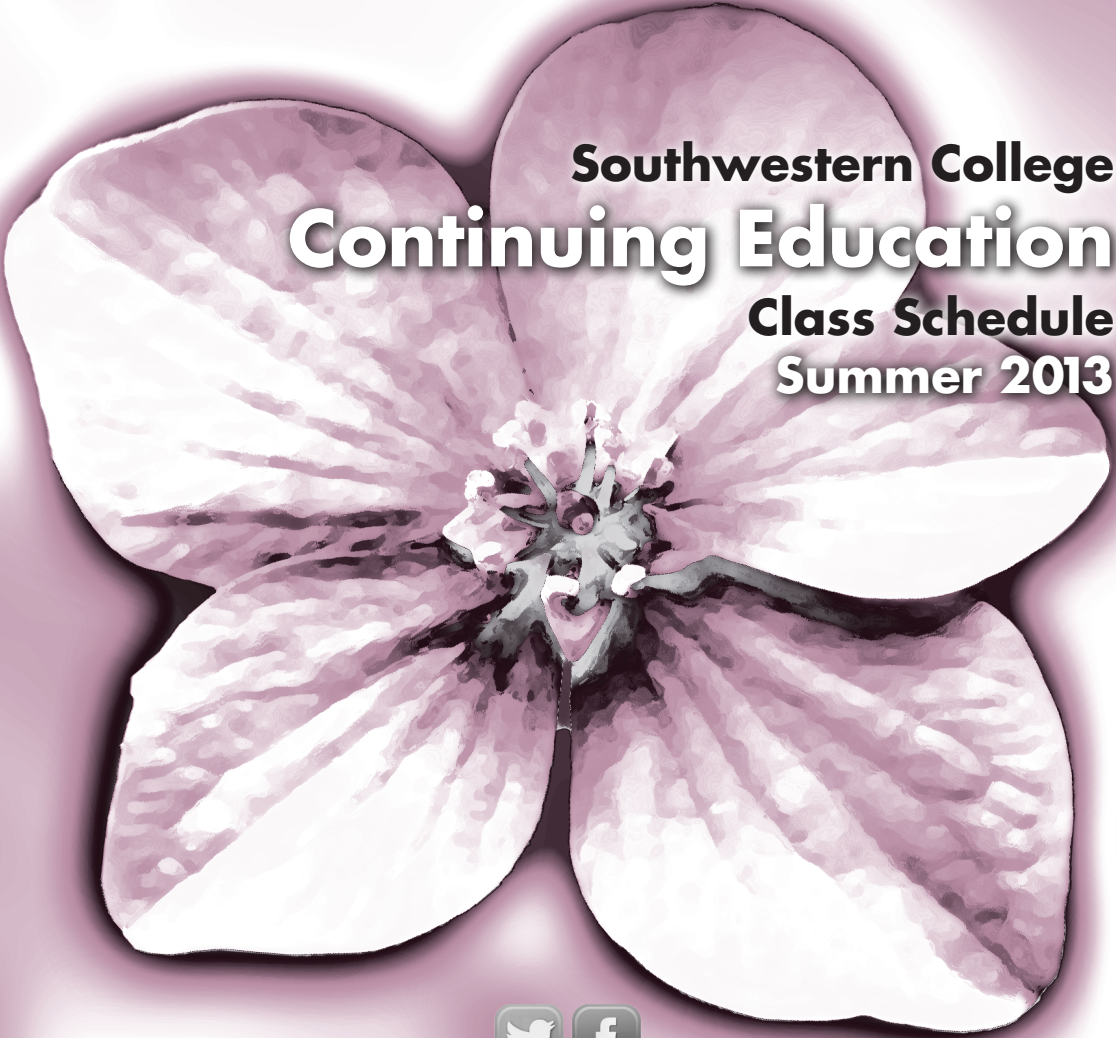


All New Classes!

- Military to Civilian Training in Supervisory Positions
- E-Publishing for iPad
- The Art of Reading
- How to Apply for College Scholarships
- Entering Your Hobby into the San Diego County Fair
- Introduction to Screenwriting: Write a Movie
- Mosaic Art
- Self-Hypnosis
- How to Train for a Marathon, Half-Marathon, 10K or 5K Race



Southwestern College
Continuing Education
Class Schedule
Summer 2013



www.swccd.edu





A Message from the Dean

Thank you for taking time to browse through Southwestern College's Summer 2013 Continuing Education class schedule. It is our goal to provide South County residents and businesses with interesting and high quality courses that can enhance your career, promote personal growth, and expand your horizons. The summer is a great opportunity to update or learn new skills through a number of courses that allow you to develop personal interests and talents. Southwestern College is offering an exciting array of new courses like: Military to Civilian Training in Supervisory Positions, E-Publishing for iPad, The Art of Reading, and How to Apply for College Scholarships. Meanwhile we continue to offer a variety of e-Learning Health Care courses such as Pharmacy Technician, EKG Technician, and Dialysis Technician.

In addition to our course offerings, we continue to provide high quality workforce training, basic skills education, and special interest courses. Feel free to contact me or the Continuing Education staff if you have ideas about what classes you would like offered.

We encourage you to review our class schedule. Hopefully, with the start of the summer, you will be challenged to learn a new skill, enhance your existing ones, find some hidden talents, or simply take a class just for fun. If you are unable to attend courses on the Chula Vista campus, then please take a look at our online course offerings. Southwestern College looks forward to partnering with you as your life-long learning center and primary choice for higher education.

Sincerely,

Mink H. Stavenga, DBA
Dean, School of Continuing Education, Economic & Workforce Development

Continuing Education Off-Campus Sites

Please do not contact these sites to register for classes.

Off-campus information is provided in the event that you require directions to the facility.

For information about classes, please refer to page 3 in this brochure entitled, "Registration Information" or call 619-482-6376

ARC of San Diego/Chula Vista
1280 Nolan Ave.
Chula Vista, CA 91911-3738
619-427-7524

Casa de Servicios
1188 Beyer Way
San Diego, CA 92154-4629
619-423-1901

Casa Pacifica
1424 30th St., Ste. C
San Diego, CA 92154-4629
619-424-8181

Chula Vista Public Library
389 Orange Ave.
Chula Vista, CA 91911
619-585-5786

Chula Vista Public Library
365 F Street
Chula Vista, CA 91910
619-691-5069

City of Chula Vista Public Works
1800 Maxwell Rd.
Chula Vista, CA 91911
619-397-6000

County of San Diego – Forensic Center
5570 Overland Ave., Ste. 101
San Diego, CA 92123
858-694-2895

Crown Cove Aquatic Center
Silver Strand State Beach
5000 Highway 75
Coronado, CA 92118-3299
619-429-1669

George Glenner Alzheimer Family Center
280 Saylor Dr.
Chula Vista, CA 91910-1849
619-420-1703

Highlander Adult Day Health Care Center
2525 Highland Ave.
National City, CA 91950-7004
619-474-0015

Martial Arts Warriors Academy
1392 E. Palomar St. Ste. 403
Chula Vista, CA 91913-1894
619-804-5000

Norman Park Senior Center
270 F St.
Chula Vista, CA 91910-2815
619-691-5086

Paradise Valley Health Care Center
2575 East 8th St.
National City CA 91950-2913
619-470-6700

St. Charles Church Parish Hall
990 Saturn Blvd.
San Diego, CA 92154-2001
619-423-0242

Seniors on Broadway
845 Broadway, Ste. 105
Chula Vista, CA 91911-6821
619-591-0063

Continuing Education

Southwestern College Continuing Education

Continuing Education provides students with extended studies designed to support professional advancement and personal success. Day, evening, and weekend classes are conveniently held at the Chula Vista campus, as well as at off-campus locations throughout South County. Many classes are tuition-free, while others require a nominal fee. There are no transcripts or grades. New classes are always being added. For an up-to-date listing of classes, visit the Noncredit section of the Southwestern College web site at www.swccd.edu.

Governing Board

Humberto Peraza Jr., President
 Terri Valladolid, Vice-President
 Norma Hernandez
 Tim Nader
 Melinda Nish, Ed.D., Superintendent/President
 Juan Luis Espinoza, Student Trustee
 June 2012–May 2013

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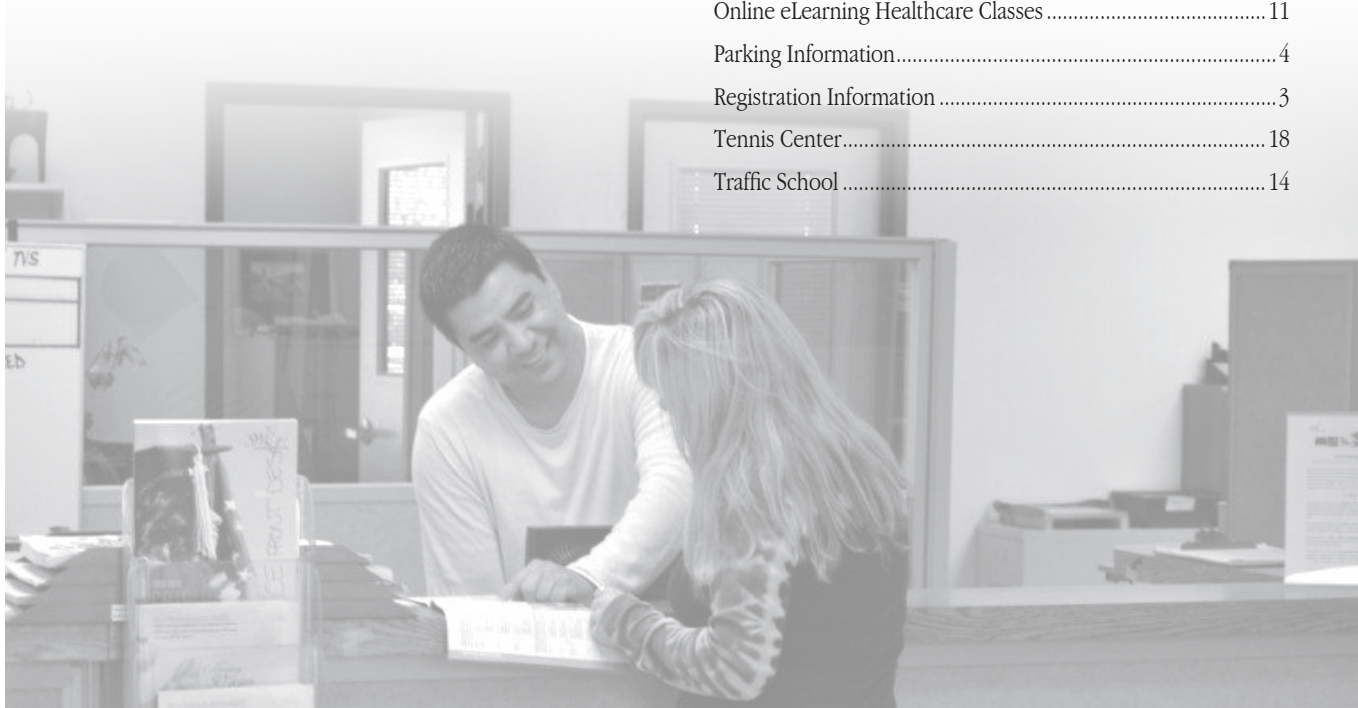


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Continuing Education

Continuing Education provides the opportunity for community residents to learn new skills and improve existing ones. This effort responds to the need for a well-trained workforce, as well as the individual need for intellectual or personal enrichment. Continuing Education presently includes the following three categories of instruction and services: noncredit curriculum, fee-based services and contract education.

