.edu</u> and click on Athletics.

For registration information, call Continuing Education at 619-421-6622

T 6–7:30 p.m. Fee: \$65 June 6–Sept. 26 (Four one-month sessions)

Southwestern College **Online Learning**

ed2go Online Classes Via the Internet Online Classes start: June 14, July 17, and August 16

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. You can complete any course entirely from your home or office. Any time of the day or night.

FEATURES:

- Courses run for six weeks (with a 10-day grace period at the end).
- Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

HOW TO GET STARTED:

- 1. Visit our Online Instruction Center: www.ed2go.com/ swc
- Click the Courses link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the Classroom.
- 3. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your email and the password you selected during enrollment.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Discover Digital Photography

An informative introduction to the fascinating world of digital photography equipment.

THESE COURSES DO NOT OFFER COLLEGE CREDIT

More courses available at our website.



- For information about these online classes or to register, go to www.ed2go.com/swc
- For a demonstration of an actual course, go to www.ed2go.com/demo/

Requirements: All courses require Internet access, e-mail, Netscape Navigator, or Microsoft Internet Explorer. Some courses may have additional requirements. Please visit the Online Instruction Center for more information.

You will be able to download a letter of completion at the end of each course. **These courses do not offer college credit.**

Fees are nonrefundable two weeks after the class starts.

INTERNET AND WEB DESIGN

Cse. No.	Title	Fee
ETG-101	Creating Web Pages	\$110
ETG-102	Introduction to ASP.NET	\$110
ETG-104	Introduction to CSS3 and HTML5	\$110
ETG-106	Introduction to PHP and MySQL	\$110
ETG-107	Introduction to Java Programming	\$110
ETG-108	Intermediate CSS3 and HTML5	\$110
ETG-109	Intermediate JAVA Programming	\$110
ETG-111	Achieving Top Search Engine Positions	\$110
ETG-112	Advanced Web Pages	\$110
ETG-114	Blogging and Podcasting for Beginners	\$110
ETG-116	Designing Effective Websites	\$110
ETG-117	Introduction to Microsoft Outlook 2010	\$110
ETG-120	Introduction to Crystal Reports	\$110
ETG-121	Introduction to Flash CS5	\$110
ETG-122	Introduction to Crystal Reports 10	\$110
ETG-123	Intermediate Flash CS5	\$110
ETG-124	Creating Mobile Apps with HTML5	\$110
ETG-125	Creating WordPress Websites	\$110

COMPUTERS

Cse. No.	Title	Fee
ETG-200	Introduction to PC Troubleshooting	\$105
ETG-204	Introduction to Microsoft Excel 2007	\$105
ETG-206	Advanced Microsoft Excel 2007	\$105
ETG-207	Introduction to Microsoft Access 2007	\$105

ETG-208 ETG-209 ETG-210 ETG-212 ETG-213 ETG-214 ETG-215 ETG-216 ETG-217 ETG-218 ETG-220 ETG-220 ETG-221 ETG-222 ETG-223 ETG-223 ETG-224 ETG-225 ETG-226 ETG-227 ETG-228 ETG-229 ETG-229 ETG-230 ETG-231 ETG-233 ETG-233 ETG-234 ETG-234 ETG-234 ETG-234 ETG-234	Intermediate Microsoft Access 2007 Introduction to Microsoft Word 2010 Intermediate Microsoft Word 2007 Introduction to Microsoft PowerPoint 2007 Basic CompTIA A+ Certification Prep Intermediate CompTIA A+ Certification Prep Advanced CompTIA A+ Certification Prep Introduction to Microsoft Word 2007 Introduction to Dreamweaver CS5 Keyboarding Introduction to Microsoft Excel 2010 Introduction to Microsoft Project 2007 Advanced Microsoft Excel 2007 Introduction to PC Security Introduction to Microsoft Project 2010 Photoshop CS5 for the Digital Photographer Intermediate Microsoft Excel 2010 Introduction to Microsoft PowerPoint 2010 Introduction to Microsoft Access 2010 Introduction to Microsoft Access 2010 Intermediate Microsoft Access 2010 Intermediate Microsoft Access 2010 Intermediate Microsoft Access 2010 Introduction to InDesign CS4 Introduction to Illustrator CS5 Photoshop Elements 10 for the Digital Photographer Introduction to Photoshop CS5 Introduction to InDesign CS5
ETG-236	Photoshop CS5 for the Digital Photographer II
ETG-237 ETG-238	Introduction to Illustrator CS4 Introduction to Photoshop CS4
ETG-239	Intermediate Photoshop CS4
ETG-241	Introduction to Database Development
ETG-242	Introduction to Networking
ETG-243	Intermediate Networking
ETG-244	Computer Skills for the Workplace
ETG-245	Intermediate Microsoft Word 2010
ETG-246 ETG-247	Introduction to SQL Intermediate SQL
ETG-247 ETG-248	Intermediate Oracle
ETG-240	Introduction to C++ Programming
ETG-250	Introduction to C# Programming
ETG-251	What's New in Microsoft Office 2007
ETG-252	What's New in Microsoft Office 2010
ETG-253	Wireless Networking

