

SOUTHWESTERN COMMUNITY COLLEGE DISTRICT

CLASS TITLE: COLLEGE TRAINER

RANGE: 35

DISTRICT VALUES

Incumbents in District positions are expected to exhibit an equity-minded focus, responsiveness, and sensitivity to and understanding of the diverse academic, socioeconomic, cultural, gender identity, sexual orientation, and ethnic backgrounds of community college students, and employees, including those with physical or learning disabilities, and successfully foster and support an inclusive educational and employment environment.

SUMMARY DESCRIPTION

Under the direction of the Dean and/or Athletic Director, administer preventive and rehabilitative techniques to physical education students and athletes engaged in various inter-collegiate sports.

REPRESENTATIVE DUTIES

The following duties are typical for this classification. Incumbents may not perform all of the listed duties and/or may be required to perform additional or different duties from those set forth below to address business needs and changing business practices.

1. Maintain and operate the campus athletic training facility. **E**
2. Plan, conduct and coordinate athletic injury, evaluation, management, and rehabilitation.
3. Administer therapeutic exercise and therapeutic modalities such as: cryotherapy, thermotherapy, electric stimulation, ultrasound, etc. as prescribed by team physician; recommend treatment of athletes. **E**
4. Administer preventive injury measures prior to practice or games such as appropriate athletic taping and bracing techniques. **E**
5. Advise injured athletes. **E**
6. Attend athletic events as assigned and render emergency First Aid treatment. **E**
7. Prepare accident forms; prepare and maintain a variety of records and forms as required. **E**
8. Administer emergency First Aid to persons injured on campus or at athletic events as necessary. **E**
9. Assist in the ordering of training room supplies and equipment.
10. Perform related duties and responsibilities as required.

KNOWLEDGE AND ABILITIES

Knowledge of:

- Modern practices and techniques of preventative and rehabilitative treatment used in athletics.
- Emergency medical procedures, orthopedic injury assessment, therapeutic modalities, therapeutic exercise.
- First Aid and CPR/AED.
- Physical therapy.
- Record-keeping techniques.
- Oral and written communication skills.
- Technical aspects of field of specialty.

Ability to:

- Evaluate and treat a variety of athletic and physical education injuries accurately.
- Administer First Aid.
- Operate a variety of therapeutic equipment.
- Tape athletes.
- Prepare and maintain complete records and written reports regarding injuries.
- Train and provide work direction to student workers.
- Analyze situations accurately and adopt an effective course of action.
- Understand and follow oral and written directions.
- Communicate with the team physician regarding significant injuries and devise appropriate medical care plans for each of those injuries.
- Develop and educate student athletic trainers interested in pursuing a career in this medical field.
- Analyze situations and adopt an effective course of action.
- Travel to athletic events as requested.
- Work with and exhibit sensitivity to and understanding of the diverse racial, ethnic, disabled, sexual orientation, and cultural populations of community college students.
- Communicate clearly and concisely, both orally and in writing.
- Establish and maintain effective working relationships with those contacted in the course of work.
- Learn and adapt to changing College technology and equipment used in the performance of assigned duties.

EDUCATION AND EXPERIENCE

Any combination of training and experience which would provide the required knowledge, skills, and abilities is qualifying. A typical way to obtain the required qualifications would be:

Three (3) years of experience in the field as a College Athletic Trainer.

LICENSE OR CERTIFICATE

Certified by the National Athletic Trainers Association Board of Certification (NATABOC).

Valid First Aid and CPR/AED certificate issued by a recognized national certifying body.

PHYSICAL DEMANDS AND WORKING ENVIRONMENT

The conditions herein are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential job functions.

Environment: Work is performed in both indoor and outdoor environments; travel from site to site; frequently works around athletic playing fields; exposure to all types of weather and temperature conditions, blood borne pathogens and bodily fluids. Positions may be required to work evenings, nights, and weekends.

Physical: Primary functions require sufficient physical ability and mobility to work with athletes on playing fields or in training facilities; to stand or sit for prolonged periods of time; to occasionally stoop, bend,

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kneel, crouch, reach, and twist; to lift, carry, push, and/or pull moderate to heavy amounts of weight; to operate athletic training equipment requiring repetitive hand movement and fine coordination; and to verbally communicate to exchange information.

Vision: See in the normal visual range with or without correction.

Hearing: Hear in the normal audio range with or without correction.

March 1995
Ewing & Company

April 2009
Johnson & Associates

May 2013
Human Resources

April 2023
Human Resources