Noncredit Curriculum (NC)

Noncredit courses are courses that meet community needs in ten instructional areas: parenting, basic skills, English as a Second Language (ESL), citizenship for immigrants, courses for the disabled, vocational courses, courses for older adults, home economics, health and safety, and workforce preparation [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.] Noncredit courses are open to the public, are tuition-free, and are not offered for college credit. The College receives apportionment for noncredit courses at approximately half the rate for credit courses.

Fee-Based (CS)

Fee-Based classes and programs are designated and authorized under Title 5. These programs may be offered in nearly any subject or field. These programs are supported by a fee paid by participants.



Course Description Legend

Course meeting days:

M = Monday	Th = Thursday	F = Friday
T = Tuesday	Sat = Saturday	
W = Wednesday	Sun = Sunday	

Example:

Class meets Monday through Thursday = M-Th
 Class meets on Monday and Tuesday = MT

Contract Education

Contract services are available to specific businesses and organizations by a mutually established agreement. Class participation is limited to the contract designees. Contract Education is not usually designated for credit. Contract Education and services are paid for by the contracting entity.

Continuing Education

Continuing Education is a department of the School of Continuing Education, Economic and Workforce Development. Your feedback, suggestions and comments are welcomed.

Mission Statement

Southwestern Community College District promotes student learning and success by committing to continuous improvement that includes planning, implementation and evaluation. We serve a diverse community of students by providing a wide range of dynamic and high quality academic programs and comprehensive student services. The District provides educational opportunities in the following areas: Associate degree and certificate programs; Transfer; Professional, technical and career advancement; Basic skills; Personal enrichment; Non-credit adult education; Community services; Economic, workforce and community development.

Diversity Initiative

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect and trust.

Non-Discrimination Statement

Southwestern Community College District (SWC) does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age or marital status in any of its policies, procedures or practices. This nondiscrimination policy covers admission, employment, and access to all SWC programs and activities.

Please direct questions about the Rehabilitation Act of 1973, Section 504 and student grievances to Mia McClellan, Dean of Student Services, at 619-482-6369; direct Title IX inquiries to Terry Davis, Dean of Health, Exercise Science and Athletics, at 619-482-6551.

Direct inquiries regarding equal employment and other nondiscrimination policies & procedures to the Vice President for Human Resources, at 619-482-6329.

Registration Information

Steps to Register for a Fee Class

To register for a fee class, please use the Fee Class Registration Form (page 23). Course numbers for fee classes start with “CS.”

By Phone

Call **619-482-6376**. Please have your MasterCard, Discover, AMEX or VISA ready to register and pay for fee classes. Phone-in registration must be completed at least 24 hours prior to the first class meeting.

By Mail

Mail a completed Fee Class Form to:

Southwestern College, Continuing Education

900 Otay Lakes Road, Building 660

Chula Vista, CA 91910-7299

You must include check or credit card payment information. Please do not mail cash.

By Fax

Registration may be made for a fee class via fax when paying with a credit card. Complete a Fee Class Form and fax to **619-482-6402**.

In Person

Bring your completed registration form and payment to:

Southwestern College, Continuing Education

900 Otay Lakes Road, Building 660

Chula Vista, CA 91910-7299

Telephone: 619-482-6376

Fax: 619-482-6402

Office Hours: M–Th, 7:30 a.m.–5 p.m.

Steps to Register for a Noncredit Course

Noncredit courses are tuition-free and are subsidized by state funds. These courses require the completion of a Noncredit Application (page 24). Most noncredit classes allow on-site registration on a space-available basis. Course numbers for noncredit classes start with “NC.”

By Mail

Mail a completed Noncredit Application form to:

Southwestern College, Continuing Education

900 Otay Lakes Road, Building 660

Chula Vista, CA 91910-7299

By Fax

Complete the Noncredit Application and fax to **619-482-6402**.

In Person

Bring your completed Noncredit Application to:

Southwestern College, Continuing Education

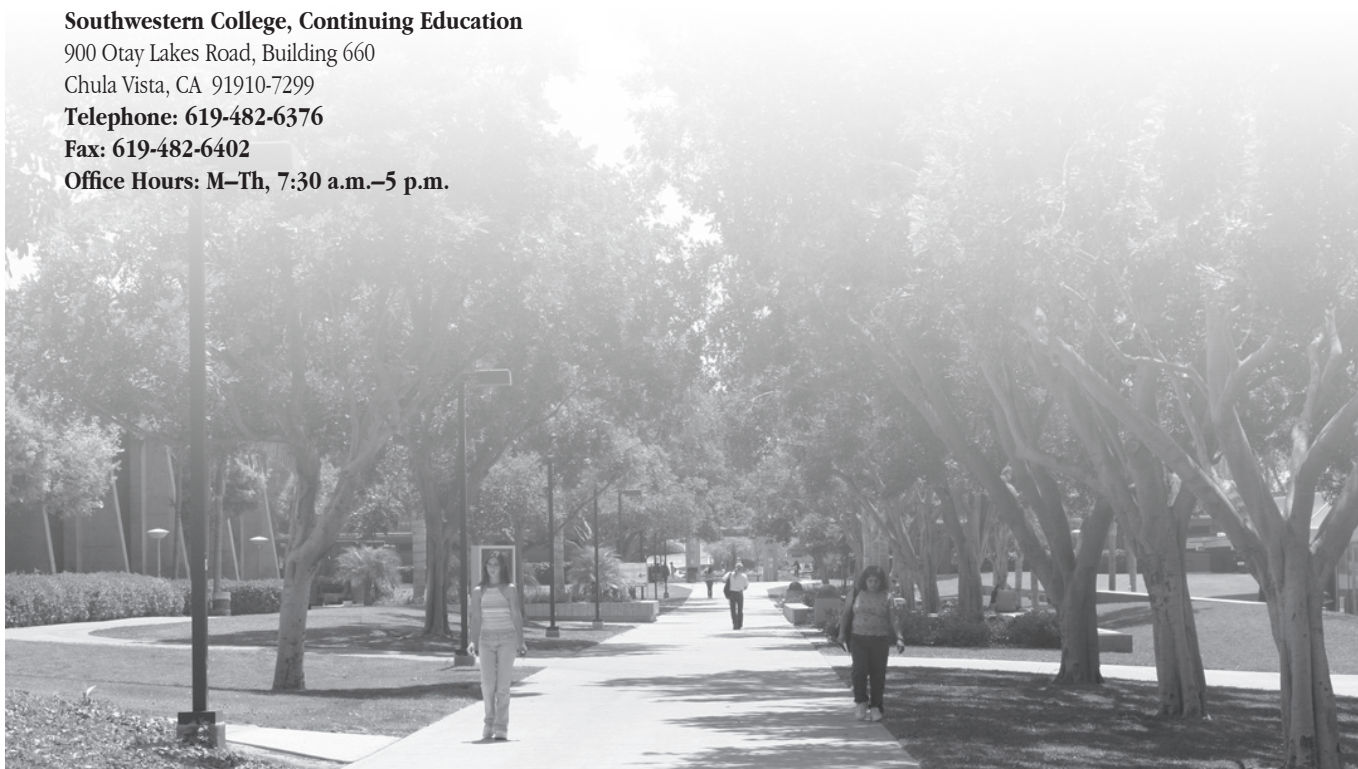
900 Otay Lakes Road, Building 660

Chula Vista, CA 91910-7299

Telephone: 619-482-6376

Fax: 619-482-6402

Office Hours: M–Th, 7:30 a.m.–5 p.m.



General Information

Sign Up Early

Early sign-up ensures that you will have a reserved place in a popular class. All registration is on a first-come, first-served basis. Your registration can make the difference as to whether a class is offered or cancelled. When space is available, on-site registration may be allowed with the permission of the instructor.

Class Confirmation

Please mark your personal calendar when registering for any class. Every attempt is made to provide a confirmation letter of your registration; however, due to unavoidable delays of mail delivery or misdirected mail, this courtesy is not guaranteed. If you have not received a confirmation letter one week prior to class, please call Continuing Education to confirm your registration at 619-482-6376.

Certificate of Completion

Some multi-session courses and seminars offer a Certificate of Completion. When applicable, students must attend all classes and meet certificate requirements as established by the instructor.

Class Cancellation

Every attempt is made to avoid cancelling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the College has advance notice that a class will be cancelled, Continuing Education will attempt to reach you by mail or by phone. Please be sure to provide complete phone contact information on your application.

Refunds

A complete refund will always be made if Continuing Education cancels a class.

- If you cancel at least five (5) business days prior to the start of a class or event, you will be refunded your registration fee, less a \$5 processing fee.
- If you cancel or reschedule at least three (3) business days before the start of a class, you will be charged a \$10 processing fee.
- No refunds are provided to individuals who give two (2) days or less notice of cancellation.
- No refunds will be provided once a class begins. Students who do not show up for class are not eligible for refunds or rescheduling. No refunds for any student who registers three (3) days before the class begins. Refunds take a few weeks to process.

Materials Fee

A materials fee is required in a some noncredit and fee classes. Please be prepared to pay this fee on the first day of class. Cash, check, or credit card payments are accepted. The instructor cannot issue change.

Instructor, Class, or Location Change

In some cases, a qualified substitute instructor may replace the individual listed in the schedule. Class dates and locations are also subject to change. When feasible, students will be notified of any date or location change prior to the class either by mail or by phone.

Class Locations

Classes are held at various locations throughout South County. Please carefully review the location of the class for which you are registering.

Parking

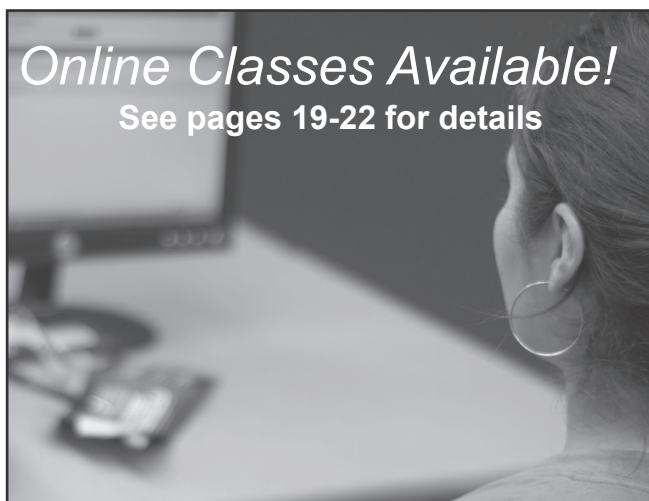
All vehicles parked on campus must display a parking permit at all times. One-day parking permit dispensers are located throughout the campus (see campus map, inside front cover). The cost of the permit is \$3 and is valid on the day of purchase only. Please arrive at least 20–30 minutes early on the first day of class since there is often a line at the parking permit dispenser. **One-day parking permits are only valid in student parking lots. Do not park in staff or faculty designated parking lots/spaces.**

Returned Check Service Charge

Checks returned for non-sufficient funds or “Stop Payments” must be paid by MasterCard, Visa, Discover, AMEX, cash or Money order and a \$25 service charge will be added to the amount of the check. Your enrollment at Southwestern College, and credit, may be affected.

Disclaimer

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus, campus/district web site or department for current information, as well as for any special rules or requirements imposed.



Career and Personal Development

Diversity Management

NC 1030, 1031, and 1032 are part of a certificated program in "Diversity Management." To earn a certificate, you must complete all three courses.

For additional information, please contact Michael Van Keith at mvankeith@swccd.edu.

Diversity ≠ Political Correctness

Diversity is a dilemma from campus classroom to corporate boardroom. What do "culture wars" and "one America" mean? Can diversity be managed? Is a borderless world order the future? First of three courses in a diversity management certificate.