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TECH PREP AND SPECIAL INTEREST

Cse. No.	Title
ETG-300	Write Fiction Like A Pro
ETG-301	The Craft of Magazine Writing
ETG 302	Beginning Writer's Workshop
ETG-303	Writing Effective Grant Proposals
ETG-304	A to Z Grant Writing
ETG-305	Instant Italian
ETG-306	GRE Preparation – Part 1 (Verbal and Analytical)
ETG-307	GRE Preparation – Part 2 (Quantitative)
ETG-308	LSAT Preparation – Part 1
ETG-309	LSAT Preparation – Part 2
ETG-310	Grammar Refresher

ETG-311	Beginning Conversational French	\$105
ETG-312	Writeriffic: Creativity Training for Writers	\$105
ETG-313	Travel Writing	\$105
ETG-314	Speed Spanish	\$105
ETG-315	Grammar for ESL	\$105
ETG-316	Medical Terminology: A Word Association Approach	\$105
ETG-317	Introduction to Natural Health and Healing	\$105
ETG-318	GMAT Preparation	\$105
ETG-319	Discover Digital Photography	\$105
ETG-321	Genealogy Basics	\$105
ETG-322	Learn to Buy and Sell on eBay	\$105
ETG-323	Secrets of Better Photography	\$105
ETG-324	Conversational Japanese	\$105
ETG-325	Photographing People with your Digital Camera	\$105
ETG-326	Speed Spanish II	\$105
ETG-327	Writing Essentials	\$105
ETG-328	Twelve Steps to a Successful Job Search	\$105
ETG-329	Where Does All My Money Go?	\$105
ETG-330	Get Assertive!	\$105
ETG-331	Explore a Career as an Administrative Medical Assistant	t \$105
ETG-332	Leadership	\$105
ETG-333	Interpersonal Communication	\$105
ETG-334	Personal Finance	\$105
ETG-335	Explore a Career in Medical Coding	\$105
ETG-336	Human Anatomy and Physiology	\$105
ETG-337	Keys to Effective Communication	\$105
ETG-338	Become a Veterinary Assistant	\$105
ETG-339	Become a Veterinary Assistant II: Canine Reproduction	\$105
ETG-340	Become a Veterinary Assistant III: Practical Skills	\$105
ETG-341	Introduction to Digital Scrapbooking	\$105
ETG-342	Achieving Success with Difficult People	\$105
ETG-344	Solving Classroom Discipline Problems	\$105
ETG-345	Stocks, Bonds, and Investing: Oh My!	\$105
ETG-346	Introduction to Screenwriting	\$105
ETG-348	Fundamentals of Technical Writing	\$105
ETG-349	Keys to Effective Editing	\$105
ETG-351	Handling Medical Emergencies	\$105
ETG-352	Write Your Life Story	\$105
ETG-353	Assisting Aging Parents	\$105
ETG-354	Lose Weight and Keep It Off	\$105
ETG-355	Become a Physical Therapy Aide	\$105
ETG-356	Spanish for Medical Professionals	\$105
ETG-357	Understanding Adolescents	\$105
ETG-358	Spanish in the Classroom	\$105
ETG-359	Creating a Classroom Web Site	\$105
ETG-360	Teaching Preschool: A Year of Inspiring Lessons	\$105
ETG-361	The Creative Classroom	\$105
ETG-362	Teaching Smarter With SMART Boards	\$105
ETG-363	Ready, Set, Read!	\$105
ETG-364	Teaching Students with ADHD	\$105
ETG-365	Guided Reading & Writing: Strategies	\$105
	for Maximum Student Achievement	
ETG-366	Differentiated Instruction in the Classroom	\$105
ETG-367	Guided Reading: Strategies for the Differentiated	\$105
	Classroom	
ETG-368	Teaching Students with Learning Disabilities	\$105
ETG-369	Teaching Students with Autism: Strategies for Success	\$105
ETG-370	Response to Intervention: Reading Strategies	,
	That Work	\$105
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ETG-371	Singapore Math Strategies: Model Drawing for Grades 1–6	\$105	MANA
ETG-372	Singapore Math: Number Sense and Computational Strategies	\$105	Cse. No. ETG-625 ETG-628
ETG-373	Writing for Children	\$105	ETG-020
ETG-374	SAT/ACT Preparation–Part 1	\$105	ETG-630
ETG-375	SAT/ACT Preparation–Part 2	\$105	ETG-631
ETG-376	Introduction to Stock Options	\$105	ETG-632
ETG-377	Keys to Successful Money Management	\$105	ETG-633
ETG-380	Introduction to Interior Design	\$105	ETG-634
ETG-381	Start Your Own Edible Garden	\$105	ETG-635
ETG-382	Resume Writing Workshop	\$105	ETG-636
ETG-383	Enhancing Language Development in Childhood	\$105	ETG-637
			ETG-639
	BUSINESS	_	ETG-641
Cse. No.	Title	Fee	ETG-643
ETG-400	Start and Operate Your Own Home-Based Business	\$105	ETG-646
ETG-401	Marketing Your Business on the Internet	\$105	ETG-647
ETG-402	Starting a Nonprofit	\$105	ETG-649
ETG-403	Marketing Your Nonprofit	\$105	ETG-651
ETG-404	Creating a Successful Business Plan	\$105	ETG-652
ETG-405	Starting a Consulting Practice	\$105	ETG-653
ETG-406	Start Your Own Small Business	\$105	ETG-654

