



Southwestern College DISABILITY SUPPORT SERVICES Special Class Descriptions

The following Special Class descriptions will help you in choosing classes. A minimum fourth (4th) grade reading comprehension level is necessary to read the textbooks used.

PD 1 Speech Language Hearing Assessment (.5) Unit

Lecture .5 Hour

Provides instruction on speech, language, hearing development, and learning strategies. Includes individualized assessment to identify speech, language, and hearing strengths and weaknesses. Emphasizes the development of a plan for improved speech/language skills in all college courses.

PD 7 Memory Skills (3) Unit

Lecture 3 Hours

Designed to offer special instruction to students with memory problems. Teaches students to locate, identify, organize, and recall using advanced strategies.

PD 9 Diagnostic Assessment (.5) Unit

Lecture .5 Hour

Provides a formal assessment of learning and information processing strengths and weaknesses. A written report identifying strengths, weaknesses, strategies, and recommendations for college is provided. Testing takes several appointments. The testing process begins with a 2 hour orientation with a DSS Specialist.

PD 12 Comprehension and Thinking Skills (2) Units

Lecture 2 Hours

Offers special instruction to students with disabilities to improve organization skills, language expression, and comprehension.

PD 18 Adapted Computer Instruction (2) Units

Lecture 2 Hours

Provides overview of all adapted hardware and software in the DSS High Tech Center. Students have the opportunity to try-out and learn how to use technology to enhance their learning. Beginning use of word processing, Internet, and email is taught.

PD 21 Adapted Computer Support Lab I (1) Unit

Lab 2 Hours

Preparation: PD 18

Provides students with opportunity to work independently with specialized computer programs. Semester goals and materials are identified with the DSS High Tech Center Specialist.

PD 22 Adapted Computer Support Lab II (2) Units

Lab 4 Hours

Preparation: PD 18

Provides students with opportunity to work independently with specialized computer programs. Semester goals and materials are identified with the DSS High Tech Center Specialist.

PD 23 Adapted Computer Support Lab III (3) Units

Lab 6 Hours

Preparation: PD 18

Provides students with opportunity to work independently with specialized computer programs. Semester goals and materials are identified with the DSS High Tech Center Specialist.

PD 89 Fundamentals of Mathematics (3) Units

Lecture 3 Hours

Mathematics course for students with learning deficits uses special methods and materials to teach learning strategies for computation, problem solving and real life math situations. This course can help to prepare a student to enter into Math 20, or develop basic math skills. Manipulatives are used to understand concepts.

PD 101 Orientation to College for Students With Disabilities (1) Unit

Lecture 1 Hour

Provides information about Disability Support Services and how the college system works. Students learn how to fully use the support of the DSS Office and all college support programs. College policies and procedures are reviewed to increase student confidence and success in college.

PD 110 College Success Skills for Students with Disabilities (3) Units

Lecture 3 Hours

Activity-centered course designed to assist students in developing their study and life skills. Career development, goal-setting, self-esteem, time management, note-taking, textbook reading, test taking and college resources are the primary areas of focus.

[D; CSU].

ES/L 106 Adapted Flexibility Fitness (1) Unit

Lab 3 Hours

Prerequisite: Level of physical strength and agility to avoid injury to the student and others in course activities.] Designed to lengthen muscles and increase range of motion. Multiskill-level class with emphasis on stretching and increasing flexibility. Benefits include reducing risk or injury, increasing flexibility, and increasing body awareness. [D; CSU]

ES/L 113 A-D Adapted Personalized Fitness (.5-1) Unit

Lab 2-3 Hours

Prerequisite: Level of physical strength and ability to avoid injury to the student and others in course activities. Exercise class designed to utilize the NAUTILUS Room and equipment. General strengthening and conditioning along with body maintenance and cardiovascular conditioning.

ES/L 121 A-D Adapted Aquatic Exercise (.5-1) Unit

Lab 2-3 Hours

Prerequisite: Level of physical strength and ability to avoid injury to the student and others in course activities. Provides individuals with disabilities, water resistive exercises for strength, flexibility, endurance and cardiovascular improvement, utilizes total body workout in the pool.

To request this material in alternate media, please call
Voice (619) 482-6512 or VP (619) 207-4480.