Instructor: M. Van Keith, 5 hours. Room 662

NC 1031-60 W June 5–12 5:30–8 p.m. No Fee

Simply Race and Sex

Latin-Asianization is creating a majority-minority California. What commodities are to be mediated in popular culture? How will "browning" affect public relations, advertising, and marketing? Second of three courses in a diversity management certificate.

Instructor: M. Van Keith, 5 hours. Room 662

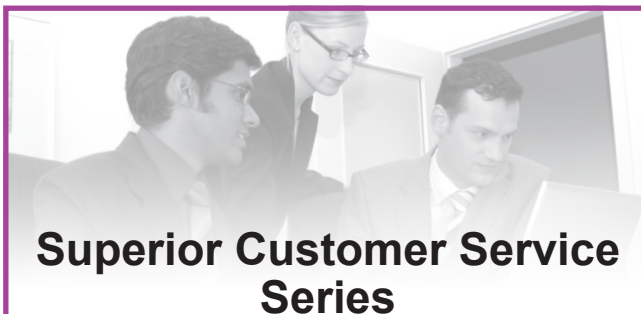
NC 1032-60 W June 19–26 5:30–8 p.m. No Fee

Beans, Bread, and Rice on the Plate

The 21st Century has been called the Pacific Century. What is defining the emerging Pacific Rim regionalism? Is South County a potential hub for fostering closer ties between Japan, México, and the United States? Third of three courses in a diversity management certificate.

Instructor: M. Van Keith, 5 hours. Room 662

NC 1030-60 W July 3–10 5:30–8 p.m. No Fee



Superior Customer Service Series

Attend any three free classes below and receive a Certificate of Completion from Southwestern College.

Service is the keystone to all successful businesses. Review and practice core principles to enhance your skills and increase awareness.

Customer Service: Dealing with Difficult People

Conflict inhibits good business. Explore the causes and impact conflict can have on customer service. Learn strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one.

Instructor: J. Mackenzie, 3 hours. Room 1602

NC 1006-01 Th June 6 1–4 p.m. No Fee

Customer Service: The Right Attitude

Having the right attitude has a positive impact on the workplace and our interactions with customers. Explore how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention and company growth. Explore the techniques for maintaining a professional attitude.

Instructor: J. Mackenzie, 3 hours. Room 1602

NC 1073-01 Th June 13 1–4 p.m. No Fee

Customer Service: Team Building

Working as teams in business can increase productivity, enhance project management, reduce business conflicts and create superior customer service. Identify team opportunities in your company. Learn the "roles" in a team and how to be both a leader and a team player. Practice new skills in typical business scenarios.

Instructor: J. Mackenzie, 3 hours. Room 1602

NC 1074-01 Th June 20 1–4 p.m. No Fee

Southwestern College
and members of the SDICCCA Study Abroad Consortium
presents

Semester Abroad in Florence, Italy Spring 2014

February through April

Program cost: \$6,990.00

Program will include:

- Round-trip airfare
- Ground transportation
- Accommodations
- Cultural activities
- Medical and travel insurance

Eligibility Requirements:

Completion of 12 units, with GPA of 2.0 or higher by the end of Fall 2013 and 18 years of age by the departure date. Admission to program includes student conduct review.

- Classes are CSU and UC transferable
- Financial Aid is available to students who qualify (contact kabara@swccd.edu for information)
- Cost will not include tuition fees, books, personal expenses, airport departure taxes, visa fee, fuel surcharges and if applicable, passport fee.

For more information
contact Carla Kirkwood, PhD,
at IPGlobal@swccd.edu
or call 619-482-6504 or visit the
Center for International Studies,
Room 651 (behind SWC Bookstore).

Computers

Introduction to Microcomputers

Covers computer start-up; the graphic user interface; use of mouse and keyboard commands; basic file management; formatting and using a floppy disk; creating, saving, and printing a document using word processing software; and proper computer shutdown.

Instructor: N. Bartels, 3 hours.

NC 1051-E1	MW	June 3-5	9-10:30 a.m.	No Fee
If you have a laptop, please feel free to bring it.				
NC 1051-E3	F	June 7-14	9-10:30 a.m.	No Fee
If you have a laptop, please feel free to bring it.				
Location: Chula Vista Public Library 389 Orange Ave., Chula Vista, 91911				
NC 1051-E2	T	June 4	6-9 p.m.	No Fee
If you have a laptop, please feel free to bring it.				
NC 1051-E4	F	June 7-14	11 a.m.-12:30 p.m.	No Fee
If you have a laptop, please feel free to bring it.				
Location: Chula Vista Public Library 365 F Street, Chula Vista, 91910				

Family and Parenting

Childbirth Education for Expectant Parents (Lamaze)

Childbirth education is designed to prepare parents for a positive childbirth experience. Includes instruction in the Lamaze method of prepared childbirth as well as demonstration and practice of essential and helpful exercises. Partners are an integral part of the program and are encouraged to attend.

Instructor: R. Joselevitz, 20 hours. Room 1680

NC 6-60	TTh	June 4-27	7-9:30 p.m.	No Fee
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Learn about the signs of labor, hospital procedures, what to expect during labor, delivery, and post-delivery. Take out the worry and fear by knowing how to support the welcoming of your child. This class is for you if you plan to have your baby with or without medication, in a birthing suite or an operating room, with several days of hospital stay or if you plan to go home right away.

To register contact: Reyna "Malke" Joselevitz, via email at lamaze@cox.net. You will be sent a confirmation letter. Bring this letter with you to the first class meeting.



For college credit courses
call 619-482-6550 or go to
www.swccd.edu

Self-Improvement

Preparation for Academic Student Success (PASS)

Provides a preparatory course for academic skills testing programs such as TEAS (Test of Essential Academic Skills). Emphasizes reading, English comprehension, mathematics, basic science, and technical reasoning. Intended to improve the student's ability to be successful with standardized testing of basic academic skills.

Instructors: L Jones/B. Pescar, 24 hours. Room 1601

NC 118-01 MTWTh June 3–11 3–7 p.m. No Fee

Introduction to Academic ESL I

Introduces the first in a series of three courses designed to prepare non-native English speakers for the ESL certificate program. Utilizes the corpus of 500–600 words. Focuses on fluency in conversation, reading and writing, and vocabulary development. **Instructor:** N. Bartels, 22.5–24 hours.

NC 108-E1 MW June 3–July 24 10:45 a.m.–12:15 p.m. No Fee
Location: Chula Vista Public Library
 389 Orange Ave., Chula Vista, 91911

NC 108-E2 TTh June 4–July 25 10–11:30 a.m. No Fee
No Class: 7/4
Location: Chula Vista Public Library
 365 F Street, Chula Vista, 91910

Introduction to Academic ESL II

Second in a series of three courses designed to prepare non-native English speakers for ESL certificate program. Utilizes the corpus of 600–1000 words. Focuses on fluency in conversation, reading and writing and vocabulary development.

Instructor: N. Bartels, 22.5–24 hours.

NC 109-E1 MW June 3–July 24 12:30–2 p.m. No Fee
Location: Chula Vista Public Library
 389 Orange Ave., Chula Vista, 91911

NC 109-E2 TTh June 4–July 25 11:45 a.m.–1:15 p.m. No Fee
No class: 7/4
Location: Chula Vista Public Library
 365 F Street, Chula Vista, 91910

Introduction to Academic ESL III

Third in a series of three courses designed to prepare non-native English speakers for ESL certificate program. Utilizes the corpus of 1000–1500 words. Focuses on fluency in conversation, reading and writing, and vocabulary development.

Instructor: N. Bartels, 22.5–24 hours.

NC 110-E1 MW June 3–July 24 2–3:30 p.m. No Fee
Location: Chula Vista Public Library
 389 Orange Ave., Chula Vista, 91911

NC 110-E2 TTh June 4–July 25 1:30–3 p.m. No Fee
No class: 7/4
Location: Chula Vista Public Library
 365 F Street, Chula Vista, 91910

Southwestern College Customized Training Program



Let us partner with your company in improving your “greatest investment” — your employees & sustainable productivity.

SWC provides high quality instruction via customized training in key aspects of workforce development through:

- Customer Service
- English for the Workplace
- Diversity Management

In addition to these competitively priced services –

- Personally meet with leadership to discuss training needs
- Bring training to your location and at your convenience

Contact Continuing Education at (619) 482-6376



Home Safety for Older Adults

Most accidents occur in the home. Learn ways to make all areas of the home safer and more secure. Class includes safety factors and recommendations, most common home injuries and problems, fall prevention tips, disaster kits, and security measures.

Instructor: J. Acosta, 6 hours.

NC 1-E1	Sat	July 13–20	9 a.m.–Noon	No Fee
Location: Seniors on Broadway 845 Broadway, Ste. 105, Chula Vista, CA 91911				

Art, Music and Crafts

Art Therapy

Focuses on the use of art as a therapeutic process for older persons in an institutional setting. A variety of art media to promote self-expression, develop coping skills, combat depression, improve mental and emotional status, and improve overall quality of life will be used. 12 hours.

NC 1053-E1	WF	June 5–21	9:15–11:15 a.m.	No Fee
Instructor: D. Davis Location: ARC of San Diego/Chula Vista 1280 Nolan Ave., Chula Vista, 91911				
NC 1053-E2	MW	June 3–19	1:15–3:15 p.m.	No Fee
Instructor: D. Davis Location: George Glenner Alzheimer Family Center 280 Saylor Dr., Chula Vista, 91910				
NC 1053-E3	TTh	June 4–20	9–11 a.m.	No Fee
Instructor: D. Davis Location: Highlander Adult Day Health Care Center 2525 Highland Ave., National City, 91950				
NC 1053-E4	MTh	June 3–20	9:15–11:15 a.m. (M) 1:15–3:15 p.m. (Th)	No Fee
Instructor: D. Davis Location: Paradise Valley Health Care Center 2575 E. 8th Street, National City, 91950				
NC 1053-E5	T	June 25–July 16	9 a.m.–Noon	No Fee
Instructor: T. Treter Location: Casa Pacifica 1424 30th Street, Ste. C, San Diego, 92154				

Wellness and Fitness

Body Dynamics and Aging Process

Instruction and conditioning for the maintenance of physical well-being. The course will focus on deep breathing, circulation, flexibility, stamina, body awareness and rhythmic movements. Techniques are adapted for older adults.

Instructor: J. Acosta, 30 hours.

NC 34-E1	MF	June 3–July 22	8:30–10:30 a.m.	No Fee
NC 34-E2	TTh	June 4–July 25	8:30–10:30 a.m.	No Fee

No class: 7/4

Location: Casa De Servicios (Rec Room)
1188 Beyer Way, San Diego, 92154

NC 34-E3	MF	June 3–July 22	11 a.m.–1 p.m.	No Fee
NC 34-E4	TTh	June 4–July 25	11 a.m.–1 p.m.	No Fee

No class: 7/4

Location: Seniors on Broadway
845 Broadway, Ste. 105, Chula Vista, CA 91911

Strength Training for Older Adults

This training is specifically designed for older adults. Students can stand or sit while exercising. Strength training exercises will enhance and promote strength and balance skills, trunk, abdominal, back strength, mobility and agility skills and awareness of proper body alignment and mechanics. 15-23 hours.

NC 99-E1	MWF	June 3–July 24	8:30–9:30 a.m.	No Fee
NC 99-E2	MWF	June 3–July 24	10–11 a.m.	No Fee

Instructor: A. Solis

Location: St. Charles Church Parish Hall
990 Saturn Blvd., San Diego, 92154

NC 99-E3	TTh	June 4–July 25	8–9 a.m.	No Fee
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No class: 7/4

Instructor: K. Ferrar

Location: Norman Park Senior Center
270 F St., Chula Vista, 91910





SAVE THE DATE!

