

SOUTHWESTERN COMMUNITY COLLEGE DISTRICT

CLASS TITLE: COLLEGE TRAINER

SUMMARY DESCRIPTION

Under the direction of the Dean and/or Athletic Director, administer preventive and rehabilitative techniques to physical education students and athletes engaged in various inter-collegiate sports; assist campus nurse in rendering emergency First Aid treatment to persons injured on the campus.

REPRESENTATIVE DUTIES

The following duties are typical for this classification. Incumbents may not perform all of the listed duties and/or may be required to perform additional or different duties from those set forth below to address business needs and changing business practices.

1. Maintain and operate the campus athletic training facility. *E*
2. Plan, conduct and coordinate athletic injury, evaluation, management, and rehabilitation.
3. Administer therapeutic exercise and therapeutic modalities such as: cryotherapy, thermotherapy, electric stimulation, ultrasound, etc. as prescribed by team physician; recommend treatment of athletes. *E*
4. Administer preventive injury measures prior to practice or games such as appropriate athletic taping and bracing techniques. *E*
5. Advise injured athletes. *E*
6. Attend athletic events as assigned and render emergency First Aid treatment. *E*
7. Prepare accident forms; prepare and maintain a variety of records and forms as required. *E*
8. Assist the College Doctor and campus nurse by rendering emergency First Aid treatment to persons injured on the campus during evening hours. *E*
9. Administer emergency First Aid to persons injured on campus or at athletic events as necessary. *E*
10. Assist in the ordering of training room supplies and equipment.
11. Perform related duties and responsibilities as required.

KNOWLEDGE AND ABILITIES

Knowledge of:

Modern practices and techniques of preventative and rehabilitative treatment used in athletics.
Emergency medical procedures, orthopedic injury assessment, therapeutic modalities, therapeutic exercise.
First Aid and CPR.
Physical therapy.
Record-keeping techniques.
Oral and written communication skills.
Technical aspects of field of specialty.

Ability to:

Evaluate and treat a variety of athletic and physical education injuries accurately.

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Administer First Aid.
Operate a variety of therapeutic equipment.
Tape athletes.
Prepare and maintain complete records and written reports regarding injuries.
Train and provide work direction to student workers.
Analyze situations accurately and adopt an effective course of action.
Understand and follow oral and written directions.
Communicate with the team physician regarding significant injuries and devise appropriate medical care plans for each of those injuries.
Develop and educate student athletic trainers interested in pursuing a career in this medical field.
Analyze situations and adopt an effective course of action.
Travel to athletic events as requested.
Work with and exhibit sensitivity to and understanding of the diverse racial, ethnic, disabled, sexual orientation, and cultural populations of community college students.
Communicate clearly and concisely, both orally and in writing.
Establish and maintain effective working relationships with those contacted in the course of work.

EDUCATION AND EXPERIENCE

Any combination equivalent to: Three years of experience administering preventive and rehabilitative techniques to physical education students and/or athletes engaged in inter-collegiate sports. Must be a member of the National Athletic Trainer's Association in good standing.

LICENSE OR CERTIFICATE

Certified by the Board of Certification for Athletic Trainers.

Valid First Aid and CPR certificate issued by the American Red Cross; American or National Trainer's Association Certificate.

PHYSICAL DEMANDS AND WORKING ENVIRONMENT

The conditions herein are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential job functions.

Environment: Work is performed in both indoor and outdoor environments; travel from site to site; frequently works around athletic playing fields; exposure to all types of weather and temperature conditions, blood borne pathogens and bodily fluids. Positions may be required to work evenings, nights, and weekends. **Physical:** Primary functions require sufficient physical ability and mobility to work with athletes on playing fields or in training facilities; to stand or sit for prolonged periods of time; to occasionally stoop, bend, kneel, crouch, reach, and twist; to lift, carry, push, and/or pull moderate to heavy amounts of weight; to operate athletic training equipment requiring repetitive hand movement and fine coordination; and to verbally communicate to exchange information. **Vision:** See in the normal visual range with or without correction. **Hearing:** Hear in the normal audio range with or without correction.