ETG-407 Introduction to Internet Writing Markets

MANAGEMENT AND BUSINESS

Cse. No.	Title	Fee
ETG-625	Introduction to QuickBooks 2014	\$115
ETG-628	Purchasing Fundamentals	\$115
ETG 629	Project Management Fundamentals	\$115
ETG-630	Business Finance for Non-Finance Personnel	\$115
ETG-631	Administrative Assistant Fundamentals	\$115
ETG-632	Fundamentals of Supervision and Management	\$115
ETG-633	Effective Business Writing	\$115
ETG-634	Business and Marketing Writing	\$115
ETG-635	Employment Law Fundamentals	\$115
ETG-636	Accounting Fundamentals	\$115
ETG-637	Accounting Fundamentals II	\$115
ETG-639	Real Estate Investing	\$115
ETG-641	Building Teams That Work	\$115
ETG-643	Individual Excellence	\$115
ETG-646	Fundamentals of Supervision and Management II	\$115
ETG-647	Distribution and Logistics Management	\$115
ETG-649	Introduction to Nonprofit Management	\$115
ETG-651	Understanding the Human Resources Function	\$115
ETG-652	Administrative Assistant Applications	\$115
ETG-653	Total Quality Fundamentals	\$115
ETG-654	Project Management Applications	\$115

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\$105

Online Career Training Programs

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.



FEATURES:

- · Facilitators and mentors are available to answer questions and help you through your studies
- · Career Counselors will help you prepare for the transition from the classroom to the workplace

PROGRAMS ARE AVAILABLE IN THE FOLLOWING

AREAS:

- Business and Professional
- Healthcare and Fitness
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial
- IT and Software Development
- Courses are all open-enrollment and self paced
- All materials, workbooks, and software and included
- PAYMENT PLANS ARE AVAILABLE

CHARTERED TAX PROFESSIONAL FOR CALIFORNIA RESIDENTS

The California Chartered Tax Professional Online Certificate Program will help you become gualified as a California Tax Preparer through the California Tax Education Council (CTEC). The California Chartered Tax Professional Certificate Program is composed of six modules in Federal income tax preparation, plus a California supplement. After successfully completing the first two Federal programs and the California lessons in the California CTP Certificate Program, you'll be qualified to prepare individual

Certified Global Business Professional 160 hours \$2,495

The Certified Global Business Professional Online Training Program prepares you for the credential exam by educating you in four areas: global management, global marketing, supply chain management, and trade finance.