College for Kids



SUMMER 2013

www.swccd.edu/~cfk

SESSION 1: JUNE 17-27, 2013

Monday-Thursday
Period 1: (1:30-2:55 p.m.)
Period 2: (3:05-4:30 p.m.)

SESSION 2: JULY 8-18, 2013

Monday-Thursday
Period 1: (1:30-2:55 p.m.)
Period 2: (3:05-4:30 p.m.)

For more information call: Continuing Education (619) 482-6376

Career and Professional Development

NEW! Military to Civilian Training in Supervisory Positions

This military to civilian training program has been designed to give military veterans the skills necessary to transition into supervisory positions in the civilian market place. Using real-world scenarios in a hands-on interactive style, participants will learn to communicate in a corporate environment using effective communication skills to better relate to civilian employees and employers.

Instructor: Joseph Molina, 4 hours. Room 1602

CS 243-60 W June 5–12 6–8 p.m. Fee: \$59

Make Money with a Typing/Word Processing Business

If you can type, then you can make money at home using your word processor or computer. After learning about the legalities of starting this type of business, you will discover the secrets to profits in the typing/word processing business, including: How and where to find clients; Effective ways to advertise/market your services; 100 ways to make money with a computer; FREE national networking information. There really is a need for your services, so why not have freedom to be your own boss, set your own hours, and have the opportunity to make more money than you ever did before attending this class.

Instructor, LeeAnne Krusemark, has led more than 100 educational workshops, is a journalist and a book author and has owned a public relations business for more than 20 years. 2.5 hours. Room 1620

CS 13-60 M July 8 7–9:30 p.m. Fee: \$25
\$20 materials fee paid in class

You're on the Air, How to Really Make it in Voice-Overs

Voice-overs are hot today! You don't have to be an actor to get voice-over work, but it certainly doesn't hurt! With such notable talent as James Earl Jones, Linda Hunt, and Donald Sutherland lending their voices to commercials, films, videos, one would think that it would be next to impossible to break into this field. Not so! In this class, you'll learn about an exciting new way to get around the competition and actually turn voice-overs into a thriving full- or part-time business!

Instructor: Jon St. John, 2 hours. Room 1685B

CS 148-60 Th June 6 7–9 p.m. Fee: \$45

NEW Fee Based classes coming Fall 2013!

Call 619-482-6376 for more information.

CS 253—Japanese Ikebana Floral Arrangements—Rising Form

CS 257—Make Xtra Income as a Wholesale Auto Dealer

CS 262—Leadership Styles

CS 263—Project Management Fundamentals I

CS 264—Project Management II: MS Project 2010

CS 271—Genealogy: Find Your Roots!

CS 272—Fleece Tie Quilting and Embroidery

California State Notary Public Seminar

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. The exam is optional and may be cancelled if the minimum required to participate is not met. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam.

Instructor: Thomas Peavyhouse, 7 hours. Room 1601

CS 14-50 Sat June 29 8 a.m.–4 p.m. Fee: \$75
\$45 materials fee paid in class. **Optional State exam**
scheduled 4-5 p.m. for an additional \$40 fee.

Loan Signing—Notary Public Seminar

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of both the Notary Public and the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in this career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor.

Instructor: Thomas Peavyhouse, 7 hours. Room 1601

CS 143-50 Sat June 1 9 a.m.–4 p.m. Fee: \$75
\$70 materials fee paid in class

Work at Home as a Medical Transcriptionist

Demand for medical transcriptionists is soaring! Join a field that pays well and gives you the flexibility of working at home, in a medical office, or in a hospital. Learn proven strategies for where best to learn medical transcription, how to market your business, grow a client base, equipment, software, transcription machines and electronic transfers, working for a service and much more.

Instructor: Deborah Burns, will share her many years of experience as a business owner in this exciting introduction to the field of medical transcription. 3 hours. Room 1601

CS 51-50 Sat Aug. 10 10 a.m.–1 p.m. Fee: \$40
\$20 material fee paid in class

Financial Planning

Retirement Planning Today

Educate retirees as to the multitude of decisions that must be made during retirement as well as the complexities of managing financial affairs to create their best retirement lifestyle today.

Instructors: Joe Anderson/Jack Dugan, 6 hours, Room 1685B

CS 175-60 T June 4–11 6:30–9:30 p.m. Fee: \$49
CS 175-61 Th June 13–20 6:30–9:30 p.m. Fee: \$49

You may bring a guest at no charge to any class listed.

Southwestern College - Online E-Learning Healthcare Courses!

Southwestern College announces the availability of our new online e-learning healthcare courses from Health Ed Today!

These courses are interactive and provide students with an enriched learning experience which includes:

- 24-hour-a-day instructor support & course mentors
- engaging labs, student exercises and course videos
- all textbooks, workbooks and student materials
- a new “Secure Student Website” – including career resources & other training
- certain programs include clinical externships!

All students will have access to a secure “Student Portal” website which includes:

- Career building exercises, resume writing tips, interview techniques, etc.
- Career mentors - there to help students take the next step in their career!
- Other skills training including lifelong learning skills, healthcare review, etc.

For additional information, please contact Southwestern College toll free at **1-888-574-6218**.

Visit us online at <http://www.healthedtoday.com/SWC> to experience a Course Demo and these exciting new programs!

Ask us about national or state certification and clinical externship opportunities through these courses!

The Health Ed Today courses were developed through a partnership with leading education organizations including Pearson Education, E-College and Condensed Curriculum International.



PEARSON

Pharmacy Technician / Student Tuition: \$1,299

This comprehensive course will prepare students to enter the pharmacy field and take the Pharmacy Technician Certification Board's PTCB exam. Course content includes pharmacy medical terminology, pharmacy calculations, reading and interpreting prescriptions, defining generic and brand names drugs and much, much more! Program also includes an optional clinical externship at a local healthcare provider!

Clinical Medical Assistant Program / Student Tuition: \$2499

This program prepares students to assist physicians by performing functions related to the clinical aspects of a medical office. Instruction includes preparing patients for examination and treatment, routine laboratory procedures, pharmacology, taking and documenting vital signs, technical aspects of phlebotomy, the 12-lead EKG and the cardiac life cycle. Program also includes an optional clinical externship at a local healthcare provider!

EKG Technician / Student Tuition: \$1,299

This EKG Technician Program prepares students to perform EKG's. This course will include information on anatomy and physiology of the heart, medical disease processes, medical terminology, medical ethics, legal aspects of patient contact, electrocardiography, and stress testing. A highly interactive course!

Dialysis Technician / Student Tuition: \$1,299

This Dialysis Technician Program provides students with the knowledge needed to perform the responsibilities of a Dialysis Technician. It reviews normal kidney physiology, the basic principles of hemodialysis, kidney dialysis machines, dialyzer preparation and reprocessing as well as how to assist dialysis patients in managing their disease and treatment.

Living Trust—Family Inheritance

In this three-hour seminar you can learn how to protect your assets so they go directly to your family and not to costly attorney fees! Proper planning is essential for anyone who owns a home, has a spouse, children, or dependents. Learn how living trusts work and can help your family avoid probate. Find out how to preserve and monitor assets and how a trust can also serve as a tax shelter for large estates. Insight on the value of Durable Powers of Attorney will be explained.

Instructor: Lisa J. Frisella, J.D., is an attorney and estate planner practicing exclusively in the areas of wills and trusts, trust administration, probate and charitable giving. 3 hours. Room 1685A

CS 68-50 Sat Aug. 10 9 a.m.–Noon Fee: \$35

Home and Entertaining

Feng Shui: Add Beauty in Your Home and Office

Learn how a few strategic changes to the environment in your home or business can help make it become a comfortable destination that reflects peace and harmony. Healthy surroundings have a positive effect on mental and emotional health. You'll learn the basic theory and philosophy behind this dynamic system of how to use structure and color to soothe your well-being. Observe and experience how color, signs, creating positive energy, placement of items and other visual, audio and kinesthetic Feng Shui tools may be utilized. It doesn't cost more to do it with Feng Shui! **Class is limited to 25, register early.**

Instructor: Marilyn Ryall, 4 hours. Room 1686A

CS 15-50 Sat Aug. 10 9 a.m.–1 p.m. Fee: \$35

Art, Music & Crafts

NEW! Entering Your Hobby into the San Diego County Fair

Did you browse the ribbon-winning exhibits at the San Diego County Fair and think, "Hey, I can do that!" Well, you are right! The San Diego County Fair has competitions for almost any hobby you can think of, from photography and fine art to knitting, food preservation, and collecting. Class will be led by a veteran competitor at the fair, who will take students through the guidelines, deadlines, and protocols of entering your hobby in the fair. **Instructor:** B. Manning, 6 hours. Room 1684

CS 269-50 Sat June 1, 15 & 29 12:30–2:30 p.m. Fee: \$45

NEW! Introduction to Screenwriting: Write a Movie

Do you have an idea for a movie, but don't know how to begin? This course will cover the basics of screenwriting including character arcs, basic formatting, and three-act structure. The instructor will help guide your idea into a completed first draft! No experience necessary, all are welcome!

Instructor: B. Manning, 12 hours. Room 1684

CS 270-50 Sat June 1, 15, 29 10 a.m.–Noon Fee: \$80
 July 13, 27
 Aug. 10

Design Principles and Techniques for Exceptional Floral Arrangements

This fun and informative class will explore principles and techniques of floral design. The principles of design will be explained as they relate to floral arranging. Floral Master's techniques will be explored for use in making your floral designs special. Most of the class time will be spent with hands-on designing of one special floral piece the student will keep. Unusual and exotic materials and flowers will be provided. Each arrangement will be uniquely different and all will be truly exceptional.

Instructor: Betty Patterson Del Sol, 4 hours. Room 1802

CS 210-50 Sat Aug. 10 9 a.m.–1 p.m. Fee: \$40
 \$25 materials fee paid to instructor. Students will keep their own floral arrangement at the end of class.

Kumihimo: Japanese Braiding with Beads

Introduction to Kumihimo Japanese braiding techniques and beaded bracelet design. Explores the historical and contemporary aspects of Kumihimo Japanese braiding styles. Emphasis on methods, materials, design, and fabrication of Kumihimo beaded bracelets.

Instructor: Liliana Tolson, 4 hours. Room 1602

CS 237-50 Sat June 1 & 8 12:30-2:30 p.m. Fee: \$40
 \$20 materials fee paid in class (cash only)

Mosaic Art

Students will learn basic techniques needed to construct mosaic art works including the selection of appropriate materials, cutting and breaking selected materials, aesthetic arrangement of materials through the study of basic elements and principles of design, adhering mosaic materials to flat and three-dimensional surfaces, grouting, and cleaning finished projects.

Instructor: Bernadette Mingus, 15 hours. Room 754

CS 242-50 Sat July 27–Aug. 3 8:30 a.m.–4 p.m. Fee: \$70
 \$20 materials fee paid in class

Self-Improvement

NEW! E-Publishing for iPad

Start a new publishing adventure by learning how to E-Publish for iPad. Discover how to oversee projects and publish new projects with your iPad using digital distribution. **Instructor:** Claudia De La Toba, 9 hours. Room 1602

CS 248-50 Sat July 20–Aug. 3 9 a.m.–Noon Fee: \$30
 Students must bring their own iPads or Smart Tablets to class

For college credit courses
 call 619-482-6550 or go to
www.swccd.edu

Create a Vision Board!

Through art materials and collage, you will create the life of your dreams! You will also access your subconscious desires through picking a new life through magazine pictures and building a vision board. The vision board gives you a window into what you truly desire as you create an artistic piece which also facilitates your possible future reality!

Instructor: Donna Davis, 2 hours. Room 704A

CS 230-50 Sat June 15 2-4 p.m. Fee: \$25
\$5 materials fee paid in class

NEW! The Art of Reading

Without doubt you know how to read. But do you know how to read artfully? Unlike everyday reading, artful reading is the way novels and short stories are read. This class is less about reading for specific information and more about reading to enjoy the literary experience.

