

Professional Baking and Pastry

Certificate of Achievement

Career/Technical (Major Code: 01820)

Designed to prepare students to work as pastry chefs in local restaurants, hotels, resorts, bakeries, and catering establishments. Develops skills in food handling, bread and pastry baking, and decoration techniques. Introduces principles of bakery production and cost management. Students are given training to test for San Diego County food handler's certification.

BUS 290–293

	Work Experience in Business I–IV (2–4)	2
CA 181	Food Service Safety, Sanitation, and Nutrition	1
CA 182	Introduction to Baking Skills and Culinary Arts	3
CA 183	Food Purchase and Control	2
CA 184	Professional Baking and Pastry Production Basics	3
CA 185	Professional Pastry Design and Decorating	3
CA 186	Professional Baking and Pastry Production—Breads	3
CL 120	Computer Literacy	1

Total units **18**

Recommended Electives: BUS 78, 120, 142, 145, 148, 174; HLTH 204.

Note: For other options in Culinary Arts, see Hospitality, page 172.

Dance

School of Arts and Communication

Dean Donna Arnold, M.S., Office 702B, 619-482-6372

Faculty Mary Jo Horvath, M.F.A.; Dana Maue, M.A.

Department Chair Cynthia McGregor, Ph.D.

General Description

Dance as an academic department encompasses the elements of dance as a performing art, as well as the science of dance as movement. Dance is one of the oldest art forms and probably the most communicative and expressive of artistic mediums. This department explores dance history, criticism, movement techniques, body conditioning, notation, choreography, theory, improvisation, terminology, music, dance in world cultures, dance production, performance skills, and dance forms—traditional to modern.

Career Options

Below is a sample of the career options for the dance major. A few of these require an associate degree, most require a bachelor's degree, and some require a graduate-level degree: professional dancer, choreographer, teacher in community or recreation programs, high school or college instructor, dance therapist, critic, physical therapist for dancers, company director, promoter, and dance production technician. Dance is frequently integrated into theater, performance art, and video and film productions.

Degree/Certificate Options

Major Code

Associate in Arts Degree: Transfer Preparation

Dance

A1350

Consult with a counselor to develop a Student Education Plan (SEP), which lists the courses necessary to achieve your academic goal.



Some courses within this program may require additional coursework that must be completed prior to enrollment in those courses. Please consult the individual course listings for prerequisites and any other limitations on enrollment.

ASSOCIATE IN ARTS DEGREE

Dance

Transfer Preparation * (Major Code: A1350)

Dance is a rigorous, specialized area of the performing arts that communicates and expresses meaning, emotion, and cultural values. The field demands a high level of physical preparation as well as a thorough understanding of aesthetics. Designed to help students develop the technical skills and professional preparation for careers related to dance. Students develop their skills in ballet, jazz, and modern dance, concentrating on rhythm, musicality, coordination, and memory building techniques. It also offers the option to explore tap, ethnic, and social dance forms while offering opportunities for individual creativity.

ANTH 102	Cultural Anthropology	3
BIOL 260	Human Anatomy	5
DANC 109	Modern Dance I	1.5
DANC 110	Modern Dance II	1.5
DANC 113	Ballet I	1.5
DANC 114	Ballet II	1.5
DANC 115	Ballet III	1.5
DANC 117	Jazz Dance I	1.5
DANC 118	Jazz Dance II	1.5
DANC 200	Dance History and Appreciation	3
PSYC 101	General Psychology	3

Total units **24.5**

Recommended Electives: BIOL 100, 101; DANC 111, 112, 125, 126.

To earn an associate degree, additional general education and graduation requirements must be completed. See page 49.

- * Students planning to transfer to a four-year college or university should complete courses specific to the transfer institution of choice. University requirements vary from institution to institution and are subject to change. Therefore, it is important to verify transfer major preparation and general education requirements through consultation with a counselor in either the Counseling Center or Transfer Center. See catalog TRANSFER COURSES INFORMATION section on page 32 for further information.

Dental Hygiene

Higher Education Center at National City

Dean Christine M. Perri, M.A., Office 7103B, 619-216-6668

Faculty Kesa Hopkins, M.S., Linda Lukacs, D.D.S., Teresa Poulos, M.Ed.

Director Vickie Kimbrough-Walls, Ph.D..

General Description

A dental hygienist is a licensed health care professional, oral health educator, and clinician who, as a co-therapist with a dentist, provides preventive, educational, and therapeutic services supporting total health for the control of oral diseases and the promotion of oral health. A registered dental hygienist has graduated from a minimum of two year college program that includes classroom studies and extensive supervised clinical experience.

The program prepares student for a career in dental hygiene through he study of humanities, social and natural sciences, and the field of dental hygiene. Emphasis is on clinical practice in the context of dental hygiene care. Graduates are eligible to apply to take national and state examinations to earn the RDH license.

Generally, the dental hygienist may work in general and specialty oral health practices. Other areas of employment include programs for research, professional education, and community health; hospital and institutional care of disabled persons; federal programs, such as the armed services; or other health service locations as specified in statute or as authorized by the state board of dentistry/dental hygiene.

Career Options

Although the dental hygienist primarily provides preventive and therapeutic services in a private dental office or clinic, the hygienist may provide services in public health settings, schools, skilled nursing facilities and mobile clinics. Clinical practice generally requires an associate degree education. The hygienist may also serve as an administrator/manager for community dental health programs or dental product companies, an educator in dental hygiene and dental school programs, or a researcher in a university or corporate setting. Many of these roles may require a bachelor's or graduate-level degree.

Program Goals

Upon completion of the dental hygiene program the graduate will:

- Demonstrate the knowledge to pass the National Board Dental Hygiene Examination (NBDHE).
- Demonstrate the clinical skills necessary to pass the California Registered Dental Hygienist Licensure Examination.
- Demonstrate the knowledge to pass the California Dental Law and Ethics Examinations.
- Secure entry-level employment as a dental hygienist.

Degree/Certificate Options

Associate in Science Degree: Career/Technical

Dental Hygiene

Major Code

02380

Consult with a counselor to develop a Student Education Plan (SEP), which lists the courses necessary to achieve your academic goal.