Certified Green Supply Chain Prof. 60 hours \$1,595 Gain the skills you'll need to make a green impact on global sourcing, material management, procurement and buying, transportation and

Certified Mediator and Arbitrator 200 hours \$3.495 The Certified Mediator and Arbitrator Program provides students with the skills and knowledge needed to practice mediation and arbitration in their current careers or private practices.

Certified Mediator and Conflict 200 hours \$3,495 **Resolution Specialist**

This comprehensive online training program will provide you with the core skills necessary for the practice of mediation and conflict resolution.

tax returns for almost all U.S. and California

taxpayers. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

PAYROLL PRACTICE AND MANAGEMENT

If you want to become a payroll specialist or update your skills, take the Payroll Practice and Management Online Training Program. The program will provide the training you need, and it will also help prepare you for the Certified Payroll Professional (CPP) test given by the American Payroll Association. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

DIGITAL ARTS CERTIFICATE

The Digital Arts Online Training Program will help you develop technical skills and creative artistry in digital imaging, traditional drawing, and digital illustration. You'll learn professional applications for Adobe Photoshop and Illustrator alongside traditional materials like pencil and charcoal. Course projects include retouching, compositing, digital illustration, and still life drawing.

This online certificate program is offered in partnership with major colleges, universities, and offer accredited education providers.

THESE COURSES DO NOT OFFER COLLEGE CREDIT MORE COURSES AVAILABLE AT OUR WEBSITE

https://careertraining.ed2go.com/swc

Certified Indoor Environmentalist Prep 32 hours \$895

The Certified Indoor Environmentalist Program will help you take the next step in your career to become an indoor air guality or green building consultant. To better understand how to create a healthy home or building by preventing, diagnosing, and resolving indoor environmental problems.

Grant Writing	300 hours	\$2,295
Learn to write grant proposals that get funded in	this nationally re	ecognized

Grant Writing online training program.

\$2,295

Non-Profit Management 300 hours Examine the fundamental principles of nonprofit management, explore

the roles and responsibilities of a nonprofit board of directors and the management team.

Pharmacy Technician 330 hours \$1,995 Pharmacy technicians support licensed pharmacists in providing health care to patients. Train to enter this rapidly growing field with this respected online program.

logistics, and new product development.

Learn the essential components for understandin	a this unique a		w/ PMP P
growing career field, including search engine opti			In this inter
marketing, and Web site copywriting.	· · · · / · · /		knowledge
			depth.
Physical Therapy Aide	150 hours	\$1,895	Ducie et M
You will learn what physical therapy entails, ident			Project Ma w/CAPM
of a PT aide, and develop a working knowledge of terminology.	or anatomy and	medical	This progra
terminology.			and will hel
Veterinary Assistant	170 hours	\$1,995	Manageme
Prepare for a new career as a Veterinary Assistant			-
care for animals and assist the veterinarian durin	g examinations		Oil Refine
Carles Dalam Dalam	400 h	¢4 505	Learn the s
Casino Poker Dealer The Casino Poker Dealer Online Training Progra	100 hours	\$1,595	operator.
as a dealer for casino table games, including sev			Power Pla
and Texas hold 'em.		inana,	Learn the s
			operator.
Biofuel Production Operations	400 hours	\$2,595	
The Biofuel Production Operations Online Training			Solar Pow
the education as a biofuel production operator, in			Learn the fu and gain the
equipment, operating computer systems, and har	ndling lab equip	oment.	dealer, insta
Certified Indoor Air Quality Manager	16 hours	\$795	
Are you a facility manager, building engineer, or h		4 -	Wind Ener
who wants to improve the indoor air quality of you			This entry-l
Certified Indoor Air Quality Manager Program is j	ust for you.		career in th
Certified Wedding Planner	340 hours	\$1,595	The Comp
This comprehensive program provides all the kno			w/Microso
work as a professional wedding planner or start y			This compr
business.	•	Ū.	skills for too
		.	CAPM® or
Carpentry	80 hours	\$1,595	The Comp
Prepare for a career as a carpenter as you master construction skills, learn to read blueprints and do			w/CAPM
hands-on practice in three workshop projects.		anu yet	This is a co
			create skills
Mastering Project Management	130 hours	\$1,695	the CAPM®
w/ Microsoft Project 2010			THESE
Translate your knowledge into skills by exploring			THESE (
topics in depth and prepare for the Project Manage	gement Profess	lional	
(PMP®) certification.			