Instructor: Claudia De La Toba, 8 hours. Room 1620

CS 246-50 Sat June 1-8 9 a.m.-Noon Fee: \$45
June 15 9-11 a.m.

Fundamentals of Travel Writing

Ever think about writing about traveling? All you need is the fundamentals about this sort of writing. This course will introduce the participants to the basics of combining their passion for traveling with their desire to write. Destination and experiential traveling will be discussed; different mediums of sharing the student's travel experience will be introduced and discussed. Additionally, students will be provided information about writing for pleasure or for professional publication.

Instructor: Devin Price, 7.5 hours. Room 1683

CS 235-60 W June 12-26 6:30-9 p.m. Fee: \$60

NEW! How to Apply for College Scholarships

Want free money for college? Scholarships tend to be awarded to students who know where and how to locate appropriate resources. This workshop is designed to give you the best chance of winning free money by developing an understanding of the What, Where, and How to apply for scholarships. You will learn application tips, information, and preparation to maximize your opportunity of becoming a scholarship recipient.

Instructor: Shoua Thao, 3 hours. Room 1602

CS 244-50 Sat June 1 9 a.m.-Noon Fee: \$25

NEW! World Religions 101

Examine the Hindu, Buddhist, Judeo/Christian, and Islam sacred traditions. Students will learn about the many gods in Hinduism; how Buddhism made its way from India to China; why the "good works" of the Judeo/Christian tradition are not universal; and the Sufi tradition within Islam. Sacred traditions are an opportunity to understand the various models of humankind.

Instructor: Claudia De La Toba, 8 hours. Room 1620

CS 247-50 Sat June 22-29 9 a.m.-Noon Fee: \$50
Sat July 13 9-11 a.m.
No class: 7/6

NEW! Write an Award Winning College Scholarship Essay

Write award winning essays for college scholarships! Learn how to help your college-bound teen write effective college scholarship essays and lessen essay composition roadblocks. Learn what scholarship committees look for in a scholarship essay. This workshop will assist and educate you on how to assist your teen to craft captivating essays to showcase goals, accomplishments, and challenges. Join this class and enhance your chances for retrieving extra funds for tuition and books. **Instructor:** Shoua Thao, 3 hours. Room 1601

CS 245-50 Sat June 15 9 a.m.-Noon Fee: \$25

Wellness and Fitness

NEW! Self-Hypnosis

Self-hypnosis is a powerful tool that can reduce stress! It can also improve self-esteem, accelerate physical healing, increase performance, etc. Who wouldn't want that? Students will learn to hypnotize themselves, tap into the power of the subconscious mind, and achieve goals.

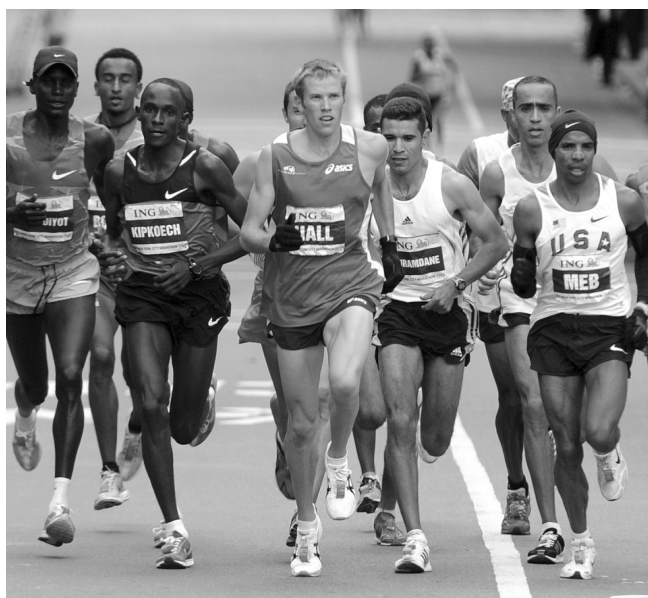
Instructor: Katherine Zimmerman, 5 hours. Room 1602

CS 251-01 T June 4-11 1-3:30 p.m. Fee: \$65
\$3 materials fee paid in class (cash only)

NEW! How to Train for a Marathon, Half-Marathon, 10K or 5K Race

Would you like to run in long distance events? Learn what is required to participate? How to train for one of these events? If so, this class is for you. Completing an event is not as hard as you think. This class will teach you what is required to meet your endurance race goal—beat a time, just finish, burn fat. You will learn how to develop a six-month training plan so you can be ready for a race such as the Rock-n-Roll Marathon or Half in San Diego. You will develop your plan in class and run as homework. **Instructor:** David Garrett, 9 hours. Room 1602

CS 259-60 Th June 6-27 6:30-8:45 p.m. Fee: \$65



Transformational Meditation

Scientific research indicates that a number of positive health benefits can be derived from meditation. Among these benefits are: stress reduction, lowered blood pressure and overall improved physical and mental health. Proper meditation and breathing techniques help enhance physical, emotional and mental well being.

Instructor: Marti, 8 hours. Room RCT1 (1010)

CS 182-60 MW June 3-26 6-7 p.m. Fee: \$85

TRAFFIC School

CS 17-50	Sat	June 1	8 a.m.-4 p.m.	Fee: \$40
CS 17-51	Sat	June 15	8 a.m.-4 p.m.	Fee: \$40
CS 17-52S	Sat	June 29	8 a.m.-4 p.m.	Fee: \$40
(Spanish)				
CS 17-53	Sat	July 13	8 a.m.-4 p.m.	Fee: \$40
CS 17-50F	Sat	July 27	8 a.m.-4 p.m.	Fee: \$40
CS 17-51F	Sat	Aug. 10	8 a.m.-4 p.m.	Fee: \$40

Southwestern College is certified as an official Traffic Violator School (TVS) available to individuals who have received a traffic citation. If you have been referred to a TVS by the court, you may void the citation from your driving record and protect your current insurance rate by attending a DMV-approved Traffic Violator School. You must be on time and remain for the entire 8-hour program to qualify for the certificate of completion.

Instructors:

*Charles Pugsley,
Eugene D'Ablaing,
Philip Ochoa,
Bill Simpson.
Room 662.*



Vinyasa Yoga

Covers Hatha Yoga Style. Yoga is the ancient holistic system of harmonizing body, heart and soul. It is a safe non competitive environment that will guide the beginning to advanced students through the postures of yoga. Increases flexibility, releases muscular tension, prevents injuries, and improves body awareness, and self-confidence. Students will need to bring their own exercise mat, towel and water bottle.

Instructor: Marti, 12 hours. Room RCT1 (1010)

CS 183-01 MWTh June 3-June 27 7-8 a.m. Fee: \$85

Fighting Fit Kickboxing

The goal is to get people into their best physical shape by emphasizing cardio fitness, with special attention on toning muscles. The program works well for women and men. The class is an intense workout that uses a lot of power kicks, bag work, sparring, upper body work, ballet bar work for stretching and flexibility, intense abdominal work, lots of jumps, running laps, lots of push-ups, and boxing. At the start of the program, students have the option of getting their body fat measured and getting recommendations for a healthy food program. Students: Workout clothes & towel required. **Instructor:** Gary Amen, 12 hours.

CS 217-E1 MW June 3-July 10 8-9 p.m. Fee: \$65
Open to ages 12 and older
Location: Martial Arts Warriors Academy
1392 E. Palomar St., Ste 403, Chula Vista, 91913



Chakras: Change Your Energy, Change Your Life

Participants will learn about the seven Chakras energy centers within the body and how to energize their centers, which will lead to greater health benefits. Students will also learn techniques to send healing energy to essential parts of the body. Moreover, they will learn how the energy affects the physical body, which will help them get in touch with the ties between the mind and body, so they can better understand their emotions and how they can hurt or help them heal them. Students: please bring a notebook to be able to take effective notes.

Instructor: Marti, 4 hours. Room 1602

CS 176-50 Sat June 15 Noon-4 p.m. Fee: \$55



New Online Culinary Arts Program, Fall 2013
Begin your cooking career right in your own home.
Escoffier Online Culinary Fundamentals Program

Learn to prepare restaurant-quality meals in the comfort and convenience of your own home. Southwestern College Continuing Education Program, in partnership with the Escoffier Online Culinary Academy, offers you a professional chef's curriculum via richly detailed video tutorials and collaborative, interactive online cooking experiences with classically trained chefs and classmates.



New for Fall 2013

Carson Dunlop and Southwestern College Continuing Education Program have formed a strategic partnership to offer a career home inspection training program.

The comprehensive 10-course certificate program is available through distance learning. Content is delivered in a highly visual and easy to understand format. The program is focused on practical applied technical knowledge, providing a solid foundation for success in the home inspection field.



SOUTH COUNTY
CAREER CENTER
A Division of the San Diego Workforce Partnership, Inc.

South County Career Center
619-628-0300
1111 Bay Blvd., Suite E
Chula Vista, CA 91911-2692

Need assistance? Looking for a good job?

Need help making a résumé?

Interested in changing careers?

Want to upgrade your skills or perform career research?

Come to the
SOUTH COUNTY
CAREER CENTER

***Receive support and valuable resources
at no cost!***

The South County Career Center also offers more than 60 computers, copy machines, fax, phone room, and free e-mail.

Experienced, friendly staff are available to assist you.

Crown Cove Aquatic Center *Safety Afloat*

5000 Highway 75 • Coronado, CA 92118

All classes held at the Crown Cove Aquatic Center on the Silver Strand State Beach.
To register for classes listed below, please call (619) 429-1669.

Pediatric Basic Life Support and First Aid

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory and cardiac emergencies in adults, children and infants. Follows the American Heart Association (AHA) Basic Life Support (BLS) guidelines. **Instructor: R. Medigovich**, 8 hours.

NC 1022-E1	Sat	July 6	8:30 a.m.–5 p.m.	No Fee
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Required textbook must be brought to class: **Heartsaver Pediatric First Aid Health & Safety Student Workbook** (available in the SWC bookstore). Successful completion of a written and psychomotor test is required to receive course completion certificate. American Heart Association (AHA) certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you.

Basic First Aid and Adult CPR

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR in the workplace.

Instructor: D. Hawley, 8 hours.

NC 40-E1	Sat	June 15	8:30 a.m.–5 p.m.	No Fee
NC 40-E4	Sat	July 20	8:30 a.m.–5 p.m.	No Fee

Location: Crown Cove Aquatic Center

NC 40-E2	Th	June 20	8 a.m.–5 p.m.	No Fee
NC 40-E3	Th	July 18	8 a.m.–5 p.m.	No Fee

Location: City of Chula Vista Public Works
1800 Maxwell Road, Chula Vista, 91910

Required textbook must be brought to class: **Heartsaver First Aid, CPR, AED** (available in the SWC bookstore). American Heart Association course completion certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you.

Basic Life Support (BLS) Instructor

Designed to advance the Basic Life Support (BLS) provider to the position of American Heart Association instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training.

Instructor: D. Cawthon, 16 hours.

NC 1039-E1	Sat	June 22	8:30 a.m.–5 p.m.	No Fee
	Sun	June 23	8:30 a.m.–5 p.m.	No Fee

CPR for the Professional Rescuer

Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association. 8-9 hours.

