

"Family Fridays" at CCAC

NEW!

Take advantage of your summer 4/10 schedule! CCAC introduces the inaugural "Family Fridays" family kayaking each Friday beginning June 7th.

Open to *all* SWC faculty, staff and administrators and their family members.

Receive a Lesson from certified instructors and open paddle Crown Cove. Affordable family fun! Price includes Silver Strand State Beach day parking pass. Come for the morning or make it an entire day!



Live in the sunshine, swim the sea,
drink the wild air. . .

— RALPH WALDO EMERSON



Crown Cove Aquatic Center

5000 Highway 75
Coronado, CA 92118

Phone: 619-575-6176
E-mail: ccac@swccd.edu
www.swccd.edu/crowncove

All Southwestern College EMPLOYEES welcome!

FAMILY FRIDAYS begin **June 7th** and continues through **August 9th**.

Kayak classes run 10am through Noon.

Paddling instruction followed by open-paddling in the Cove!

\$15 per person* (children under age 6 free)

Price includes Parking Pass, Kayak, Paddles, PFD (life jackets)

Space limited to equipment and staff availability.

24-HR ADVANCED RESERVATIONS REQUIRED

Call 619-575-6176 by 10 am the previous Thursday.

*All participants are required to wear PFD at all times on the water;

Children must weigh 30 pounds or more to qualify