250 hours

1,895

Search Engine Marketing

Mastering Project Management w/ PMP Prep

130 hours \$1,695

n this intermediate/advanced level program, you'll translate your nowledge into skills by exploring key project management topics in lepth.

Project Management Essentials w/CAPM Prep	60 hours	\$1,195					
This program is designed for those who are new to project manageme							
and will help you prepare for the Certified Associa	te In Project						
Management (CAPM)® certification exam.							
Oil Refinery Operations	400 hours	\$2,595					
Learn the skills you need to start work as an in-de operator.	mand oil refine	ery					
Power Plant Operations	400 hours	\$2,595					
Learn the skills you need to gain entry-level employeerator.	oyment as a po	wer plant					
Solar Power Professional	120 hours	\$1,895					
Learn the fundamentals of photovoltaic solar pow	ered energy sy	stems					
and gain the knowledge you'll need for an entry le		h a					
dealer, installer, or other photovoltaic industry con	npany.						
Wind Energy Professional	240 hours	\$2,395					
This entry-level Wind Energy Apprentice program	prepares you f	or a					
career in the wind energy industry.							
The Complete Project Manager w/Microsoft Project 2010	190 hours	\$2,295					
	This comprehensive project management program is designed to create						
skills for today's project practitioners and prepare them for either the							
CAPM® or PMP® certifications.							
The Complete Project Manager w/CAPM and PMP Prep	130 hours	\$1,995					

This is a comprehensive project management program is designed to create skills for today's project practitioners and prepare them for either he CAPM® or PMP® certifications.

THESE COURSES DO NOT OFFER COLLEGE CREDIT.

https://careertraining.ed2go.com/swc/



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Continuing Education FEE CLASS REGISTRATION FORM

LAST		FIRST			
ADDRES	s	CITY	:	ZIP	
PHONE_	1	E-MAIL			
NAME- 2	ND REGISTRANT		AGE (if	under 18)	
CLASS	NAME OF CLASS	START DATE	NUMBER OF PEOPLE	FEE	
PAYMENT METHOD: CHECK CASH TOTAL AMOUNT DUE					
Signature					
Signature		Da	te		

SS# or SWC ID# required to expedite refund-

REFUNDS

A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days prior to the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

Southwestern College Continuing Education 900 Otay Lakes Road, Building 660 (across from parking Lot H) Chula Vista, CA 91910-7299 Office hours: SPRING & FALL: M–F from 8 a.m. – 4:30 p.m. SUMMER: M–Th from 8 a.m. – 5 p.m.