NC 1007-E1	Sat	June 8	8:30 a.m.–6 p.m.	No Fee
NC 1007-E4	Sat	July 13	8:30 a.m.–6 p.m.	No Fee

Instructor: D. Hawley

Location: Crown Cove Aquatic Center

NC 1007-E2	T	June 11	8:30 a.m.–5 p.m.	No Fee
NC 1007-E3	T	July 9	8:30 a.m.–5 p.m.	No Fee

Instructor: W. Price

Location: County of San Diego – Forensic Center
5570 Overland Ave., Ste. 101, San Diego, 92123

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive a course completion certificate. Required book: **BLS for the Healthcare Provider**, (available at the SWC bookstore). American Heart Association (AHA) course completion certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you. Follows the guidelines of the AHA.

Crown Cove Aquatic Center *Safety Afloat*

Automated External Defibrillation (AED)

Provides the student with the knowledge and skills necessary to recognize a victim in need of the Automated External Defibrillation (AED) device and to properly use the AED. Enrollment limited to those with a current adult CPR certification.

Instructor: W. Price, 4 hours.

NC 1010-E1	M	June 10	8 a.m.–Noon	No Fee
NC 1010-E2	M	July 8	8 a.m.–Noon	No Fee

Location: County of San Diego – Forensic Center
5570 Overland Ave., Ste. 101, San Diego, 92123

American Heart Association (AHA) course completion certificate is \$7. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you. Follows the guidelines of the AHA.

First Aid For Public Safety Personnel—Title 22

Contains first aid skills for public safety personnel as a first responder to provide initial care regardless of the emergency. Course is divided into four units: first responder assessment, specific injuries, muscle and bone injuries, and medical emergencies. Meets the skill and knowledge requirements of Title 22 of the California Code.

Instructor: W. Price, 16 hours.

NC 15-E1	MTWTh	June 17–20	5:30–9:30 p.m.	No Fee
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Oxygen Administration for the Professional Rescuer

Provides the student with the knowledge and skills necessary to provide care to victims of respiratory emergencies, by using breathing devices such as suction, oral and airway adjuncts, resuscitation masks, bag-valve masks, and supplemental oxygen. Follows both the American Red Cross and the National Safety Council (Green Cross) guidelines. **Instructor: W. Price**, 3 Hours.

NC 1014-E1	T	June 11	5:30–8:30 p.m.	No Fee
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Ocean Lifeguarding For Recreation Assistants

Provides supplemental training to the student desiring to work as an ocean lifeguard or recreational assistant. Focuses on the skills and knowledge necessary to prevent and respond to emergencies in an ocean, bay, or beach environment. Emphasizes instruction on maintaining a safe aquatic environment, demonstration of manipulative skills, injury prevention, facility surveillance, patron surveillance, and ocean rescue techniques. **Instructor: W. Price**, 8 hours.

NC 106-E1	Sat	June 22	8:30 a.m.–5:00 p.m.	No Fee
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Lifeguard Training

Provides students with skills and information which will help them effectively prevent, recognize, and respond to aquatic emergencies including in-and-out of water skills, CPR for professional rescuer, first aid, open water experience, and cardiovascular and swim conditioning elements. Certifications include American Red Cross Lifeguard Training. (Includes First Aid and CPR/PR.)

Instructor: W. Price, 36 hours.

NC 70-01	Sat	June 8	8:30 a.m. – 5:00 p.m.
			(Pool, SWC Main Campus)
	Sun	June 9	8:30 a.m. – 5:00 p.m.
			(CCAC)
	F	June 14	5:30 – 9:30 p.m.
			(CCAC)
	Sat	June 15	8:30 a.m. – 5:00 p.m.
			(Pool, SWC Main Campus)
	Sun	June 16	8:30 a.m. – 5:00 p.m.
			(Pool, SWC Main Campus)



Tennis Center

900 Otoy Lakes Road, Chula Vista, 91910
619-421-6622

Staff

The Tennis Center offers various programs for Juniors and Adults through group clinics and also private instruction. All SWC Tennis related classes, clinics, instruction and other activities have priority on courts at all times. Courts are available for use when no classes or activities are scheduled. On-site registration at the Tennis Center for classes. Flyers are available at the Tennis Center for each program. Check out the SWC Women's Athletics page for more information on Coach Reasons and the Intercollegiate Tennis Program at www.swccd.edu.

Susan Reasons, SWC Tennis Center Director, SWC Head Women's Intercollegiate Tennis Coach, B.A. Physical Education, California Community College Teaching Credential, SWC Exercise Science Tennis Instructor, PTR Certified.

Please call Coach Susan Reasons at 619-421-6622 or email susanreasons@yahoo.com for registration information on specific dates and times of classes listed. Registration at Tennis Center office only.



Beginning/Advanced Beginning Junior Training Program (Ages 7–15)

Basic skill introduction. To include ground strokes, positioning, footwork, and introduction to serving and ball tossing. Development of hand-eye coordination. Physical conditioning included. **Instructor: Susan Reasons**, 1.5 hours per week.

T	4:30–6 p.m.	Fee: \$65	(4-week session)
W	4:30–6 p.m.	Fee: \$65	(4-week session)

Intermediate/Advanced Intermediate Junior Training Program (Ages 7–17)

Focuses on more development of groundstrokes to include consistency and placement. Development of consistency and placement of serves from the baseline. Rallies from mini-tennis court areas and basic games, as well as introduction of volleys. Footwork and conditioning included.

Instructor: Susan Reasons, 2 hours per week.

M	4:30–6:30 p.m.	Fee: \$85	(4-week session)
Th	4:30–6:30 p.m.	Fee: \$85	(4-week session)

Advanced Intermediate/Advanced Junior Training Program (Ages 9–17)

Further growth with rallying of full court with groundstrokes. Using serves to start games, addition of scoring, and net game improvement to include volleys, overhands, and approach shots. Game playing of singles and doubles. Basic strategy, court positioning. Foot work and conditioning included.

Instructor: Susan Reasons, 2 hours per week.

F	4–6 p.m.	Fee: \$85	(4-week session)
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Adult Novice/Beginning (Ages 18 and up)

Instruction through instructor fed drills and ball machine use. Including ground strokes, serves, return of serve, volleys, overhands, rules and strategy.

Instructor: Susan Reasons, 1 hour per week

M	6:30–8 p.m.	Fee: \$65	(4-week session)
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Adult Advanced Beginning/Intermediate (Ages 18 and up)

Instruction through instructor fed drills and ball machine use. Including ground strokes, serves, return of serve, volleys, overhands, rules and strategy.

Instructor: Susan Reasons, 1 hour per week

T	6:30–8 p.m.	Fee: \$65	(4-week session)
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Young Racquets/Juniors (Ages 6 and up)

Tennis development clinic for young children to develop hand-eye coordination, footwork and balance, basic tennis skills, and group learning skills.

Instructor: Susan Reasons, 1 hour per week

Th	3:30–4:30 p.m.	Fee: \$50	(4-week session)
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Private instruction is also available for Juniors and Adults through the Tennis Center.

ed2go Online Classes

ONLINE LEARNING



Southwestern College

Career Training Programs

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Features:

- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the transition from the classroom to the workplace

Programs are available in the following areas:

- Business and Professional
- Healthcare and Fitness
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial
- IT and Software Development
- Courses are all open-enrollment and self paced
- All materials, workbooks, and software are included
- Payment plans available

Chartered Tax Professional for California Residents

The California Chartered Tax Professional Online Certificate Program will help you become qualified as a California Tax Preparer through the California Tax Education Council (CTEC). The California Chartered Tax Professional Certificate Program is composed of six modules in Federal income tax preparation, plus a California supplement. After successfully completing the first two Federal programs and the California lessons in the California GTP Certificate Program, you'll be qualified to prepare individual tax returns for almost all U.S. and California taxpayers. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Payroll Practice and Management

If you want to become a payroll specialist or update your skills, take the Payroll Practice and Management Online Training Program. The program will provide the training you need, and it will also help prepare you for the Certified Payroll Professional (CPP) test given by the American Payroll Association. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Digital Arts Certificate

The Digital Arts Online Training Program will help you develop technical skills and creative artistry in digital imaging, traditional drawing, and digital illustration. You'll learn professional applications for Adobe Photoshop and Illustrator alongside traditional materials like pencil and charcoal. Course projects include retouching, compositing, digital illustration, and still life drawing.

This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Online Courses

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. You can complete any course entirely from your home or office. Any time of the day or night.

Features:

- Courses run for six weeks (with a 10-day grace period at the end).
- Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

How to Get Started:

1. Visit our Online Instruction Center:
www.ed2go.com/swc
2. Click the Courses link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the Classroom.
3. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Discover Digital Photography

An informative introduction to the fascinating world of digital photography equipment.

MORE COURSES AVAILABLE AT OUR WEBSITES

www.gatlineducation.com/swc

www.ed2go.com/swc

10-10-10

Internet and Web Design

Cse. No.	Title	Fee
ETG-101	Creating Web Pages	\$100
ETG-102	Introduction to ASP.NET	\$100
ETG-104	Introduction to CSS and XHTML	\$100
ETG-106	Introduction to PHP and MySQL	\$100
ETG-107	Introduction to Java Programming	\$100
ETG-108	Intermediate CSS and XHTML	\$100
ETG-109	Intermediate JAVA Programming	\$100
ETG-110	Introduction to Microsoft Outlook 2007	\$100
ETG-111	Achieving Top Search Engine Positions	\$100
ETG-112	Advanced Web Pages	\$100
ETG-114	Web 2.0: Blogs, Wikis, and Podcasts	\$100
ETG-116	Designing Effective Websites	\$100
ETG-117	Introduction to Microsoft Outlook 2010	\$100
ETG-120	Introduction to Crystal Reports	\$100
ETG-121	Introduction to Flash CS5	\$100
ETG-122	Introduction to Crystal Reports 10	\$100
ETG-123	Intermediate Flash CS5	\$100
ETG-124	Creating Mobile Apps with HTML5	\$100
ETG-125	Creating WordPress Websites	\$100

Computers

Cse. No.	Title	Fee
ETG-200	Introduction to PC Troubleshooting	\$100
ETG-202	Introduction to Microsoft Publisher 2007	\$100
ETG-204	Introduction to Microsoft Excel 2007	\$100
ETG-206	Intermediate Microsoft Excel 2007	\$100
ETG-207	Introduction to Microsoft Access 2007	\$100
ETG-208	Intermediate Microsoft Access 2007	\$100
ETG-209	Introduction to Microsoft Word 2010	\$100
ETG-210	Intermediate Microsoft Word 2007	\$100
ETG-212	Introduction to Microsoft PowerPoint 2007	\$100
ETG-213	Basic CompTIA A+ Certification Prep	\$110
ETG-214	Intermediate CompTIA A+ Certification Prep	\$110
ETG-215	Advanced CompTIA A+ Certification Prep	\$110
ETG-216	Introduction to Microsoft Word 2007	\$100
ETG-217	Introduction to Dreamweaver CS5	\$100
ETG-218	Keyboarding	\$100
ETG-219	Introduction to Microsoft Excel 2010	\$100
ETG-220	Introduction to Microsoft Project 2007	\$100
ETG-221	Advanced Microsoft Excel 2007	\$100
ETG-222	Introduction to PC Security	\$100
ETG-223	Introduction to Microsoft Project 2010	\$100
ETG-224	Photoshop CS5 for the Digital Photographer	\$100
ETG-225	Intermediate Microsoft Excel 2010	\$100
ETG-226	Introduction to Microsoft PowerPoint 2010	\$100
ETG-227	Introduction to Windows 7	\$100
ETG-228	Introduction to Microsoft Access 2010	\$100
ETG-229	Intermediate Microsoft Access 2010	\$100
ETG-230	Introduction to InDesign CS4	\$100
ETG-231	Introduction to Illustrator CS5	\$100
ETG-232	Photoshop Elements 10 for the Digital Photographer	\$100
ETG-233	Photoshop Elements 9 for the Digital Photographer	\$100
ETG-234	Introduction to Photoshop CS5	\$100
ETG-235	Introduction to InDesign CS5	\$100
ETG-236	Photoshop CS5 for the Digital Photographer II	\$100
ETG-237	Introduction to Illustrator CS4	\$100
ETG-238	Introduction to Photoshop CS4	\$100

Computers

Cse. No.	Title	Fee
ETG-239	Intermediate Photoshop CS4	\$100
ETG-241	Introduction to Database Development	\$100
ETG-242	Introduction to Networking	\$100
ETG-243	Intermediate Networking	\$100
ETG-244	Computer Skills for the Workplace	\$100
ETG-245	Intermediate Microsoft Word 2010	\$100
ETG-246	Introduction to SQL	\$100
ETG-247	Intermediate SQL	\$100
ETG-248	Intermediate Oracle	\$100
ETG-249	Introduction to C++ Programming	\$110
ETG-250	Introduction to C# Programming	\$110
ETG-251	What's New in Microsoft Office 2007	\$100
ETG-252	What's New in Microsoft Office 2010	\$100
ETG-253	Wireless Networking	\$100

Tech Prep and Special Interest

Cse. No.	Title	Fee
ETG-300	Write Fiction Like A Pro	\$100
ETG-301	The Craft of Magazine Writing	\$100
ETG-302	Beginning Writer's Workshop	\$100
ETG-303	Writing Effective Grant Proposals	\$100
ETG-304	A to Z Grant Writing	\$100
ETG-305	Instant Italian	\$100
ETG-306	GRE Preparation – Part 1 (Verbal and Analytical)	\$100
ETG-307	GRE Preparation – Part 2 (Quantitative)	\$100
ETG-308	LSAT Preparation – Part 1	\$100
ETG-309	LSAT Preparation – Part 2	\$100
ETG-310	Grammar Refresher	\$100
ETG-311	Beginning Conversational French	\$100
ETG-312	Writerific: Creativity Training for Writers	\$100
ETG-313	Travel Writing	\$100
ETG-314	Speed Spanish	\$100
ETG-315	Grammar for ESL	\$100
ETG-316	Medical Terminology: A Word Association Approach	\$100
ETG-317	Introduction to Natural Health and Healing	\$100
ETG-318	GMAT Preparation	\$100
ETG-319	Discover Digital Photography	\$100
ETG-321	Genealogy Basics	\$100
ETG-322	Learn to Buy and Sell on eBay	\$100
ETG-323	Secrets of Better Photography	\$100
ETG-324	Conversational Japanese	\$100
ETG-325	Photographing People with your Digital Camera	\$100
ETG-326	Speed Spanish II	\$100
ETG-327	Writing Essentials	\$100
ETG-328	Twelve Steps to a Successful Job Search	\$100
ETG-329	Where Does All My Money Go?	\$100
ETG-330	Get Assertive!	\$100
ETG-331	Explore a Career as an Administrative Medical Assistant	\$100
ETG-332	Leadership	\$100
ETG-333	Interpersonal Communication	\$100
ETG-334	Personal Finance	\$100
ETG-335	Explore a Career in Medical Coding	\$100
ETG-336	Human Anatomy and Physiology	\$100
ETG-337	Keys to Effective Communication	\$100
ETG-338	Become a Veterinary Assistant	\$100
ETG-339	Become a Veterinary Assistant II: Canine Reproduction	\$100
ETG-340	Become a Veterinary Assistant III: Practical Skills	\$100

Tech Prep and Special Interest

Cse. No.	Title	Fee
ETG-341	Introduction to Digital Scrapbooking	\$100
ETG-342	Achieving Success with Difficult People	\$100
ETG-344	Solving Classroom Discipline Problems	\$100
ETG-345	Stocks, Bonds, and Investing: Oh My!	\$100
ETG-346	Introduction to Screenwriting	\$100
ETG-347	Get Paid to Travel	\$100
ETG-348	Fundamentals of Technical Writing	\$100
ETG-349	Keys to Effective Editing	\$100
ETG-350	Growing Plants for Fun and Profit	\$100
ETG-351	Handling Medical Emergencies	\$100
ETG-352	Write Your Life Story	\$100
ETG-353	Assisting Aging Parents	\$100
ETG-354	Lose Weight and Keep It Off	\$100
ETG-355	Become a Physical Therapy Aide	\$100
ETG-356	Spanish for Medical Professionals	\$100
ETG-357	Understanding Adolescents	\$100
ETG-358	Spanish in the Classroom	\$100
ETG-359	Creating a Classroom Web Site	\$100
ETG-360	Teaching Preschool: A Year of Inspiring Lessons	\$100
ETG-361	The Creative Classroom	\$100
ETG-362	Teaching Smarter With SMART Boards	\$100
ETG-363	Ready, Set, Read!	\$100
ETG-364	Teaching Students With ADHD	\$100
ETG-365	Guided Reading and Writing: Strategies for Maximum Student Achievement	\$100
ETG-366	Differentiated Instruction in the Classroom	\$100
ETG-367	Guided Reading: Strategies for the Differentiated Classroom	\$100
ETG-368	Teaching Students With Learning Disabilities	\$100
ETG-369	Teaching Students With Autism: Strategies for Success	\$100
ETG-370	Response to Intervention: Reading Strategies That Work	\$100
ETG-371	Singapore Math Strategies: Model Drawing for Grades 1-6	\$100
ETG-372	Singapore Math: Number Sense and Computational Strategies	\$100
ETG-373	Writing for Children	\$100
ETG-374	SAT/ACT Preparation – Part 1	\$100
ETG-375	SAT/ACT Preparation – Part 2	\$100
ETG-376	Introduction to Stock Options	\$100
ETG-377	Keys to Successful Money Management	\$100
ETG-378	Protect Your Money, Credit, and Identity	\$100
ETG-379	Going Green at Home	\$100
ETG-380	Introduction to Interior Design	\$100
ETG-381	Start Your Own Edible Garden	\$100
ETG-382	Resume Writing Workshop	\$100
ETG-383	Enhancing Language Development in Childhood	\$100
ETG-384	Managing Life as a Single Parent	\$100

Small Business

Cse. No.	Title	Fee
ETG-400	Start and Operate Your Own Home-Based Business	\$100
ETG-401	Marketing Your Business on the Internet	\$100
ETG-402	Starting a Nonprofit	\$100
ETG-403	Marketing Your Nonprofit	\$100
ETG-404	Creating a Successful Business Plan	\$100
ETG-405	Starting a Consulting Practice	\$100
ETG-406	Start Your Own Small Business	\$100
ETG-407	Introduction to Internet Writing Markets	\$100

Management & Business

Cse. No.	Title	Fee
ETG-625	Introduction to QuickBooks 2011	\$110
ETG-626	Performing Payroll in QuickBooks 2011	\$110
ETG-628	Purchasing Fundamentals	\$110
ETG-629	Project Management Fundamentals	\$110
ETG-630	Introduction to QuickBooks 2009	\$110
ETG-631	Administrative Assistant Fundamentals	\$110
ETG-632	Fundamentals of Supervision and Management	\$110
ETG-633	Effective Business Writing	\$110
ETG-634	Business and Marketing Writing	\$110
ETG-635	Employment Law Fundamentals	\$110
ETG-636	Accounting Fundamentals II	\$110
ETG-637	Administrative Assistant Applications	\$110
ETG-638	Introduction to QuickBooks 2012	\$110
ETG-639	Real Estate Investing	\$110
ETG-640	Real Estate Investing II: Financing Your Property	\$110
ETG-641	Building Teams That Work	\$110
ETG-643	Individual Excellence	\$110
ETG-644	Going Green at the Workplace	\$110
ETG-645	QuickBooks 2012 for Contractors	\$110
ETG-646	Fundamentals of Supervision and Management II	\$110
ETG-651	Understanding the Human Resources Function	\$110
ETG-652	Accounting Fundamentals	\$110
ETG-653	Total Quality Fundamentals	\$110
ETG-654	Project Management Applications	\$110

ed2go

**Online classes start:
June 19,
July 17,
and
August 21**

ONLINE CAREER TRAINING PROGRAMS

Online Education programs designed to provide the workforce skills necessary to enter a new field or advance your current career. Featuring such classes as:

Certified Global Business Professional 400 hrs. \$2495

The Certified Global Business Professional Online Training Program prepares you for the credential exam by educating you in four areas: global management, global marketing, supply chain management, and trade finance.

Certified Green Supply Chain Prof. 60 hrs. \$1595

Help your company achieve its environmental goals with the Certified Green Supply Chain Professional Online Training Program. Gain the skills you'll need to make a green impact on global sourcing, material management, procurement and buying, transportation and logistics, and new product development.

Certified Mediator 120 hrs. \$1595

This comprehensive online training program will provide you with the core skills necessary for the practice of mediation.

Grant Writing 300 hrs. \$2095

Learn to write grant proposals that get funded in this nationally recognized Grant Writing online training program.

Non-Profit Management 300 hrs. \$2095

Examine the fundamental principles of nonprofit management, explore the roles and responsibilities of a nonprofit board of directors and the management team, discover the essential aspects of fundraising, and become acquainted with the fundamentals of the budgeting process.

Project Management 40 hrs. \$1495

The Project Management Online Training Program will help you improve your project management skills and prepare you for certification as a Project Management Professional.

Search Engine Marketing 250 hrs. \$1895

Learn the essential components for understanding this unique and growing career field, including search engine optimization, pay-per-click marketing, and Web site copywriting.

Physical Therapy Aide 150 hrs. \$1695

You will learn what physical therapy entails, identify the responsibilities of a PT aide, and develop a working knowledge of anatomy and medical terminology.

Veterinary Assistant 240 hrs. \$1795

Prepare for a new career as a Veterinary Assistant as you learn how to care for animals and assist the veterinarian during examinations.

Certified Indoor Air Quality Manager 16 hrs. \$795

Are you a facility manager, building engineer, or health and safety officer who wants to improve the indoor air quality of your building? If so, the Certified Indoor Air Quality Manager Program is just for you.

Certified Indoor Environmentalist 32 hrs. \$895

Would you like to become an indoor air quality or green building consultant? Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving indoor environmental problems? The Certified Indoor Environmentalist Program will help you take the next step in your career.

Casino Blackjack Dealer 120 hrs. \$1395

The Casino Blackjack Dealer Online Training Program will teach you everything you need to know to work in a casino as a blackjack dealer.

Casino Poker Dealer 100 hrs. \$1395

The Casino Poker Dealer Online Training Program prepares you to work as a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.

Certified Wedding Planner 300 hrs. \$1395

This comprehensive program covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will provide all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

Biofuel Production Operations 400 hrs. \$2495

The Biofuel Production Operations Online Training Program will give you the education you need to work as a biofuel production operator, inspecting and repairing equipment, operating computer systems, and handling lab equipment.

Carpentry 80 hrs. \$1395

Prepare for a career as a carpenter as you master basic residential construction skills, learn to read blueprints and do jobsite math, and get hands-on practice in three workshop projects.

Certified Auto Glass Technician 140 hrs. \$1695

Master the skills you need to become a professional auto glass technician, and prepare for the National Glass Association's Auto Glass Installer Certification Exam.

Certified Window and Door Installer 120 hrs. \$1795

Train for a career as a residential window and door installer as you gain the skills you need to prepare for the InstallationMasters™ Certification Exam, offered through the National Glass Association in partnership with InstallationMasters™.

Natural Gas Plant Operations 400 hrs. \$2595

For decades to come, natural gas will be produced and consumed in the United States, creating an ongoing demand for natural gas plant operators. This online program provides the fundamental technical background you need to get started in this field.

Oil Refinery Operations 400 hrs. \$2595

Learn the skills you need to start work as an in-demand oil refinery operator.