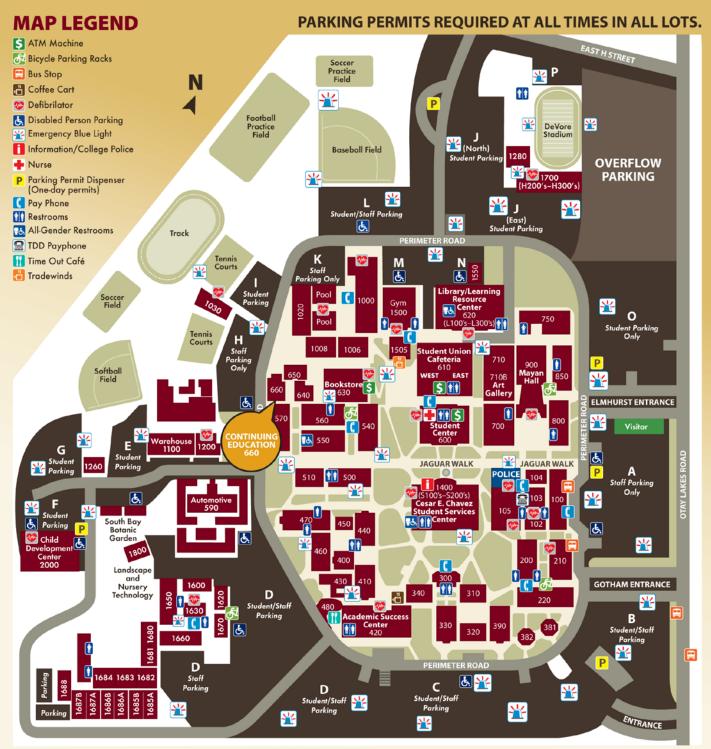
SOUTHWESTER SOUTHWESTER 900 Otay Lakes F	CREDIT APPLICATIO RN COLLEGE CONTINUING EI Road, Chula Vista, CA 91910-7					
619-482-6376 FAX 619-482-6402 SUMMER Noncredit courses are funded by local and state taxes. The information requested on this application <u>remains confidential and is required</u> to establish your eligibility to register in this publicly funded class. Thank you for your assistancePLEASE PRINT NEATLY AND DO NOT USE ANY NICKNAMES OR ABBREVIATIONS-						
Have you ever taken a class at Southwes	tern College before? NO	YES, under ID No				
	FIRST NAME	MIDDLE NAME				
HOME ADDRESS (P.O Box not acceptable) CITY	STATE ZIP CODE				
MARITAL STATUS (Please Check one):						
НОМЕ РН. ()	CELL PH. ()	E-MAIL				
BIRTHDATE (Required) :	/Year SOCIAL SECURITY NUM	MBER MALE FEMALE				
ETHNIC BACKGROUND: (Please Check one) This information required by the Department of Education in compliance with Title VI, Civil Rights Act, 1964 1. Chinese 6. Vietnamese 11. Samoan 16. Other Hispanic 21. Other Non-White 2. Japanese 7. Asian Indian 12. Other Pacific Islander 17. Filipino 22. Other-specify:						
I. Amnesty 3. Temporary Resident 7. List Other: IF YOUR STATUS IS AMNESTY, PERMANENT RESIDENT, REFUGEE/ASYLEE, OR TEMP, INDICATE CARD ISSUE DATE. IS ENGLISH THE LANGUAGE YOU SPEAK AND WRITE MOST FREQUENTLY? (Check one) HAVE YOU LIVED IN THE STATE OF CALIFORNIA FOR THE PAST 25 MONTHS? (Check one)						
Mo. / Day /Year	YES NO	YES NO				
WITHIN THE PAST 25 MONTHS, HAVE YOU, OR Maintained voter registration and voted in another s Petitioned for a divorce in another state? Filed state income taxes in another state? Attended a college or university as a resident of an	state? NO YES NO YES NO YES NO YES	If NO, since what date? Mo /Day/Year (S or NO) If yes, indicate date Mo /Day/Year If yes, indicate date Mo /Day/Year				
2. \$7,501-\$10,000 5. 5. 3. \$10,001-15,000 6. 5.	FAMILY INCOME: (Please Check one \$15,001-\$16,000 7. \$20,001-25,000 \$16,001-\$17,000 8. \$25,001-30,000 \$17,001-\$20,000 9. \$30,001-35,000	10. \$35,001-\$40,000 13. \$50,001-or above 11. \$40,001-\$45,000 14. Unknown 12. \$45,001-\$50,000 14. Unknown				
FAMILY SIZE: 1 2 3 4 4	Solution Solution 5 7 6 8	Durself (Check one) 11 13 15 12 14 15				
1. Not a high school graduate and not en 2. Not a high school graduate and curren 3. Currently in high school and 2+2 progr 4. Currently enrolled in high school (Chec 5. U.S. High School diploma (Enter mont 6. G.E.D Certificate or High School certifi 7. Certificate or California High School Principal School Pri	tly enrolled in Adult School am (Check current high school grade) ck current grade and month/year of graduation) h/year received) cate equivalency (Enter month/year received)	check one)				