Paper Mill Operations 400 hrs. \$2595

This program will give you the skills you need to gain entry-level employment as a paper mill operator.

Power Plant Operations 400 hrs. \$2595

Learn the skills you need to gain entry-level employment as a power plant operator.

Pulp Mill Operations 400 hrs. \$2295

Become a pulp mill operator with the skills you learn in this program.

Solar Power Professional 120 hrs. \$1695

Learn the fundamentals of photovoltaic solar powered energy systems and gain the knowledge you'll need for an entry level position with a dealer, installer, or other photovoltaic industry company.

www.gatlineducation.com/swc



Continuing Education FEE CLASS REGISTRATION FORM

For Office Use Only

PLEASE PRINT or TYPE NAME BELOW

LAST _____ FIRST _____ M.I. _____

ADDRESS _____ CITY _____ ZIP _____

Phn # _____ Alt Phn # _____ email _____

NAME- 2ND REGISTRANT _____ AGE (if under 18) _____

CLASS	NAME OF CLASS	START DATE	NO. PEOPLE	FEE

TOTAL AMOUNT \$ _____

PAYMENT METHOD: CHECK CASH VISA MC AMEX DISC

CREDIT CARD # _____ - _____ - _____ EXP. ____ / ____

SEC CODE: _____

SIGNATURE _____

DATE _____

SOC. SEC. NO. (REQUIRED TO EXPEDITE A REFUND): _____

FOR OFFICE USE ONLY (NOTES):

HOW TO REGISTER



PHONE (FEE CLASSES ONLY)

Call **619-482-6376** to register and pay for a class by phone with a credit card. Reservations are confirmed with payment on a first-come, first-served basis.



MAIL

Mail completed registration form with complete credit card information or a check, payable to **Southwestern College** (see address below).



FAX

Fax your completed registration form to **619-482-6402** and include complete credit card information. Registration form must be signed. No checks by fax.



IN PERSON

Bring your completed registration form and payment to
Southwestern College Continuing Education
900 Otay Lakes Road, Building 660 (across from parking Lot H)
Chula Vista, CA 91910-7299
Office hours: SPRING & FALL: M – F from 8:00 AM – 4:30 PM
SUMMER: M-Th from 7:30 AM – 5:00 PM

**CLASS SEATING IS LIMITED. REGISTRATION IS ACCEPTED ON A FIRST-COME, FIRST-SERVED BASIS.
 PLEASE CALL 619-482-6376 TO CONFIRM YOUR RESERVATION.**



NONCREDIT APPLICATION

SOUTHWESTERN COLLEGE CONTINUING EDUCATION
 900 Otay Lakes Road, Chula Vista, CA 91910-7299
 619-482-6376 FAX 619-482-6402

CHECK THE TERM THAT APPLIES:

- FALL
 SPRING
 SUMMER

*Noncredit courses are funded by local and state taxes. The information requested on this application **remains confidential and is required** to establish your eligibility to register in this publicly funded class. Thank you for your assistance.*

-PLEASE PRINT NEATLY AND DO NOT USE ANY NICKNAMES OR ABBREVIATIONS-

Have you ever taken a class at Southwestern College before? NO YES, under ID No. _____

LAST NAME _____ FIRST NAME _____ MIDDLE NAME _____

ADDRESS (Home Address Required, PO Box not acceptable) _____ CITY _____ STATE _____ ZIP CODE _____

MARITAL STATUS (Please Check one): SINGLE DIVORCED OR WIDOWED MARRIED SEPARATED

PHONE () _____ CELL () _____ E-MAIL _____

BIRTHDATE (Required) : _____ / _____ / _____ MALE FEMALE

SOCIAL SECURITY NUMBER _____

ETHNIC BACKGROUND: (Please Check one) This information required by the Department of Education in compliance with Title VI, Civil Rights Act, 1964

<input type="checkbox"/> 1. Chinese	<input type="checkbox"/> 6. Vietnamese	<input type="checkbox"/> 11. Samoan	<input type="checkbox"/> 16. Other Hispanic	<input type="checkbox"/> 21. Other Non-White
<input type="checkbox"/> 2. Japanese	<input type="checkbox"/> 7. Asian Indian	<input type="checkbox"/> 12. Other Pacific Islander	<input type="checkbox"/> 17. Filipino	<input type="checkbox"/> 22. Other-Specify: _____
<input type="checkbox"/> 3. Korean	<input type="checkbox"/> 8. Other Asian	<input type="checkbox"/> 13. Mexican, MexAmer, Chicano	<input type="checkbox"/> 18. American Indian/Alaskan	<input type="checkbox"/> 23. Declined to state
<input type="checkbox"/> 4. Laotian	<input type="checkbox"/> 9. Guamanian	<input type="checkbox"/> 14. South American	<input type="checkbox"/> 19. Black, Non-Hispanic	<input type="checkbox"/> 24. Hispanic
<input type="checkbox"/> 5. Cambodian	<input type="checkbox"/> 10. Hawaiian	<input type="checkbox"/> 15. Central American	<input type="checkbox"/> 20. White, Non-Hispanic	<input type="checkbox"/> 25. Asian

CITIZENSHIP: (Required, please Check one)

0. United States 2. Permanent Resident 4. Refugee/Asylee 6. B1/B2/Border Crossing Visa
 1. Amnesty 3. Temporary Resident 5. Student Visa F1 or M1 7. List other: _____

IF YOUR STATUS IS AMNESTY, PERMANENT RESIDENT, REFUGEE/ASYLEE, OR VISA, INDICATE CARD ISSUE DATE. _____ Mo. / Day /Year	IS ENGLISH THE LANGUAGE YOU SPEAK AND WRITE MOST FREQUENTLY? (Check one) <input type="checkbox"/> YES <input type="checkbox"/> NO If NO, specify language: _____	HAVE YOU LIVED IN THE STATE OF CALIFORNIA FOR THE PAST 25 MONTHS? (Check one) <input type="checkbox"/> YES <input type="checkbox"/> NO If NO, since what date? _____ Mo./Day/Year
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WITHIN THE PAST 25 MONTHS, HAVE YOU, OR IF UNDER 19, YOUR PARENTS: (Check YES or NO)

Maintained voter registration and voted in another state? <input type="checkbox"/> NO <input type="checkbox"/> YES	If yes, indicate date _____ Mo./Day/Year
Petitioned for a divorce in another state? <input type="checkbox"/> NO <input type="checkbox"/> YES	If yes, indicate date _____ Mo./Day/Year
Filed state income taxes in another state? <input type="checkbox"/> NO <input type="checkbox"/> YES	If yes, indicate date _____ Mo./Day/Year
Attended a college or university as a resident of another state? <input type="checkbox"/> NO <input type="checkbox"/> YES	If yes, indicate date _____ Mo./Day/Year

FAMILY INCOME: (Please Check one)

<input type="checkbox"/> 1. \$0-\$7,500	<input type="checkbox"/> 4. \$15,001-\$16,000	<input type="checkbox"/> 7. \$20,001-\$25,000	<input type="checkbox"/> 10. \$35,001-\$40,000	<input type="checkbox"/> 13. \$50,001-or above
<input type="checkbox"/> 2. \$7,501-\$10,000	<input type="checkbox"/> 5. \$16,001-\$17,000	<input type="checkbox"/> 8. \$25,001-\$30,000	<input type="checkbox"/> 11. \$40,001-\$45,000	<input type="checkbox"/> 14. Unknown
<input type="checkbox"/> 3. \$10,001-\$15,000	<input type="checkbox"/> 6. \$17,001-\$20,000	<input type="checkbox"/> 9. \$30,001-\$35,000	<input type="checkbox"/> 12. \$45,001-\$50,000	

FAMILY SIZE: Number in your household including yourself (Check one)

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15

HIGH SCHOOL EDUCATION STATUS: (Please check one)

1. Not a high school graduate and not enrolled in high school

2. Not a high school graduate and currently enrolled in Adult School

3. Currently in high school and 2+2 program (Check current high school grade) 9 10 11 12

4. Currently enrolled in high school (Check current grade and month/year of graduation) 9 10 11 12 _____ Mo./Year

5. U.S. High School diploma (Enter month/year received) _____ Mo./Year

6. G.E.D Certificate or High School certificate equivalency (Enter month/year received) _____ Mo./Year

7. Certificate or California High School Proficiency (Enter month/year received) _____ Mo./Year

8. Foreign secondary/high school Diploma/Certificate (enter month/year received) _____ Mo./Year

DO YOU OBJECT TO SOUTHWESTERN COLLEGE RELEASING DIRECTORY INFORMATION? YES NO
 (Directory information is defined as name, date of birth, place of birth, address, telephone number, major field of study, dates of attendance, degrees and awards received. This does not include transcript information. Transcript information is released only upon written request of the student.)

PLEASE REGISTER ME IN THE FOLLOWING NONCREDIT COURSES:

Course Section Number	Name of Course	Start Date
NC		
NC		
NC		

SIGNATURE: _____ **DATE:** _____

PARKING PERMITS REQUIRED AT ALL TIMES IN ALL LOTS.

LEGEND

- Information/College Police
- Emergency Call Box
- Parking Permit Dispenser (One-day permits)
- Campus Nurse
- Disabled Person Parking
- Pay phone
- Bus Stop
- Restrooms
- ATM Machine
- Tradewinds
- Coffee Cart
- TDD Payphone
- Bicycle Parking Racks



• Academic Affairs	213	• Communications, Community and Government Relations	100D-I	• Institutional Technology	211	• School of:		• South Bay Botanic Garden	1800
• Academic Success Center	420	• Continuing Education	660	• Instructional Support Services	210	• Arts and Communication	700	• Staff Development	620
• Admissions and Records	1400	• Custodial	1200	• Landscape and Nursery Technology	1800	• Departments of Business, Accounting, Office	210	• Student Accounts and Cashiering	1400
• AmeriCorps/Service Learning	1400	• Disability Support Services	1400	• Language Acquisition Center	440	• Continuing Education, Economic and Workforce Development	660	• Student Activities Center	600
• Art Gallery	710B	• DSS High Tech. Center	420	• Learning Resource Center	620	• Counseling & Personal Development	1400	• Student Affairs	1400
• Articulation	1400	• E.O.P.S.	1400	• Library	620	• Health, Exercise Science, and Athletics	1000	• Student Employment Services	1400
• ASO	600	• Evaluations	1400	• Lost and Found	105D	• Departments of Applied Technology, Computer Information Systems, Electronics and Administration of Justice	1000	• Superintendent/President	100
• Assessment	1400	• Facilities, Operations & Planning	1625	• Maintenance	1200	• Languages and Literature	430	• Tennis Center	1030
• Athletics	1000N	• Financial Services	1663	• Math Lab	420	• Mathematics, Science, and Engineering	340	• Theatre/Mayan Hall	900
• Automotive Technology	590	• Fitness Center	1005	• Math/Science Center	390	• Social Science and International Studies	470	• Time Out Café	480
• Bookstore	630	• Grounds	1280	• MESA Center	390			• Tradewinds Café	1505
• Business and Operations	1650	• Gymnasium	1500	• Office of Instruction	210			• Transfer Center	1400
• Cafeteria/Student Union	610	• Health Services/Campus Nurse	601F	• Office Support Services	100			• Veterans Services	1400
• CalWORKS	1400	• Human Resources	1670	• Online Learning Support Center	620			• VTEA	660
• Career Center	1400	• Information	1900	• Outreach	1400			• Warehouse/Receiving	1100
• Child Development Center	2000	• Institutional Research, Planning and Grants	103A	• Payroll Services	1660			• Women's Resource Center/CTECS	1400
• College Police Department and Information	105D			• Planetarium	382			• Writing Center	420
				• Purchasing	1651				
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