Complete and Sign the back of this page

Noncredit Registration

Technic Yes 🗖	al/Certificate No 🗖		Some Co Yes 🗖	lle	ge, No Degree No □		A.A. / / Yes	A.S. Deg I No	ree o 🗖	
4-yr. Co Yes □	llege Graduate No 🗖		Graduate Yes 🗖	e St	udies No 🗖		Other Yes	-	/Degree	
									• 🗅	
	I the above outside of indicate what level of e		es 🗖 Ioma or de		ee was earned outsid	e th	e United States	and whe	ere:	
	Adult School Site (Please check all that apply) San Ysidro Adult School Chula Vista Adult School Coronado Adult School Coronado Adult School									
🗖 Mo	ontgomery Adult School		Nat	iona	al City Adult School					
Have yo	ou or do you currently	receive the fo	llowing ty	pes	of assistance:					
Public As Yes 🗖	ssistance / Welfare No 🗖	TANF Yes 🗖 🛛 N	10 🗖		WIOA TITLE I Yes D No D		Rehabilitation Yes D No]	Food Stamps / Calfresh / CashAid Yes No	
Social Se	· _	CalWorks	_	_	MediCal / MediCare		EDD	_	Other (Please explain)	
Yes 🗖	No 🗖	Yes 🗖 🛛 N	10 🗖		Yes 🗋 No 🗖		Yes 🗖 No 🛛]		
		Enrolled in High	School /K12		Improve Basic Skills		Improve English Sk	ills 🗖	High School Diploma / GED	
	e check all reasons ending Continuing	Seeking Emplo	Jinon		Retain Job		Enter College or Train	-	Work-Based Project	
	tion that apply to you:	Family Goal			U.S. Citizenship Other Attainable Goal		Military		Personal Goal	
		None			(Please explain):					
Please	check all current	Employed			Unemployed		Not Employed / Not Socki Work	ng 🗖	Retired	
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that app	ny to you.	Displaced Hom			Single Parent		Other (Please explain)		
	check all Specia l ns that you are	Corrections			Homeless		Family Literacy		Workplace Education	
	ly affiliated with:	Tutoring			Special Needs		Alternative Education		Non-Traditional Training	
		EL-Civics			PERKINS		Other (Please explain):		
(Directory	OBJECT TO SOUTHWES information is defined as: stutes of attendance, and degree	dent's name, em	ail address; p						YES DNO height of members of ath	letic
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		FOR C	DFFICE USE ONLY	
Service(s) provided at time of application (OF (AS (AD (SEF))		NCSSSP EX or NEX (circle one) NC EL or NC NEL (circle one)	
				Rev: 11/23/2016 SSSP/AEBG



- Academic Affairs
- Academic Success Center
- · Admissions and Records

213

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1280

2000

105D

Communications, Community

Continuing Education

Disability Support Services
DSS High Tech. Center

· Equity, Diversity, and Inclusion

Health, Exercise Science Building

Health Services/Campus Nurse

CTECS

• E.O.P.S.

Evaluations

Financial Aid

Fitness Center

Foundation

Gymnasium

Information

Grounds

Financial Services

Human Resources

Custodial

and Government Relations

- Adult Education Block Grant AmeriCorps/Service Learning
- Art Gallery
- Articulation
- ASO Assessment
- Athletics
- Automotive Technology
- Bookstore
- Business and Operations Cafeteria/Student Union
- CalWORKs
- Career Center
- Center for International Trade
- Development Central Plant
- Child Development Center College Police Department

- SCHOOLS AND DEPARTMENTS
- 100D-I Institutional Research, Planning 103A
 - and Grants
 - 660 Institutional Technology
 - 1400 Instructional Support Services
 - 1200 Landscape and Nursery
 - 1400 Technology 420
 - Language Acquisition Center 1400
 - Learning Resource Center Library
 - 651 Lost and Found 1400
- Facilities, Operations and Planning 1625 Maintenance
 - 1400 Math Lab

1663

1005

- Math/Science Center
- MESA Center
- 100D Nurse 1260
- · Office Support Services 1500 Online Learning Support Center
 - Outreach
- 1700 601F Payroll Services
- 1670 Perkins Office
- 1400 Planetarium
 - Prop R Trailer

- Purchasing
- Reading Lab South Bay Botanic Garden
- Staff Development
- Student Accounts and Cashiering
- Student Activities
- Student Affairs

211

105

1800

440

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105D

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601F

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- Student Employment Services
- Superintendent/President
- Tech Prep/2+2
- Tennis Center Theatre/Mayan Hall
- Time Out Café
- Tradewinds Café
- Transfer Center Veterans Services
 - Veterans Resource Center Warehouse/Receiving
 - Women's Resource Center
- Workability III
- Writing Center

SCHOOL OF: 420

1651

1800

620

1400

600

1400

1400

200A

1030

900

480

1505

1400

1400

345

1100

1400

1400

420

100

Arts, Communication and Social Sciences	702B
Business and Technology	470
Counseling and Student Support Programs	1400
Language, Literature, and Humanities	430
Mathematics, Science, and Engineering	215
Wellness, Exercise Science, and Athletics	1700

PERIODICALS



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Enroll Early! Spread the word about Southwestern College by sharing our schedule with family and friends.

To request this schedule in alternate media, please call 619-485-6512 or TTY 619-482-6470